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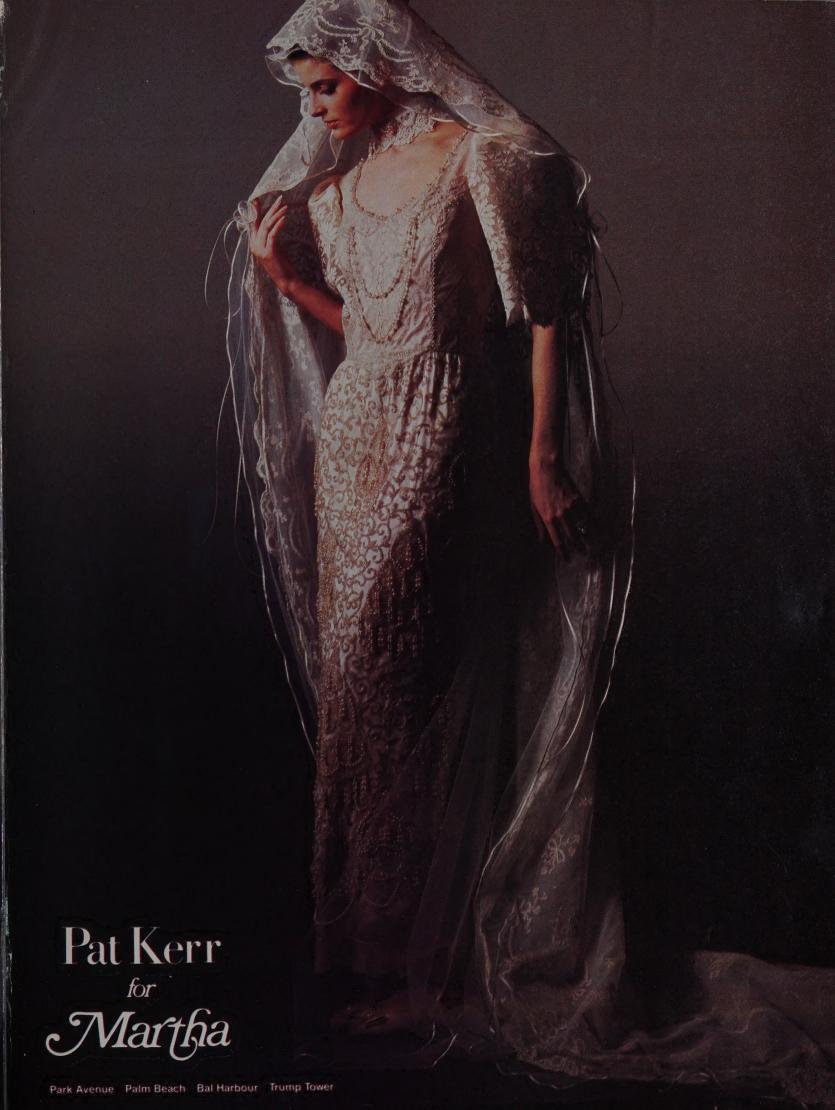
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PALM BEACH

APRIL 1985

VOL. 78, NO. 4



ON OUR COVER: Soft pastels and bleached woods create a relaxed atmosphere in a living room by interior designer Mark Andrews. Cover photo by Kim Sargent.

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Reynes & Associates

118 N. Clinton St., Suite 403/Penthouse
Chicago, IL 60606

(312) 930-9496



Palm Beach Office: 265 Royal Poinciana Way, Palm Beach, Fla. 33480 (305) 837-4769 Miami Office: 1515 N.W. 167th St., Miami, Fla. 33169 (305) 620-1050



PALM BEACH LIFE is published monthly. Headquarters, 265 Royal Poinciana Way, Palm Beach, Fla., 33480. Copyright 1985 by Palm Beach Newspapers, Inc. Publication No. 418-700. Entered at Tallahassee Dec. 15, 1906. ISSN 0031-0417. Second class postage paid at Palm Beach, Fla. Additional entry at other offices. Postmaster: send address corrections to P.O. Box 1176, Palm Beach, Fla. 33480. Member of the Audit Bureau of Circulations. Single issue, \$2.50 per copy on newsstands; by mail \$3.63. Subscription (1 year only) \$20.00. Add \$5.00 for outside the continental U.S.A. Send all subscription revenue to P.O. Box 1151, Palm Beach, Fla. 33480. (305) 837-4765. Manuscripts, transparencies, drawings and other material submitted must be accompanied by a stamped self-addressed envelope. However, PALM BEACH LIFE cannot be responsible for unsolicited material.

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Editorial and Design Director ANNE WHOLF

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Advertising Director

Circulation Director ESA MAKI-JOKELA

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Fashion Editor BETTY YARMON

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Book Editor ALDEN WHITMAN

Design Assistants
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PHIL PERINOFF

Editorial Assistant ELISA A. WILLIAMS

Assistant to the Publisher LETA BARNES

Contributing Photographers KIM SARGENT CHARLES GERLI STEPHEN LEEK AKIRA SUWA PAT CANOVA

COTTO CONTROLLY
CHARLES CALHOUN
SHANNON DONNELLY
MARGARET MAY LIDER
WILLIAM LUTWINIAK
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AGNES ASH

PB DATELINE

I landed in Melbourne on my first visit to Florida so on my scoreboard it will always have the sweetest orange juice and the most restorative ocean breeze.

Like most New Yorkers, I visualized Florida as a great solarium. Fort Lauderdale, I knew, was a college playpen monitered by bartenders.

It was February, 1957 and Manhattan was in a blizzard. A good time to go to Florida. I bought a white linen dress embroidered with blue flowers and made an appointment with Kenneth to get my hair styled.

Kenneth gave me a blunt hair cut. Before he shoved me under the dryer I told him I was going to Florida.

He looked at me as though I had announced he had just created a hairstyle for the guillotine basket.

"Florida is a terrible place," he said. "I spent six months working on Miami Beach in a 24 hour hairdressing salon."

I told him I wasn't scheduling Miami Beach. I was going to a quiet town called Melbourne where a friend had made a reservation in a new motel not yet overbooked.

"Well, this hairdo won't make it through the Orlando Airport. You'll need a permanent. It's damp down there.

I got a permanent and left the shop four hours later. It was dark and Kenneth risked his life to flag a cab for me. He gave me a final briefing. "You'll be the only one who doesn't have blue hair. Don't let anyone give you color or a \$2.98 permanent even if this one comes out in three days."

Kenneth went on to become the famous and affluent hairdresser to Jackie Onassis and even the Bolshoi Ballet, and a world traveler. As far as I know he visited Florida only once in the 28 years I've been here. He was forced to appear once at Burdines in Miami to promote his cosmetics.

Melbourne was a quiet town in those days before the space program and Disney World.

We had a spacious oceanfront room for \$18 a night. In "downtown" Melbourne we had a night on the town in an open front bar where a man played the piano for tips and a myna bird screeched obscenities. It was like a John McDonald tough guy novel.

We took a few trips south to Vero Beach so I could wear my white linen dress. Even at the Riomar Country Club (now St. Andrews school) I was overdressed. Also, as Kenneth predicted, my hair was the wrong color.

When I returned to Kenneth's chair at Lilly Dache's a month later for extensive repairs, he was delighted to see my hair looked like a Tuffy pot cleaner.

A year later when I told Kenneth I was moving to Florida he asked, "You mean to that place that sounds like Australia?"

"No, we're going to Miami. My husband and I couldn't find a newspaper in Melbourne or even Vero Beach big enough to take us both. We're going to *The Miami News*."

Kenneth shrugged. It was out of his hands. "Well, when you come back, I'll try to squeeze you into my schedule. If you go into that all night beauty shop across from the Deauville Hotel, don't mention my name, I'm living it down."



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CHARLES CALHOUN

THE WINE MYSTIQUE

CHIANTI

It might be nice, for a change, to read a wine column on Chianti which did not begin with the reassurance that not all of this wine arrives here in picturesque, straw-covered little bottles which end their days holding dripping candles in suburban Italian restaurants.

Nice, but premature. Chianti still has a rather ill-defined image in this country, suggesting to much of the public rough, cheap red plonk — the sort of stuff that leaves stains so indelible, the red-checked tablecloth had to be invented to hide them. Those students of Italian wine who might be expected to know better — who might enjoy the fact there are almost as many variations in style and pedigree in the Chianti region as in Bordeaux — have tended in recent years to turn their attention northward, to the robust red wines of the Piedmont, perhaps because such wines come closer to our notion of what a red wine should be. Chianti sales, it is hinted, are falling behind those of more fashionable Italian wines of the moment. Indeed, the whole idea of traditional Italian wine is being challenged by a new generation of more internationally-oriented winemakers.

Perhaps with this in mind, one of the best known traditional Chianti producers, Baron Bettino Ricasoli, spent a month this winter in the United States, offering tastings of his wines of the past three decades as well as assurances that at least one major winery will resist any pressures to turn Tuscan wine into an imitation of that of France or California. Of more immediate interest to consumers here, the baron said his very good '77 Brolio Chianti Classico Riserva is on the market now for about \$7 a bottle.

The baron — a tall, thin, courtly gentleman with the sort of arched nose you see in Florentine portraits from the Renaissance — is uniquely placed to defend this tradition: His greatgreat-grandfather, besides being Italy's second prime minister, invented Chianti at the family's estate, the Castello di Brolio, which is about 20 minutes from Siena and an hour and a half from Florence. (Today Seagram owns the winery, but the Ricasoli family continues to make wine there, as they have done since the 12th century.)

This requires a bit of explanation since we never speak of anyone "inventing" Burgundy or Bordeaux. Wines of various types had been made in Tuscany since Roman, even Etruscan, times, but it was not until the mid-19th century that the blend we know as Chianti was developed by the present baron's famous ancestor. He studied the local grape varietals over several decades, concentrated on three whose qualities he thought would harmonize well, and came up with the formula to be adopted by hundreds of other regional producers.

Strange as it sounds to those of us living in the age of "100 percent" varietals, while two of those grapes were red, the third (malvasia) was white. The present baron had an explanation for this. In the old days, they practiced "promiscuous" cultivation — an informal sort of agriculture in which vines were grown alongside other crops. With no other rows of vines shading them or competing for nutrients, the grapes yielded







bigger, richer, more tannic wines, rather in the California style, and they had to be toned down with some white wine in order to make the delicate drink the baron had in mind.

Today, with grapes cultivated in a more orthodox, commercial fashion, the red wines are somewhat lighter in extract, and less white wine is needed in the blend. (A fact officially recognized this year, with a change in the Chianti Classico formula which permits less reliance on whites — and, it is hoped, less cheap, thin wine from producers less quality-conscious than wineries like Brolio.)

This rather technical detail is an important reminder that Italian winemaking is less "traditional" than it might appear—certainly less so than those drawings of castles or heraldic images on so many Chianti labels might suggest. If anything, Italian winemaking today may be too progressive, to the extent it is in danger of losing its native identity, its regional specialties, in an attempt to produce cabernets tasting exactly like those of the Napa Valley or the Medoc and chardonnays that will be mistaken in blind tastings for white burgundy.

From a consumer's point of view, the great virtue of Italian wines has been not only their variety but their sensible prices. This, too, is threatened since producers (or, more frequently, distributors) feel their wines won't be taken seriously if they are not high priced. The recent history of Pouilly-Fuisse — a pleasant but by no means exceptional white wine — is a case in point: no one outside France drank it when it was, say, \$6 a bottle, but it suddenly became the rage of the expense-account set when it began appearing on wine lists at \$25 a bottle.

Baron Ricasoli takes a moderate stand. "I have no objection to a larger assortment of wines in a region," he said recently in Boston. "We are experimenting with other grapes — but only to develop new types, not for Chianti Classico. It has to keep its character. It can't be a copy of some other type of wine."

And what is this character? A garnet color when young, turning the red-orange of roof tiles as it ages. A finely textured yet strong fragrance, which the baron compared to the scent of irises. On the palate, a delicate style with an unexpected hint of earthiness — a light touch of bitterness in the otherwise smooth finish, and a rather elusive aftertaste?

This is a description of Chianti Classico, the premium wine made at the center of the seven districts the Chianti region is divided into. There is also a lighter, simpler, often fizzy Chianti, the wine you find on an everyday basis in modest Tuscan restaurants and, too often, shipped abroad. (Ironically, the cost of all that hand-woven straw on the bottles is making the traditional fiasco a thing of the past.) A bad Chianti, let me add, is one that is thin, lacking in bouquet, or over-acidic.

Baron Ricasoli brought with him a very interesting array of Brolio wines, ranging from barrel samples of the '82 riserva (still raw purple and slightly harsh) to splendid wines from the 1950s (the '57, for example, a rich Honduran mahogany in color). The latter were a lesson in great Chianti's staying power, though it must be admitted the Italian palate is perhaps more willing to accept some oxidation in older wines than one trained on California wines might be. These older wines are rarely encountered in the market, but they can be specially ordered by wine merchants through Seagram.

Baron Ricasoli also served Brolio's tasty '83 Bianco (white) — and its even tastier "extra virgin" olive oil, which dressed a plate of antipasto — as well as two types of specialties made at the winery. The '67 and '82 Torricella wines were golden, sherry-like aperitifs; the '49 Vin Santo, a luscious dessert wine, with the richness of a good Sauternes. Vin Santo is a very old Tuscan specialty — the sort of wine served with

(Continued on page 14)

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264 SOUTH COUNTY ROAD PALM BEACH, FLORIDA 655-1247 THE WINE MYSTIQUE

(Continued from page 10)

dry little biscuits when guests call — made from sun-dried malvasia grapes, fermented and aged in the same small barrels, exposed to the vagaries of temperature and humidity for three or four years under the roof of a farmhouse, then bottled.

Unlike the heartier red wines of the Piedmont, the Chianti Classicos are closer in style to good red Bordeaux than perhaps any other Italian wine and as such go particularly well with light meats, especially rare lamb and cheese. Baron Ricasoli warned that too many wines of his region are bottled and shipped too young, "Therefore they may seem hard, with too high an acid content, since they are not at a proper age to be drunk." He suggested five years as a minimum for Chianti Classico, some of which needs 10 to 15 years to reach its peak, and the very best of which can last even longer.

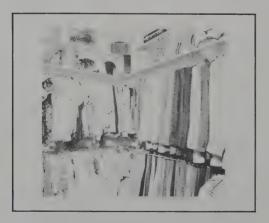
He invited American wine lovers to visit the historic Castello di Brolio and its winery, in the town of Gaiole in the Chianti Classico district of Tuscany. Both castle and winery are open to the public during regular working hours. I recall a visit there five years ago — the wines were superb, the vista from the castle memorable, and the ride there from Siena, through the rolling, olive-dotted hills, worth the trip alone.

Visitors unable to make the trip to Gaiole might want to try the *Enoteca Italica Permamente*, the "wine library" housed in a bastion of the old Medici fortress in Siena. It offers, by the bottle or the glass, a full range of Brolio and other Chiantis as well as hundreds of other Italian wines.

Charles Calhoun is a free-lance writer who divides his time between Palm Beach and a village on the coast of Maine.

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PALM BEACH LIFE—APRIL 1985

IN GOOD SHAPE

GETTING STARTED

We met on adjacent treadmills at the health club. He had a lilting step, lively eyes and an air of vitality about him that was infectious. He was in excellent condition, enjoying the final challenge of his almost-completed two-hour workout. I was immediately drawn to him and we talked.

He recounted why he had decided to join the health club, the sorry physical shape he had been in, how negatively it had effected his days, the difference regular exercise made to his feelings about himself, the new vigor it brought to his life. He could not now imagine functioning as efficiently without it. All that was important to him in life was made more

I breezed through my run bouyed by his enthusiasm. It was one of my more effortless workouts, free of shinsplints, side stitch, muscle cramps. We said our goodbyes "until next time" and I traded in my running gear for a bathing suit, ready for a dunk in the whirlpool. My treadmill companion traded in his colorful shorts and sneakers for street attire which, a few blocks away, he would again trade — this time for the earth-hued robes and sandals of St. Francis of Assisi.

Brother Mathias Will has been a Franciscan Friar for 50 years. On April 12 at the Church of St. Stephen of Hungary on New York's Upper East Side he will celebrate his 80th birthday. Three or four times a week he pursues a two-hour exercise regime at the health club that would leave members half his age groaning on the plushly carpeted floor. Brother Mathias began these workouts a decade ago — when he was a "mere lad" of 70. The hard part, he assured me, was not the doing. It was getting started.

Cranking up underutilized muscles is a humbling experience. It also requires us to adopt a distinct change of perspective — a different mind-set. For decades we were conditioned to "take it easy" as we aged. At one time even our physicians fostered the notion that the aging body was to be treated for ailments — not trotted out on the running track.

Only a few so called "health nuts"

swam against the tide, people like former Winthrop Laboratories president Dr. Theodore Klumpp and famed New York back specialist Dr. Hans Krauss. Long before fitness became popular, these physicians and a handful like them, were not only warning against the "take it easy" directive, but were hearty, visible and vocal adherents to lifelong physical exercise. Exercise is an antidote



to aging, Dr. Klumpp insisted, "To rest is to rust."

The most important biological principle taught by Dr. Klumpp was that "tissue and functions that are not used, atrophy." He deplored the fact that fellow scientists and engineers were on an increasingly "mad rampage" to develop "not only labor-saving devices, but every conceivable gadget to enable man to avoid effort, exertion and activity.

"We no longer tend the furnace, or carry out the ashes; we drive a block for a newspaper instead of walking and even for this we no longer need use muscle to steer, apply the brakes, or open the windows," Dr. Klumpp would lament, "and we are more tired than our fathers and father's fathers used to be when they ran, walked, chopped wood, shoveled snow, dug ditches, pitched hay, stoked the furnace and did all the physical chores so abhorrent to the mid-20th century."

A striking illustration of Klumpp's message is the patient immobilized in bed. Dr. Klumpp would point out that



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"in addition to the manifest effects in terms of circulation and muscles, we know that the bones lose their calcium, joints stiffen, clots form in the blood vessels, digestion is impaired, and the bowels and organs of excretion lose their functional efficiency."

While Dr. Klumpp was referring to the bedridden, he could not have more accurately described any aging and/or inactive individual. When Brother Mathias decided to make exercise part of his daily life, his body had all the earmarks of prolonged bed rest — or a limb encased for months in a cast. All the working parts were intact, but less than five minutes on a treadmill or riding a stationary bicycle, proved what a flaccid, poorly functioning system it was.

For any sedentary older person who wants to undertake an exercise program, doctors recommend a physicial examination, including a stress test on a treadmill. A physician should also check on any medication a patient is taking since some are designed to slow pulse rate — and increasing the pulse rate to a desired level is the goal of good cardiovascular conditioning. While most people know the unprepared heart can easily be over-

taxed by exertion, there are other changes in the body that are less understood and appreciated.

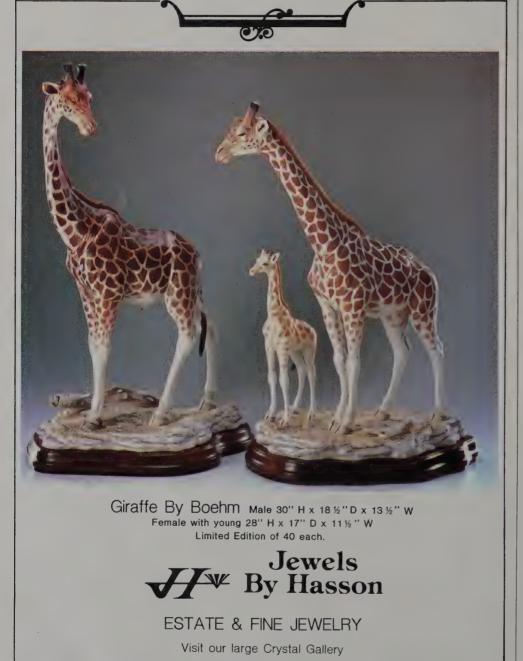
Dr. James Nicholas, director of the Institute of Sports Medicine at New York's Lenox Hill Hospital, cites the vulnerability of muscles and bone particularly. He gives extra attention to testing the flexibility and strength of the legs, knees and hips to determine their range of motion. "After age 40," he observes, "there is an inevitable decay of fitness. There are changes in both build and height. We lose height, our joints get thicker and may build up arthritic deposits; there is wear and tear on the weight bearing hips, the knees and feet."

To test leg strength, Dr. Nicholas says, any doctor can simply push down with his hand as a patient raises a leg. It is also useful to have a patient sit on his haunches. He or she should be able to squat without undue discomfort. "If one buttock does not reach the heel," Dr. Nicholas advises, "it may be a sign of degenerative cartilage or arthritic changes in the knee." A limp, bad back or poor joints are all indicative that a lower level of training may be necessary in the beginning.

Exercise physiologists agree that an ideal fitness program should have an aerobic activity that you can enjoy and stay with. More importantly, it should be one suited to your own body and level of conditioning. Whether you elect to hire a personal instructor, join a health club, work out at home to an exercise video, or just lace up your sneakers and take a hike, it is crucial to follow the directive of cardiologist-marathoner-author Dr. George Sheehan: "Listen to your body."

Brother Mathias did. He decided the jumping, pumping, fast-pace of aerobic dancing was not acceptable to septuagenarian hips, knees and ankles. His own condition was more suited to aerobic benefits gained on the treadmill and stationary bicycle. Although in the beginning, three minutes of work on either would have him gasping, he now puts in a purposeful 30 minute walk on the treadmill followed by 30 to 45 minutes of hard pedaling on the stationary bicycle. It is his preferred way of obtaining good aerobic conditioning — without wear and tear on the joints.

For improved strength, he makes selective use of the Nautilus equipment available. Initially, one or two lifts, pulls or crunches on a machine with minimal weights were all he could manage. But Brother Mathias was in competition with no one and understood the foolishness of demanding what his body was



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not yet ready to provide. Today, it is 12 of this lift, 10 of that, and 15-to-20 pumps of another machine before he goes off to do sit-ups.

The aerobic exercises Brother Mathias undertakes cause an elevated heart rate and a conditioning effect. This raises levels of HDL — high density lipoproteins — in his blood, the so-called "good cholesterol" that is known to protect against heart disease by clearing excess cholesterol deposits from artery walls and returning it to the liver for excretion. It prevents the narrowing of the arteries that leads to heart disease.

Dr. Laurence E. Morehouse, author with Leonard Gross of *Maximum Performance* says, "If you want to burn off fat, the key word is distance; far not fast." Aerobic exercise uses fat as its fuel source. Brother Mathias utilizes the principle in his workout. By combining his 30 minutes of walking with another 30 to 45 minutes of cycling, he maintains a healthily increased heart rate over a "distance" that enables him to keep body fat levels under control.

The Nautilus equipment helps Brother Mathias improve his muscle strength and tone by isolating a particular muscle group and forcing it to work. Muscle strength and tone hold his body erect and keep it in a state of readiness to move. It gives him a muscular alertness and resistance to fatigue that belies his age.

Sports physicians consider plain, vigorous walking to be the best "entry exercise" for sedentary older persons who want to get in shape. Walking, however, does not mean lazily looping window-shopping stops together along Worth Avenue. It means lacing up a good pair of sneakers or walking shoes, warming up, and getting out on the bikepath or byways and working up to the point of being able to cover three miles in about 45 minutes. The goal to reach for is former President Harry Truman's 120 steps a minute pace.

The key phrases here are "warming up" and "working up to." Spend at least 15 minutes to warm up and gently stretch before beginning. Howard Jacobson, president of the New York Walkers Club and author of Racewalk To Fitness says, "If you want to put your body in shape, don't become a casualty." He cannot emphasize enough the importance of a proper warmup, regardless of whether you are walking, running, doing aerobics or any activity where you are making demands on unused muscles. Warming up beforehand and doing a few "cooling down" exercises following a workout, Jacobson advises, "should



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Ballistic, or bouncing-type exercises, are to be avoided by older individuals. Jacobson follows the precepts yogis have been teaching for 5000 years. Yoga advocates slow, easy stretching only to the edge of pain, whatever your edge may be. "For example," he says, "you may assume a pose with your feet together, knees straight and bending from the waist, try to grasp your ankles. In yoga if you cannot grasp your ankles, simply grasp your leg at whatever point you begin to feel tension, even if it is only your knees. That day, that is your edge.

"With continued exercise — easy stretching and 'breathing into' the posture so that you remain relaxed and the oxygen is able to feed those working cells — you will stretch your muscle-tendon units millimeter by millimeter, continually moving your 'edge' until you feel no tension and no pain at all."

The same philosophy applies to the "working up to" portion of your goal. Brother Mathias agrees that his progress was slower than a younger person's. But he gently pushed forward, "listening to his body" and adjusting his regular workouts to a pace he felt able to accommodate. He feels the important thing is "to do something." That something, sports physicians say, "should be vigorous" and it must be for the rest of your life.

Try it. The best part of the rest of your life may just be getting started. □

Joy Tomlinson Phelan is a member of the American Medical Writers Association.

HEALTHLINE

Proof Positive... Jane Ogle, author of Ageproofing, recommends a walk-dance-swim-racquetball exercise plan that you can mix and match, alternate seasonally, or swap between weekdays and weekends to add years to your life and life to your years.

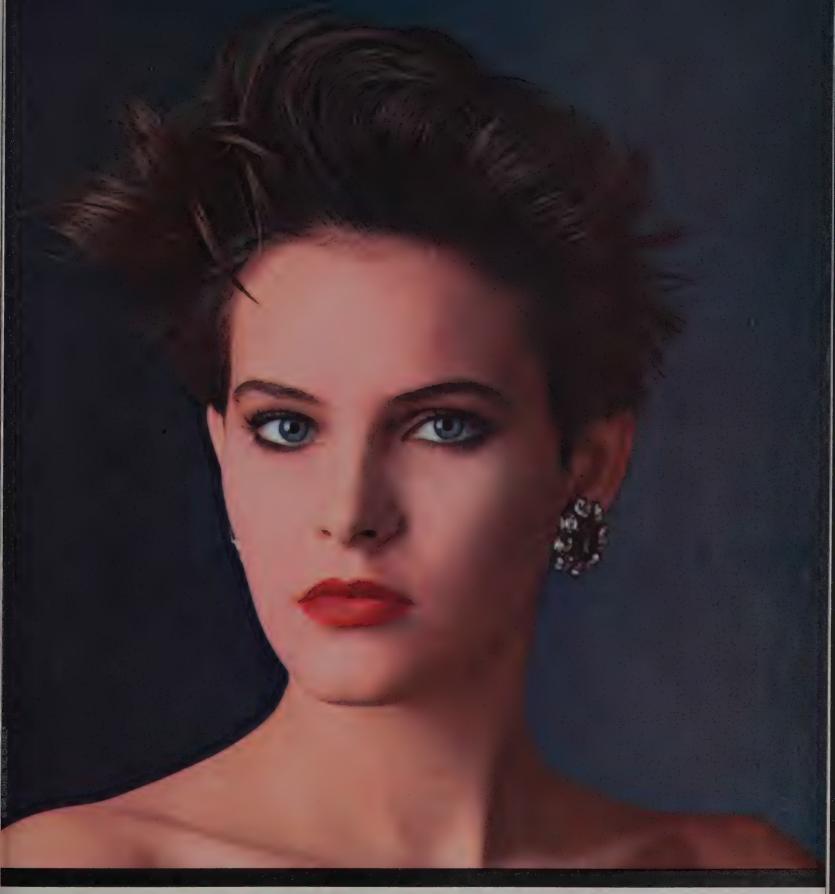
The 62-year-old former Vogue and Harper's Bazaar editor is living proof that "Exercise can, to a remarkable extent, counter and even reverse the degenerative changes that so often lead to the major chronic diseases." It can also help maintain the integrity of your immune system, Ogle advises. "There is no other prescription for protecting your health and preventing disease that is so free of trade-offs and side-effects." Ogle cautions, however, that the best results will not be forthcoming unless exercise sessions meet certain requirements of intensity, duration and frequency. She offers sixteen simple routines that last a minute or two each as part of a Basic Ageproofing Exercise Plan and shares with readers her various recommendations. Racquetball, one of her favorites, and not usually included in sports recommendations for older participants is, Jane Ogle observes, "a very sociable type of exercise."

Aerobics and the Brain ... Dr. Marian Diamond, professor of anatomy at the University of California, Berkeley, tells older people that the way to keep mentally alert is to stay active, interested and challenged by life. "The brain," says Diamond, "is like a muscle: it gets stronger only if it

is exercised. What you don't use, you lose." Remember then, Dr. Diamond urges — that in addition to dance class, tennis or walking, you will be well advised to "practice some aerobics for the mind."

The Winners...50 PLUS magazine for the last four years has polled coaches, editors and senior sports officials to select the All-America Team of athletes over the age of 50 years. Says writer and photographer Mark Reiter, "In the 80s you have to take that healthy-but-dormant body and use it."

Salutations to Randy Kernon, Sr., 68, from Tampa, Florida (U.S. Grand Masters 66+ Single Scull champion); Sister Marion Irvine, 55. from San Francisco, California (Oldest qualifier in 2 hours 51 minutes 1 second at women's Olympic marathon trials); Kenneth Beer, 81, from Hillsborough, California (Top-ranked 80-84 tennis player; Indoor, Hard Court, Grass Court champion); Larry Reade, 51, from Buffalo, New York (U.S. 50-54 Cycling Time Trial champion); Joe Kittinger, 56, from Orlando, Florida (First trans-Atlantic solo balloon flight, U.S.A. to Italy, September 1984); Manny Sanguilly, M.D., 51, from Tarrytown, New York (Three gold medals 50/100/200-meter breast stroke, U.S. Masters Short Course championships); and Jane Bruner, 50, from Pittsburgh, Pennsylvania (12 gold medals, 10 national records, U.S. Masters Short Course & Long Course Swimming championships).



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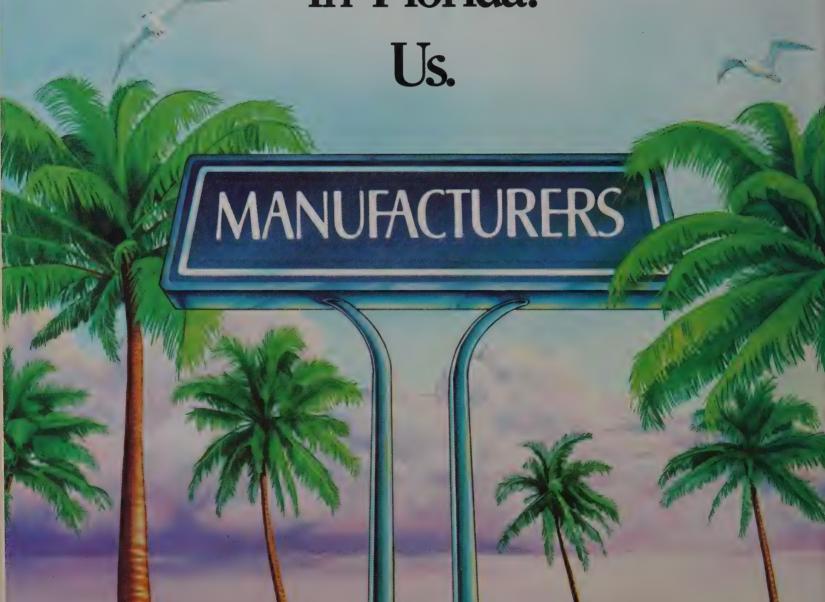
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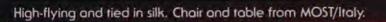
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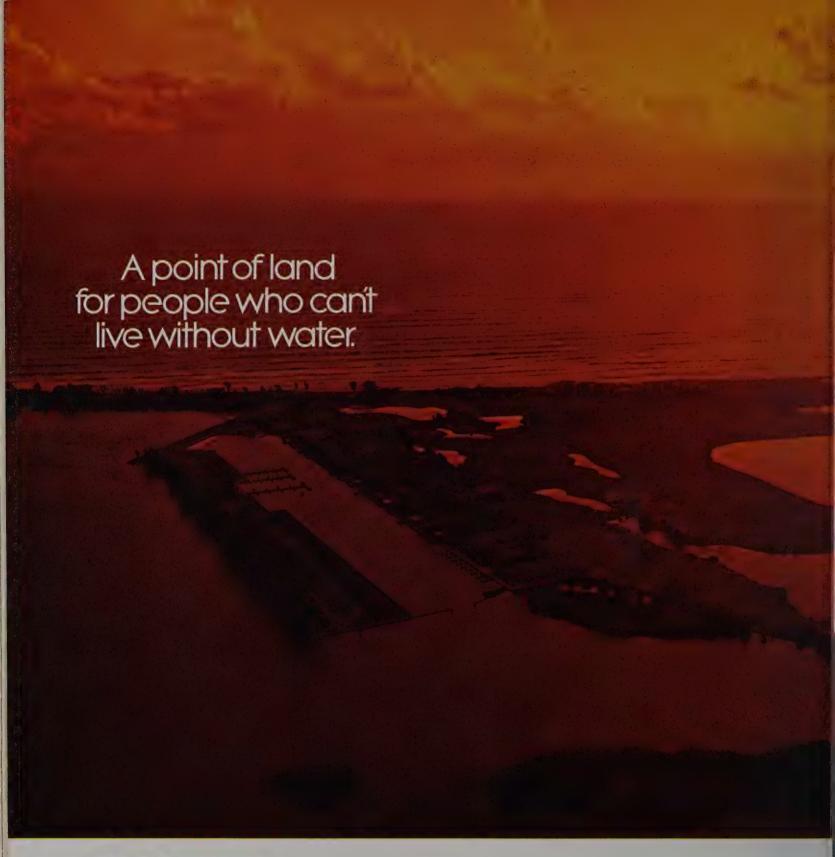
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FIRST EDITIONS

This month's traditional showers have produced a freshet of excellent books for your delight. Particularly rewarding are our novelists, to whom we rightly look for perceptions of how human beings deal with each other in the always-complicated relationships of living. And one who has proved herself especially keen-eyed in this respect is Mary Gordon. Her first two books — Final Payments and The Company of Women — were astonishing for their evocation of character and for their sensitivity. Both were serious novels, yet both were leavened by humor. The good news this April is that Gordon is offering us Men and Angels (Random House, \$16.95), a ground breaking story of love — about its positive aspects as it exists between men and women, children and parents, and between a person and his work. Gordon also explores the negative side of love, when love is faced with the unlovable. Gordon centers her engrossing story on Anne Foster, a 38-year-old art historian, happily married and the mother of two, who is separated from her husband for the first time when he takes a fellowship in France while she pursues her career by putting together a catalogue of Caroline Foster's work, neglected in her life but now being re-evaluated for an exhibition. The plot, as they say, quickly thickens when one babysitter backs out and Anne hires Laura as a replacement. Their relationship takes on curiously emotional undertones, which Anne finds upsetting. At the same time she becomes entwined with the life of Caroline Foster, dead these 45 years. Her equilibrium is further unbalanced as she finds herself drawn to another man. What is she to do? Where does her husband fit into this new equation? Very cleverly, Mary Gordon draws the strings of her story together for a denouement that is both unusual and credible. Her understanding of her characters' psyches is marvelously acute, and her storytelling is tense and direct.

Speaking of civilized writers, please let me introduce you to Anita Brookner, a Britisher too little known in

this country. Her strong points are a quiet wryness and a wit that is oblique but nonetheless telling. Her novel of the moment is *Hotel Du Lac* (Pantheon, \$13.95), the fascinating story of Edith Hope, an unmarried Briton, almost 40, who suddenly goes daft over a man. The affair so unsettles her that kind friends get her to go to the Hotel du Lac in Switzerland for a restorative vacation.



The positive and negative aspects of love are explored in Mary Gordon's *Men and Angels*.

Edith, a writer, is at heart a romantic, which shows in her fiction, so she is terribly inquisitive about the hotel's other guests and cannot seem to resist getting mixed up in their lives. These include Iris Pusey, wealthy, autocratic and widowed and her daughter Jennifer, an amiable sort. There is also Philip Neville, who, on the surface, seems invulnerable. From this brief summary, you can guess what takes place. But that is not the point of Brookner's book. What makes it enjoyable is the manner of its writing, which is deft and delightful.

And now for you fans of sagas, those of you who dote on historical novels, there is a blockbuster in Fanny Deschamps' *The King's Garden* (Crown, \$17.95), a sprawling but action-packed yarn whose centerpiece is Jeanne Beau-

champs, a comely and ambitious heroine. Set in France in the years just preceding the revolution, the story starts out when Jeanne is 15, spirited and bright. She is learning all about nature from Philbert, her tutor who is suitably handsome. Rather easily, Jeanne falls in love with him. Then along comes Captain Vincent, a reckless and dashing privateer. Naturally, she is infatuated with him. As she blossoms into womanhood, Jeanne whirls through Paris society, for she is above all sophisticated. She wants both worlds — the scholarly one represented by Philbert and the romantic one of Vincent — and she sets out to have them. The King's Garden is first-rate costume drama with cameo appearances by Diderot, Mozart and Casanova, among others, and choice bits of period gossip. This is not meant to be anything more than light fiction but that is not to demean its interest and its storytelling power. Read it and romp.

While we're abroad, let's join Eric Newby for a pleasureable and anecdotal trip in a book called On the Shores of the Mediterranean (Little, Brown, \$19.95). Starting in Italy, he travels clockwise, visiting most of the 15 countries that border that inland sea with his wife Wanda. Newby's specialty is wandering off the beaten track. His artful detours include a tour of Naples, for example, that explains how and why the funeral business has become one of the city's economic and social mainstays. And when he gets to Istanbul, he takes us to the seraglio of the sultans with appropriate stories about their harems and eunuchs. Newby's pace is leisurely and informative but he gives us a vivid picture of the immense variety of life and the almost infinite differences among the people who inhabit the region.

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deur. The book is Three Romes (Harcourt Brace Jovanovich, \$17.95) and the triad of cities is, of course, Rome, Istanbul (or Constantinople as it was called when the Byzantine emperors ruled there) and Moscow. After the barbarians sacked Rome, as you will recall from your history books, imperial power shifted eastward to Constantinople and when that city fell to the Turks in 1453, the Orthodox Russians picked up the religious pieces. More than an urbane guide to the past, Fraser's book is just the thing to read if you're contemplating a trip to the Rome of today or to modern Istanbul or Moscow.

Donald G. Smith is a self-patented cynic, a man who takes received wisdom and kicks it in the pants. To pick one example at random, he recites the truism, "You can't get anywhere these days without a college education," and then comments: "This one almost qualifies as folklore considering its longevity. but it can't quite qualify because honest folklore tends to shy away from anything dealing with education. The truth is that a certain kind of person functions extremely well in the capitalist system with or without a college education. Higher education might (I didn't say will) make you an educated person, but it won't buy you a nickel's worth of success in the free market." Smith's wit and wisdom is wrapped up in ... And They Also Kick you When You Are Down; An Irreverent Guide to the Way the Real World Works (Dodd, Mead, \$15.95). This delightful book is a nice mixture of common sense and sauciness.

It isn't often that you get a murder mystery that is relieved by a sharp sense of sophisticated satire, but that's just what has happened in Abby Robinson's The Dick and Jane (Delacorte, \$14.95). A photographer and writer, Robinson makes an impressive debut in her first novel, a send-up of the hardboiled detective whodunit. The wisecracking heroine is Jane, a photographer temporarily down on her luck, and her counterpart is Domenic Palladino, the private eye who needs her professional services. Also involved is Hank, Jane's boyfriend and a group of cultists who seek to celebrate William Blake, the long-dead British poet. Robinson manages to work up a laugh at least once every two pages as she very neatly deflates the hard-breathing mystery novel. It doesn't matter that her plot is loose and that there is little suspense because she has so much evident fun in tossing off her jokes.



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here is nothing sadder, I think, than for a talented artist to live on after his genius has failed him. That was the basic tragedy of Tennessee Williams, the eminent playwright, as reconstructed by Donald Spoto in The Kindness of Strangers: The Life of Tennessee Williams (Little, Brown, \$19.95). Spoto's is the first critical biography of the conflicted man who wrote such dramatic triumphs as The Glass Menagerie, A Streetcar Named Desire and Cat on a Hot Tin Roof. Based on interviews with Williams' friends and lovers, the book focuses on the playwright's unhappy family life, his ceaseless chasing after sensual pleasures and the problems of his homosexuality. Williams had a genuine commitment to good writing and he was a huge success while his talent served him. But he was eaten away by booze and drugs, and his last 20 years were less than happy. Spoto's book is full of insights and it is riveting reading.

John O'Hara possessed in abundance what few modern writers have — the knack of capturing speech and the ablity to establish a milieu in a few words. Additionally, he was a master of the short story, which he rendered as an



Abby Robinson's novel *The Dick and Jane* is a send-up of the hard-boiled detective whodunit.

art. Just how good he was is made evident all over again in Frank McShane's Collected Stories of John O'Hara (Random House, \$19.95), which contains selections from his Pennsylvania background; from Hollywood, where he was a screenwriter for several years; and from New York, where he was a cafe society figure. These stories have astonishing variety, vigor and freshness.

Does the name Tommy Hitchcock ring a bell in your memory? The great amateur polo star of the 1920s and 30s

was the ideal male of his class, the gentleman athlete, rich by inheritance. "His family connections in Europe, especially France and England, were long established and actively cultivated," according to his biographer, who adds, "He lived most of his adult life in and around New York, the stage that held the spotlight of publicity for the rest of his class. He married, as one said in those days, extremely well. His business career after a few false starts took him into investment banking, which in the esteem of his class was the highest occupation next to law. Finally, though he was not in the least 'social,' his background, travels and fame gave him an extraordinarily wide circle of acquaintance." Hitchcock, who died in a plane accident in 1944 in World War II, was only 44, but he had already caught the eye of F. Scott Fitzgerald who modeled Tom Buchanan in The Great Gatsby after him. Nelson Aldrich Jr.'s biography is Tommy Hitchcock: An American Hero, and the publisher is the Fleet Street Corp., 656 Quince Orchard Road, Gaithersburg, Md. 20878. In addition to a brisk and sympathetic review of Hitchcock's life, there are period pictures that alone are worth the price of admission.



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And speaking of tantalizing biographies, you can scarcely do better than to read Michael Drosnin's Citizen Hughes (Holt, Rinehart & Winston, \$18.95). Based on what are said to be Howard Hughes' own memos and notes, the book reveals a man hungry for power who tried to mastermind the smallest details of his vast empire and who depended on trusted aides to carry out his wishes. He was an odd and deluded person who was convinced that, with his immense riches, he could buy the government. According to Drosnin's sensational account, Hughes was much at

tracted to Richard Nixon and had his lines out toward Lyndon Johnson and Hubert Humphrey. With all the legends about Hughes, almost any scenario of his life is possible, and Drosnin claims to have the documents to substantiate his.

Let me wind up my biography kick for this month with the suggestion that you will be intrigued by Leonard J. Arrington's life of Brigham Young, called *Brigham Young: American Moses* (Knopf, \$22.95). Based on letters and diaries never before available, the book tells the almost unbelievable story of the

charismatic Mormon leader who founded what is now Utah and who was a notable practitioner of plural marriage, or polygamy. His life is a chapter in our history that is often overlooked, yet it is chock full of drama and stirring events. Young was a brilliant organizer and religious visionary, and this recital of his life will acquaint you with his uncommon exploits.

here's an old and much-abused Chinese saving to the effect that one picture is worth a thousand words. It is rarely the case, but there are exceptions and surely one of them is The Fifties: Photographs of America, a selection of 159 black and whites by some of the country's foremost camera eyes whose work is distributed by Magnum Photos, Inc. Published by Pantheon at \$20, it contains an introduction by John Chancellor, the newscaster. Together, the pictures draw a portrait of a decade in which Americans went wild over Hula Hoops, Grace Kelly, the bunny hop and Eddie Fisher. It was also, these pictures remind us very sharply, a time of the spy scare, the civil rights movement and the war in Korea, while offstage our leaders were becoming concerned with Vietnam. Much more than a stroll down memory lane, The Fifties tells us what life in this country was like only thirty years

Hollywood has always exerted a powerful attraction as the place where all fantasies can come true. It is with this idea in mind that Joanna Barnes has written an exciting panoramic novel in which the narrative drive is supplied by a Hollywood character. She is Ada Prudhomme, the rich widow of a canny financier, whose estate supplies the title for the book. It is Silverwood (Linden Press/Simon & Schuster, \$16.95). Within its walls Ada is the matriarch, blond and willowly. Spinning the tale of her life, Barnes interweaves the adventures of her twin sons, Tony and Drew, her best friend, Elodie Swann, and cast of others who shed light on Ada's secrets and her love besides her husband. This works out to be a swatch of Hollywood history in which Barnes brings to bear her own experiences as an actress. Silverwood is notable not so much for its story, which sags in spots, but rather for its atmosphere and its characterizations. It's the icing on the cake for your April reading.

Nationally known critic Alden Whitman resides in Southampton, New York.

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DAYS & NIGHTS

Following is a list of area events for the month of April. Although we make every effort to ensure accuracy in our calendar, occasionally schedules change after we go to press.

THEATER

- The Acting Company at the Palm Beach Festival. Royal Poinciana Playhouse, 70 Royal Poinciana Plaza, Palm Beach. 659-3310, 686-6841. Curtain at 8 p.m., April 8, The Skin of Our Teeth, by Thorton Wilder; April 9, As You Like It by Shakespeare; April 11, A New Way to Pay Old Debts by Philip Massinger.
- Actor's Workshop and Repertory Company. 308 S.
 Dixie Highway, West Palm Beach. 655-2122. Thursday through Saturday at 8 p.m.; Sunday matinee at 2:30 p.m. Through April 14, An Evening of White Done in Black. Two plays by Douglas Turner Ward; Opens April 18, Passion by Peter Nichols.
- Barn Theater. 2400 S.E. Ocean Blvd., Stuart. 287-4844. Wednesday through Sunday at 8:30 p.m. Sunday matinee at 2 p.m. Through April 7, Barn Yesterday by Garson Kanin. A witty and clever comedy.
- Burt Reynolds Jupiter Theater. 1001 Indiantown Road, Jupiter 746-5566. Dinner service begins two hours before show. Curtain time Tuesday through Saturday at 8:30 p.m.; Wednesday and Saturday matinees and Sunday champagne brunch at 1:30 p.m. April 2 through 28, Arsenic and Old Lace.
- Caldwell Playhouse. 286 N. Federal Highway (inside the Boca Raton Mall), Boca Raton. 368-7509. Tuesday through Saturday at 8 p.m.; Sunday evening at 7 p.m. Matinees on Wednesday and Sunday at 2 p.m. The Addison Mizner Festival; opens April 9 through May 26, The Play's the Thing by Ferenc Molnar; opens April 29 through May 26, The George Gershwin Revue.
- Coconut Grove Playhouse. 3500 Main Highway, Coconut Grove. 442-4200. Tuesday through Saturday and the first Sunday at 8:15 p.m. Wednesday, Saturday and Sunday matinees at 2 p.m. April 12 through May 5, Betrayal.
- Delray Beach Playhouse. N.W. 9th Street at Lake Ida, Delray Beach. 272-1281. Curtain at 8 p.m. Sunday matinee at 2:30 p.m. April 19 through 28. *The Silver Whistle* by Robert E. McEnroe. A spirited, heart-warming comedy in the tradition of *Going My Way*.
- Florida Atlantic University Theater Department. University Theater, Glades Road, Boca Raton. 393-3808. Curtain at 8 p.m. Sunday matinee at 2:30 p.m. April 5 through 14, Who's Afraid of Virginia Woolf? Dr. Thurman Stanback directs this emotion packed drama that won the New York Drama Critics' Circle Award.
- Florida Repertory Theater. 201 Clematis St., West Palm Beach. 832-6118. Wednesday through Saturday at 8 p.m., Wednesday, Thursday, Saturday and Sunday matinees at 2 p.m. Through April 20, Monday After the Miracle. William Gibson's touching drama. The sequel to The Miracle Worker, the incredible story of Helen Keller; April 24 through May 18, Blithe Spirit. Noel Coward'slcomedy-satire of English aristocracy.
- Gusman Cultural Center. 174 E. Flagler St., Miami, 967-7277. April 14 at 3 and 7 p.m., Oliver. Broadway's favorite family musical.
- Jan McArt's Royal Palm Dinner Theater. 303 Golfview Drive, Boca Raton. 426-2211. Dinner service begins two hours before the show. Curtain time Tuesday through Saturday at 8 p.m., Sunday at 6 p.m., Wednesday and Saturday matinees at 2 p.m. April 1 through May 5, The Most Happy Fella.
- Lake Worth Playhouse. 713 Lake Ave., Lake Worth. 586-6410. Curtain at 8 p.m.; Sunday matinees at 2:30 p.m. April 12 through 21, *The Tenth Man* by Paddy Chayefsky.
- Little Palm Theater for Children. Royal Palm Theater Center, 303 Golfview Drive, Boca Raton. 395-7975. Each Saturday morning at 9:15 a.m. Through April 27, Fractured Fairy Tales.
- Musicana Dinner Theater. 1166 Marine Drive, West Palm Beach. 683-1711, 428-6018. Dinner at 6 p.m.

PREVIEW

Festivals for all reasons are in season this month. The second Addison Mizner Festival, the seventh Palm Beach Festival of the Performing Arts, the fifth Chopin and Friends' Music Festival and the first Palm Beach Invitational: International String Competition — we've got it all right here on the Gold Coast.

In Boca Raton, Ferenc Molnar's comedy classic *The Play's the Thing,* sets the tone for seven weeks of "serious play" in celebration of the Roaring 20s at the Caldwell Playhouse Addison Mizner Festival. It's a time to dust off the feathered boas, shake out the fringed skirt and kick up your heels. Major events, April 9 through May 26, revolve around the visual and performing arts, architecture and social life of that era. In Florida it was a time when Mizner was king — the "Aladdin of Architects." His dream city advertisements for a "cosmopolis of leisure and culture in Boca Raton," tempted and tantalized even the most astute investor and businessman. Mizner's self-proclaimed epitaph, the Cloister Inn at the Boca Raton Hotel and Club, opened in February 1926 to a celebrity-only crowd. And this month, on the playhouse stage, Caldwell designer Frank Bennett pays homage to that occasion with his stylish eclectic Spanish set of a 1926 fancy resort hotel scene for the Molnar play. Later in the month it's a song and dance tribute to the flapper age with the George Gershwin Revue. The ever popular tunes composed by the Brooklyn-born musician, such as "Someone To Watch Over Me" and "The Man I Love," are sure to take each one of us for a sentimental journey down our own memory lane.

At the Palm Beach Festival, performances continue through April 13. In residence for the third year is Pinchas Zukerman and The Saint Paul Chamber Orchestra. Members of the orchestra perform works of Schubert, Beethoven and Prokofiev at the 11 a.m. Chamber Music Series in the Royal Poinciana Playhouse. And following the Dennis Wayne Dancers on stage at the



Anela Angeletti and Candide Booth Caldwell Playhouse

Playhouse will be John Houseman's The Acting Company with three new productions for their seventh consecutive year at the festival. Events end up on a contemporary note with Joshua Rifkin playing Scott Joplin's "Piano Rags" and an evening with George Wein and the Newport Jazz Festival All-Stars.

But even before the final downbeat of the seventh Palm Beach Festival, Executive Director Mark Malkovich III is busy with plans for the 1986 season. And his hectic schedule includes some travel to Miami to direct the Chopin and Friends' Music Festival which opens on April 19. Violinist Gil Morgenstern, pianist Misha Dichter and the American National Chopin Competition winner are just a few of the friends scheduled to be on stage at the University of Miami Gusman Concert Hall for the 10-day festival.

Back in Palm Beach, 24 of the greatest young string virtuosos from around the world compete for \$17,500 in cash prizes at the Palm Beach Invitational: International String Competition. The three finalists will perform with the Greater Palm Beach Symphony on Sunday, April 7 at the gala concert in the Royal Poinciana Playhouse. Music Director David Gray, heads the distinguished panel of judges for this first annual invitational sponsored by the Greater Palm Beach Symphony Association.

The "Days and Nights" calendar has a complete listing of festival events.

followed by the show. Through April 14, Love and Marriage. A tongue-in-cheek musical on the topic of love and marriage as seen through the eyes of famous composers of the 20th century; opens April 16 through May 26, Fiddle Dee Dee.

- Parker Playhouse. 707 N.E. 8th St., Fort Lauderdale. 764-0700. Monday through Saturday at 8 p.m.; Wednesday, Saturday and Sunday matinees at 2 p.m. April 2 through 20, Noises Off. Winner of the Best Play 1983, London
- Pied Piper Players for Children. Ruth Foreman Theater, N.E. 151 St. and Biscayne Blvd. FIU Bay Vista Campus, North Miami. 891-1830. Saturday at 2:30 p.m.
- Through April 6, Aladdin; opens April 27, Amelia Bedelia.
- Ring Theater. University of Miami, Coral Gables. 284-6889. Tuesday through Saturday at 8 p.m.; Saturday matinee at 3 p.m. April 10 through 20, Company by Stephen Sondheim and George Furth. A sophisticated charade of contemporary married life.
- Riverside Children's Theater. Riverside Theater. 400 Beachland Blvd., Vero Beach. 231-6990. April 20 at 1:30 p.m., You're a Good Man Charlie Brown.
- Ruth Foreman Theater. N.E. 151 Street and Biscayne Blvd., FIU Bay Vista Campus, North Miami. 891-1830, 940-5902. Wednesday through Sunday at 8 p.m.,

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Wednesday and Thursday matinees at 2 p.m., Sunday matinee at 3 p.m. Through April 14, Rocket to the Moon by Clifford Odets. April 18 through May 19, What I Did Last Summer. A.R. Gurney's sensitive story of a family spending the summer on Lake Erie near Buffalo, New York.

South Florida Theater Company. Vizcaya, 3251 S. Miami Ave., Miami. 854-1983 or 662-2978. Wednesday through Saturday at 8 p.m., Tuesday and Sunday at 7 p.m., Wednesday and Sunday matinees at 2 p.m. Through April 14, Oh Coward. Musical revue of Noel Coward's withy songs.

South of Broadway Miami Theater Troupe. James L. Knight International Center. 400 S.E. 2nd Ave., Miami. 372-0929. Tuesday through Friday evening at 8:15 p.m.; Sunday matinee at 3 p.m. April 8 through 28, Taking My Turn.

MUSIC

Boca Raton Symphonic Pops. Mark Azzolina, conductor. Florida Atlantic University Auditorium. Glades Road, Boca Raton. 391-6777, 393-3758. April 16 at 8 p.m.



Barbara Bradshaw Caldwell Playhouse

John Raitt, baritone; Royal Poinciana Playhouse, 70 Poinciana Plaza, Palm Beach. 659-3310. April 17 at 8 p.m., John Raitt, baritone.

Chamber Music. Society of the Palm Beaches. Lakeside Presbyterian Church, South Flagler Drive, W. Palm Beach. 686-8706. April 12, "I Classici." Chamber Music Ensemble.

Chopin Foundation. University of Miami, Gusman Hall. 1515 Miller Dr., Coral Gables. 431-2766 or 284-6477. April 19 through 28. "Chopin and Friends Festival." Performers include violinist Gil Morgenstern; Chopin competition medalist winner; pianist Misha Dichter and duo-pianists Shirley Irek and Robert Chumbley.

Civic Music Association of the Palm Beaches. West Palm Beach Auditorium, Palm Beach Lakes Boulevard, West Palm Beach. 689-4490, 683-6012. April 3 at 8 p.m. Gustavo Romero, pianist.

Community Concert Association of Miami Beach. Miami Beach Theater of the Performing Arts. 1700 Washington Ave., Miami Beach. 673-8300, 467-2855. April 16 at 8 p.m. "Canterbury Trio."

Coral Ridge Concert Series. Coral Ridge Presbyterian Church, 5555 N. Federal Hwy., Fort Lauderdale. 491-1103. April 10 at 8 p.m. Diane Bish, first lady of the organ; April 13 at 8 p.m. St. Matthew Passion by Bach. Staged and dramatized, choir and orchestra; April 26 at 8 p.m. Larnelle Harris, gospel vocalist.

Csonka Classics. Henry Morrison Flagler Museum. Whitehall Way, Palm Beach. 655-2833. April 28 at 4 p.m. Afternoon musicale of opera excerpts.

11 a.m. Chamber Music at the Palm Beach Festival.
Royal Poinciana Playhouse, 70 Royal Poinciana Plaza,
Palm Beach. 659-3310, 686-6841. Concerts at 11 a.m.
April 2, Pinchas Zuckerman, violin; Michael Lorimer,
guitar and Michael Petri, recorder. Works of Beethoven
and Heberle.; April 4, Pinchas Zuckerman, violin; Yefim
Bronfman, piano; Marc Neikrug, piano, with members
of The St. Paul Chamber Orchestra. Works of Schubert,
Beethoven and Franck.



Luciano Pavarotti Erani, Greater Miami Opera

Florida Atlantic University Community Symphony.
University Theater, Glades Road, Boca Raton. 3933808. April 19 at 8 p.m. Don Christmas, pianist in
"Gershwin Concerto in F".

Florida Atlantic University Jazz Festival. University Theater, Glades Road, Boca Raton. 393-3808. April 16 through 18 at 8 p.m. Featuring high school and college iazz bands.

Florida Atlantic University Music at Noon. Broward County Main Library, 100 S. Andrews Ave., Fort Lauderdale. 393-3758. April 17 at noon, classical and jazz music ensembles from FAU.

George Wein and the Newport Jazz Festival All-Stars at the Palm Beach Festival. West Palm Beach Auditorium, Palm Beach Lakes Boulevard at Congress Avenue, West Palm Beach. 683-6012, 686-6841. April 10 at 8 p.m. An evening of popular and jazz music.

Great Artists Series of Temple Beth Sholom. Miami Beach Theater of the Performing Arts. 1700 Washington Ave., Miami Beach. 467-2855, 523-6116. April 1 at 8:15 p.m. "Tosca" in Concert Performance. Renata Scotto, soprano; Ermanno Mauro, tenor; and Thomas Stewart, baritone. The Miami Civic Choral and the Orchestra of Miami.

Greater Miami Opera. Dade County Auditorium, 2900 Flagler St., Miami. 545-3395. April 15 and 17 at 8 p.m.; Miami Beach Theater of the Performing Arts, 1700 Washington Ave., Miami. 467-2855, 673-8300. April 20 at 8 p.m.; War Memorial Auditorium, 800 N.E. 8th St., Fort Lauderdale. 854-1643. April 23 at 8 p.m. Verdi's Erani with Luciano Pavarotti in the title role.

Greater Palm Beach Symphony. David Gray Conductor. Royal Poinciana Playhouse, 70 Royal Poinciana Plaza, Palm Beach. 659-3310. April 7 at 8 p.m. "Palm Beach Invitational International String Competition." Finals and Award Ceremony Concert.

Joshua Rifkin plays Scott Joplin at the Palm Beach Festival. Royal Poinciana Playhouse, 70 Royal Poinci-





ana Plaza, Palm Beach. 659-3310, 686-6841. April 13 at 8 p.m. A concert of piano rags.

Masterworks Chorus. Henry Morrison Flagler Museum.
One Whitehall Way, Palm Beach. 965-0675. April 27
at 8 p.m. Annual pops concert and wine and cheese fete.

Music at the Flagler. Champagne Recitals. One Whitehall Way, Palm Beach. 655-2833. April 14 at 5 p.m. Pops Concert by the Greater Palm Beach Symphony.

Opera Guild of Fort Lauderdale. Greater Miami Opera Productions. War Memorial Auditorium, 800 N.E. 8 St., Fort Lauderdale. 761-2830. April 23 at 8 p.m. Ernani by Giuseppe Verdi. Sung in Italian; based on Victor Hugo's play of the same name.

Palm Beach Atlantic College. 1101 S. Olive Ave., West Palm Beach. 833-8592. April 16 through 21. Bach and Baroque Festival.

Philharmonic Orchestra of Florida. Paul McRae conductor, Florida Atlantic University Auditorium, Glades Road, Boca Raton. 393-3730, 392-7230. April 25 at 8:15 p.m. Benita Valente, soprano. Works of Beethoven, Pizzetti, Strauss and Brahms.

Philharmonic Orchestra of Florida. Richard Buckley, guest conductor. War Memorial Auditorium, 800 N.E. 8 St., Fort Lauderdale. 761-2830, 561-2997. April 9 and 10 at 8:15 p.m. Ivan Moravec, pianist. Works of Barber, Mozart and Saint-Saens. Concert previews on April 7 at 8:15 at Florida Atlantic University Auditorium, Glades Road, Boca Raton.

Promenade Concert Series. Hibel Museum of Art. 150 Royal Poinciana Plaza, Palm Beach. 833-6820. April 14 at 3 p.m. Piano duo Gabriella Torteli and Fred Ronomo

St. Paul Chamber Orchestra at the Palm Beach Festival. Royal Poinciana Playhouse, 70 Royal Poinciana Plaza, Palm Beach. 659-3310, 686-6841. Concerts at 8 p.m. April 1 through 4. Soloists to include Michael Lorimer, guitar; Michala Petri, recorder; Yefim Bronfman, piano.

Showcase Operetta Company. Riverside Theater. 400 Beachland Blvd., Vero Beach. 231-6990. April 11 through 13 at 8 p.m. *H.M.S. Pinafore* by Gilbert and Sullivan. South Florida Symphony. James Brooks, conductor.
Bailey Hall, Broward Community College, 3501 S.W.
Davie Road, Fort Lauderdale. 475-6884. April 26 at
8:15 p.m. David Bar-Illan, pianist. Beethoven, Emperor
Concerto; Florida Atlantic University Auditorium.
Glades Road, Boca Raton. 393-3758. April 27 at 8:15
p.m. David Bar-Illan, pianist. Beethoven, Emperor Concerto.



John Raitt Boca Raton Symphonic Pops

Stages Foundation for the Performing Arts. Red Reef Park, Boca Raton. 395-2611. April 13 at 8 p.m. "Opera under the Stars."

Tuesday with Music Series. Norton Gallery of Art Theatre. 1451 S. Olive Ave., West Palm Beach. 832-5194. April 9 at 8 p.m. Greogry Sioles, pianist. April 30 at 8 p.m. New York Trumpet Ensemble.

ART

Art Institute of Fort Lauderdale. 3000 E. Las Olas Blvd., Fort Lauderdale. 463-3000. Monday through Thursday 8 a.m. to 8 p.m., Friday 8 a.m. to 5 p.m., Saturday 9 a.m. to noon. April 1 through 26. "Faculty Exhibit."

Bass Museum of Art. 2100 Collins Ave., Miami Beach. 673-7530. Through April 21. "Roman Vishniac: A Vanished World."

Boca Raton Museum of Arts. 801 W. Palmetto Park Road, Boca Raton 392-2500. Tuesday through Friday 10 a.m. to 4 p.m., Saturday and Sunday noon to 4 p.m. Through April 5. "Cowboys and Indians," originated by the Loch-Haven Art Center; opens April 9 through May 17. "Photographs of the 20's." In cooperation with the Addison Mizner Festival.

Broward Art Guild. 3450 N. Andrews Ave., Fort Lauderdale. 564-0121. Monday through Friday 10 a.m. to 4:30 p.m. April 12 through May 13. "Dimensional Scope - 2 & 3."

Fort Lauderdale Museum of Art. 426 E. Las Olas Blvd., Fort Lauderdale. 463-2169. Tuesday through Saturday 10 a.m. to 4:30 p.m.; Sunday noon to 5 p.m. April 10 through 28. "Emilio Sanchez, Recent Work." The first exhibit in Florida of the realist work of this Cuban-American artist. His subject matter is drawn from the South Florida environment.

Gallery 900. Atlantic Community High School. 2501 Seacrest Blvd., Delray Beach. 278-0324. Monday through Friday 8 a.m. to 2 p.m. April 9 through 12. "Collective: Three Dimensional"; April 16 through 19. "Susan Sparrell: Drawings"; April 23-26. "Peter Martens: Drawings and Paintings."

Lowe Art Museum. 1301 Stanford Drive, University of Miami, Coral Gables. 284-3535. Tuesday through Friday, noon to 5 p.m.; Saturday 10 a.m. to 5 p.m., Sunday 2 to 5 p.m. Through April 15, "The East Village Scene, Saul Steinberg Retrospective and Rodchenko and Constructive Photography." Opens April 26, "Projects." University of Miami Student Show.

Miami Center for the Fine Arts. 101 W. Flagler St., Miami. 375-1700. Monday, Tuesday, Wednesday and Friday 10 a.m. to 6 p.m.; Thursday 1 to 9 p.m. Saturday 10 a.m. to 5 p.m.; Sunday noon to 5 p.m. Through April 14, "Enric Baj: Apocalyptic and other Visions." Through June 2, "American Art Since 1970." Painting, sculpture and drawings from the Whitney Museum of American Art.

Morikami Museum Art Gallery. 4000 Morikami Park Road, Delray Beach. 495-0233, 499-0631. Museum hours. Through April 30. "Recent Acquisitions." 19th

(Continued on page 50)







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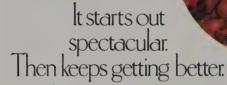
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You'll enter Palm Beach Hampton through a gatehouse that is a significant part of an incredible and extensive security system. You'll then be ready to enter a lobby normally reserved for only the grand hotels of the world. Its grandeur and breathtaking appointments only begin to paint a picture of what's yet to come. The spectacular hand-cut crystal chandelier and one of the most magnificent oriental rugs in the world offer tell-tale suggestions that you've just arrived at a truly special, and unquestionably unique world-class residence.



As glass elevators wisk you to your completely glass-enclosed air conditioned hallway, you'll ascend overlooking a fantastic seven story atrium. Designed by the award-winning landscape architects Blakely & Associates, it's resplendent with cascading water fountains, lush tropical foliage and towering Washingtonian palm trees.

Palm Beach has never seen anything quite like it! Never.

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Each residence offers an abundance of space with square footage ranging from 2244 to 4994 in the largest Penthouse, not including patios or balconies. The grand feeling of spaciousness is further enhanced by ceiling heights of 8'10" and 9'6" in the Penthouses. Glass also abounds throughout and every room has access to the patio or balcony via triple A series temper-tinted sliding doors.

Because you'll no doubt be entertaining often, you'll enjoy the traffic flow each floor plan allows. Along with the

convenience of a wet bar in every home. And a fireplace in every Penthouse. We believe we've left no stone unturned to provide you with all the lifestyle essentials you deserve. And demand.

Wait 'til you see what living her can be like. Each floor plan offers interior decorating opportunities that can easily become the most luxurious centerpieces in all of Palm Beach.

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each seen anything like Hampton.



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The finest sinks and bath fixtures in the world are by erle Wagner. And every home in Palm Beach Hampton has em. The same goes for kitchen cabinets. Poggenpohl is the me and they grace every single gourmet kitchen. Along with ermador ovens, microwaves and separate cooktops, Sub-Zero ilt-in refrigerators, Kitchen-Aid dishwashers and custom-made ple basin Elkay Deluxe sinks featuring instant hot and cold iter. Maytag washers and dryers are also featured in every sidence.

We invite you to look closely at every finishing detail in Im Beach Hampton. You'll see impeccable quality and superbaftsmanship throughout. Like tray-ceilings in every dining room devery Penthouse foyer. Solid core doors with solid brass signer series Schlage hardware. And custom designed Onyx pors, tubs and planters in every bathroom.

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The security system at Palm Beach Hampton is one of the ost thorough and sophisticated in the United States. Each sidence will have its own intrusion, fire and personal nergency alarms. And the entire complex will be double-onitored via a host of cameras, roving patrols and infrared d microwave sensors that literally detect every aspect of tivity

Then, at your service, will be every amenity you've ever eded. Including an impeccably fastidious concierge, 24-hour orman, maid and valet service, limo to and from the airport, bana attendants, even an on-premise car wash.

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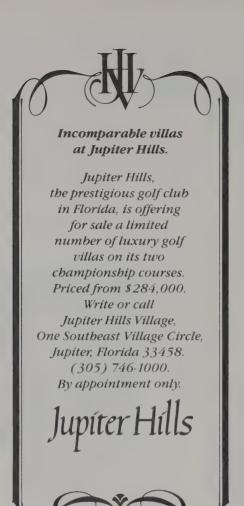
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DAYS AND NIGHTS

(Continued from page 46)

and 20th century artifacts, folk toys and furniture; through April 28. "Shifu: woven paper textiles by Sadako Sakurai."

Norton Gallery of Art. 1451 S. Olive Ave., West Palm Beach. 832-5194. Tuesday through Saturday 10 a.m. to 5 p.m.; Sunday 1 to 5 p.m. Through April 23. "Robert Rauschenberg/Performance." Between 1967 and 1973 he created nine theater pieces. The exhibit



Ivan Moravec
Philharmonic Orchestra of Florida

documents that work; through May 5, "The Fine Line: Drawing with Silver in America."

Ritter Art Gallery. Florida Atlantic University, Glades Road, Boca Raton. 393-2660. Tuesday through Saturday 10 a.m. to 4 p.m. April 9 through 27, "Student Exhibit Show."

Society of the Four Arts. Four Arts Plaza, Palm Beach. 655-7226. Monday through Saturday 10 a.m. to 5 p.m.; Sunday 2 to 5 p.m. Through April 14, "Bonjour Monsieur Lartigue" and "English Brass Rubbings."

DANCE

Ballet Florida. Royal Poinciana Playhouse, 70 Royal Poinciana Plaza, Palm Beach. 659-3310. April 20 and 21 at

8 p.m., Matinee April 21 at 2 p.m. Mixed Bill, works by Lou Conte, Richard Muro and Marie Hale. An evening of classical, contemporary and jazz dance.

Dennis Wayne's Dancers at the Palm Beach Festival.
Royal Poinciana Playhouse, 70 Royal Poinciana Plaza,
Palm Beach. 659-3310, 686-6841. April 12 at 8 p.m.,
April 13 at 2 p.m. Two different programs of contemporary dance.

LECTURES

Broward County Main Library. 100 S. Andrews Ave., Fort Lauderdale. 463-2169. April 18 at 8 p.m. "The Architectural Motif in Modern Latin American Painting," by Ricardo Pau-Llosa, ard department, Florida International University, Miami. Sponsored by the Museum of Art, Fort Lauderdale.

Norton Gallery of Art. 1451 S. Olive Ave., West Palm Beach. 832-5194. April 4 at 8 p.m. "Chinese Ceramics in the Norton Collection," by Dr. Yukata Mino, curator of Chinese and Japanese Art, the Art Institute of Chicago.

Palm Beach County Public Library. Central Library, 3650 Summit Blvd., West Palm Beach. 686-0895. April 25 at 2 p.m. "Life Style Planning." Lecture and discussion on new concepts in medicine by Dr. Alan Barton Nachamie.

Palm Beach County Public Library. West Atlantic Branch, 7777 W. Atlantic Ave., Delray Beach. 489-3101. April 5 at 3 p.m. "The Bottom Line," Adolph Lurie discusses how to make the right financial decisions by reading and understanding a corporate financial report. April 11 at 2 p.m. "The Eyes Have It," Dr. Alan Aker explains new research in cataract surgery. April 15 at 3 p.m., "From the Librarian's Shelf." Book review by M. Raykan of Watch on the Rhine by Lillian Hellman.

Palm Beach County Public Library. 8221 W. Glades Road, Boca Raton. 482-4554. April 1, 8 and 15 at 2 p.m. "Making the Most of your Investment Dollar," a three-part series. Richard E. Fishman, Workshop Leader, Vice President, Merrill-Lynch. Topics include "The Inside Story on Tax-Free Bonds"; "Protecting Your Investments from Death and Divorce"; and "Tax-shelters: How to make Uncle Sam your Investment Partner." Participants required to advance register for entire series.



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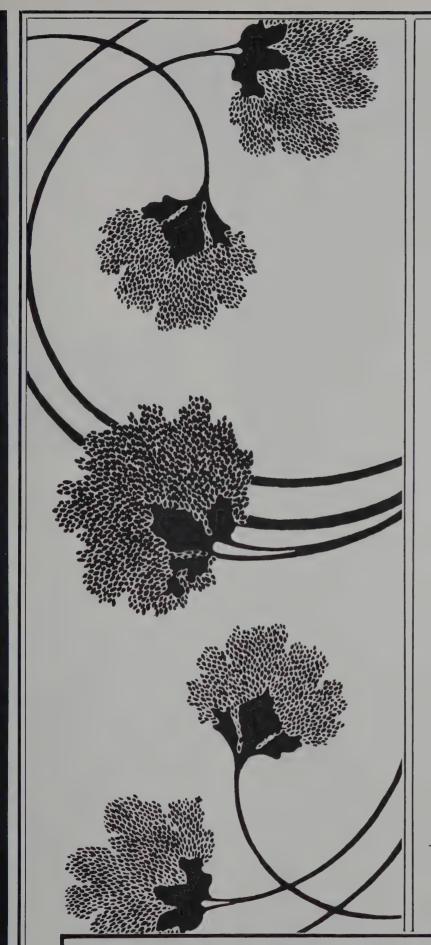


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Palm Beach Round Table Lecture Series. Hyatt Palm Beaches, 630 Clearwater Park Road, West Palm Beach. 655-5266. April 8 at 2:30 p.m. "Juanita Castro," sister of Fidel Castro; April 29 at 2:30 p.m. "Author Allen Drury."

FILM

- The Commander's Series. Palm Beach County Public Library, West Atlantic Branch, 7777 W. Atlantic Ave., Delray Beach. 489-3101. Fridays at 2 p.m. April 5, Douglas MacArthur, Supreme Commander of the Pacific Theater. April 19, Sir William Slim, Field Marshall, British Army. This is the Time-Life Film Series of WWII leaders.
- Le Cinema Series. Palm Beach County Public Library. Central Library, 3650 Summit Blvd., West Palm Beach. 686-0895. April 5 at 7:30 p.m. From Mao to Mozart. Musical tour of China with violinist Isaac Stern. Film previews at the West Atlantic Branch, 7777 W. Atlantic Ave., Delray Beach. 489-3101. April 4 at 12:30 and 3 p.m.

- Masterpiece Cinema. Palm Beach County Public Library. 8221 W. Glades Road, Boca Raton. 482-4554. Thursdays at 2 p.m. April 4. Holocaust, Part 3, "The Final Solution"; April 11, Holocaust, Part 4,
- Palm Beach County Public Library Film Series. Central Library, 3650 Summit Blvd., West Palm Beach. 686-0895. Each Wednesday at 2 p.m.; West Atlantic Branch, 7777 W. Atlantic Ave., Delray Beach. 489-3110. Each Tuesday at 1:30 and 3 p.m.; Southwest County Branch, 8221 W. Glades Road, Boca Raton. 482-4553. Each Wednesday at 2 p.m., Greenacres Branch. 964-2525. Each Tuesday at 2 p.m.; Palm Beach Gardens Branch. 626-6133. Each Wednesday at 2 p.m.

SPECIAL EVENTS

- The Addison Mizner Festival. Caldwell Playhouse, 286 N. Federal Hwy., Boca Raton. 368-7509. The Play's the Thing and the George Gershwin Revue; April 22 the "Smart Set" party.
- **Boca Raton Historical Society.** Guided Tours of the Boca Raton Hotel and Club. East Camino Real, Boca Raton.

- 395-3000. Sponsored by the Historical Society. Every Tuesday at 1:30 p.m. (Special tours arranged for minimum of 15 people.)
- The Garden Club of Palm Beach. Society of the Four Arts, Four Arts Plaza, Palm Beach. 655-7226. April 4, all day. "Flower Show in Four Arts Galleries."
- The Palm Beach Festival of the Performing Arts. Royal Poinciana Playhouse. 70 Royal Poinciana Plaza, Palm Beach. 686-6841. Through April 13. (See listings under Theater, Music and Dance.)
- Palm Beach Invitational International String Competition presented by the Greater Palm Beach Symphony Association. Royal Poinciana Playhouse, 70 Royal Poinciana Plaza, Palm Beach. 659-3310. April 7 at 8 p.m. Gala concert, award ceremony and celebration.
- Pine Jog Environmental Science Center of Florida Atlantic University. 6301 Summit Blvd., West Palm Beach. 686-6600. Second Saturday of each month from 9:30 to 11:30 a.m. "Pine Jog Jaunts." Visit the natural communities and learn about plant and animal interrelationships in South Florida.

SPORTS

Dania Jai-Alai. 301 East Dania Beach Blvd., Dania. 945-4345, 927-2841. Tuesday through Saturday at 7:15 p.m. Tuesday and Saturday matinee at noon. Season ends April 16.

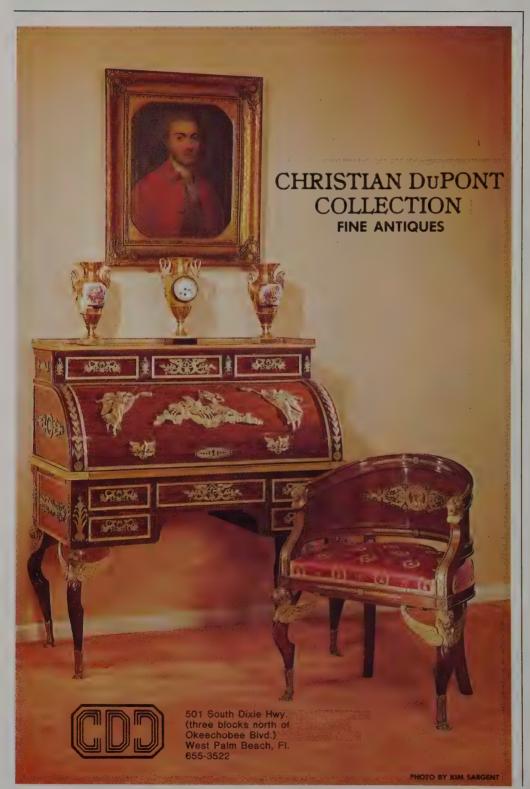


Warren Vache
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- Gulfstream Park. U.S. Highway 1, Hallendale Beach Blvd., Hallendale. 454-7000, 944-1242. Thoroughbred racing daily except Sunday. Post time 1:15 p.m., now through May.
- Hollywood Dog Track. 831 N. Federal Hwy., Hallendale. 994-3205. Greyhound racing nightly except Sunday. Post time at 7:45 p.m. Matinees on Tuesday, Thursday and Saturday at 12:30 p.m.
- Miami Jai-Alai. 37th Avenue and 36th Street, Miami. 633-6400. Post time 7:30 p.m. nightly except Sunday. Monday, Wednesday and Saturday matinee at noon. Season ends April 27.
- Montreal Expos Spring Training. West Palm Beach Municipal Stadium, Palm Beach Lakes Boulevard, West Palm Beach. 689-9121. Home games at 1:30 p.m. April 2, Los Angeles Dodgers; April 5, Kansas City Royals; April 7, Atlanta Braves.
- Palm Beach Jai-Alai. 1415 45th St., West Palm Beach. 844-2444. Tuesday through Saturday at 7:15 p.m. Wednesday and Saturday matinee at noon. Season ends April 6.
- Palm Beach Kennel Club. Congress Avenue at Belvedere Road, West Palm Beach. 972-2000, 734-1228. Greyhound racing nightly except Wednesday and Sunday. Post time at 8 p.m. Matinees on Monday, Thursday and Saturday at 12:30 p.m.
- Palm Beach Polo. 13198 Forest Hill Blvd., Wellington. 793-1449. High Goal Polo. Saturday and Sunday matches at 3 p.m. April 6 through 14, "\$100,000 Piaget World Cup Polo Tournament." April 10 through 21, "The Coca-Cola Challenge Cup Polo Tournament." April 20 through 28, "The USPA Bronze Cup Polo Tournament." April 21, "Olympic Inter-nation Cup Polo Tournament." Opens April 30, "Southern Palm Cup Polo Tournament."
- Pompano Park Harness Raceway. Racetrack Road, Pompano Beach. 972-2000 or 734-1228. Wednesday through Saturday post-time at 7:30 p.m. Now through April 30. Harness Racing.
- Royal Palm Polo. 6300 Clint Moore Road, Boca Raton. 734-7656 or 994-1876. High Goal Polo. Sunday at 1 and 3 p.m. April 7 and 14, "Gold Cup Tournament Finals."

ATTRACTIONS

Ann Norton Sculpture Gardens, Inc. 253 Barcelona Road, West Palm Beach. 832-5328. Open Monday through Saturday from 2 to 4 p.m. Three gardens contain the permanent collection of monumental brick sculptures which are displayed in a garden atmosphere.





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- Barrington Museum of American Folk Art. 900 E. Atlantic Ave., Delray Beach. 276-1446. Open Monday through Friday 10 a.m. to 4 p.m. Permanent collection of American Folk Art. The American Folk Art Library contains more than 1,000 volumes.
- The Discovery Center. 231 S.W. 2nd Ave., Fort Lauderdale. 462-4115. Open Tuesday through Friday, 2 to 5 p.m.; Saturday, 10 a.m. to 5 p.m.; and Sunday, 1 to 5 p.m. A science and history museum that invites you to participate in hands-on exhibits, workshops and special events.
- Dreher Park Zoo. 1301 Summit Blvd., West Palm Beach. 585-2197. Open daily from 9 a.m. to 5 p.m. Highlights include the Betty Cardinal nature trail, zoological exhibits and botanical gardens.
- Elliott Museum. Located on Ocean Boulevard (A1A), five miles east of Stuart on Hutchinson Island. 225-1961. Open 1 to 5 p.m. daily. The museum houses a collection of antique automobiles and cycles and features contemporary art exhibitions. One wing holds replicas of 14 Early American shops, including a general store.
- Henry Morrison Flagler Museum. One Whitehall Way, Palm Beach. 655-2833. Open Tuesday through Saturday, 10 a.m. to 5 p.m.; Sunday, noon to 5 p.m.
- Hibel Museum of Art. 150 Royal Poinciana Plaza, Palm Beach. 833-6870. Open Tuesday through Saturday, 10 a.m. to 5 p.m.; Sunday, 1 to 5 p.m. The Craig Collection of artist Edna Hibel's works.
- House of Refuge. Hutchinson Island, Stuart. 225-1961.

 Open daily except Monday and holidays, 1 to 5 p.m.

 Commissioned in 1875 by the U.S. Life-Saving Service to aid shipwrecked sailors, the Gilbert's Bar House of Refuge is completely restored. The boat house contains nautical memorabilia and the main house is decorated in late Victorian style.
- Island Queen Riverboat. Phil Foster Park, Blue Heron Boulevard, Singer Island. 842-0882. A Mississippi-style paddlewheeler that sails on the Intracoastal. Four cruises daily with historical narration and background music of Dixieland jazz.
- Jonathan Dickinson State Park. Off U.S. Highway 1, Hobe Sound. 546-7199. Guided nature cruises leave from the park marina daily (except Monday) at 1 p.m. Picnic and camping facilities available.

- Morikami Park. 4000 Morikami Park Road, Delray Beach. 499-0631. Open Tuesday through Sunday, 10 a.m. to 4 p.m. Japanese museum and gardens.
- Mounts Horticultural Learning Center. Palm Beach County Cooperative Extension Service, Mounts Agricultural Center, 531 N. Military Trail, West Palm Beach. 683-1777. Open Monday through Saturday from 8:30 a.m. to 5 p.m.
- Norton Gallery of Art. 1451 S. Olive Ave., West Palm Beach. 832-5194. Tuesday through Saturday, 10 a.m. to 5 p.m.; Sunday, 1 to 5 p.m. One of the outstanding small art museums in the country, the Norton has a distinguished permanent collection. Major areas include Impressionist and Postimpressionist masterpieces, American art from 1900 to the present, a fine Chinese collection and important pieces of sculpture.
- Patrick Lannan Foundation. 601 Lake Ave., Lake Worth. 582-0006. Open Tuesday, Thursday and Saturday from 10 a.m. to 5 p.m.; guided tours at 2 p.m. A private collection of contemporary art reflecting the developments in painting, sculpture, glass and ceramic works over the last 35 years. Major international artists as well as emerging artists are represented.
- Science Museum and Planetarium. 4801 Dreher Trail, Dreher Park, West Palm Beach. 832-1988. Open Tuesday through Saturday, 10 a.m. to 5 p.m.; Sunday and Monday, 1 to 5 p.m.; and Friday, 6:30 to 10 p.m. The sciences from astronomy to oceanography are explored through a variety of exhibits.
- Singing Pines Museum. On the Northwest 4th Diagonal, Boca Raton. 368-6875. Open Tuesday through Friday, 10 a.m. to 4 p.m.; Sqturday, 10 a.m. to 1 p.m. The oldest unaltered wooden structure in the Boca Raton area (built in 1911), the museum serves as a constant reminder to the community of its beginnings.
- Society of the Four Arts. Four Arts Plaza, Palm Beach. 655-2766. Library and gardens are open 10 a.m. to 5 p.m., Monday through Friday. Beautiful gardens and exotic plants as well as several small demonstration gardens maintained by the Garden Club of Palm Beach.
- Viscaya Museum and Gardens. 3251 S. Miami Ave., Miami. 579-2708. Open daily from 9:30 a.m. to 5 p.m. Sunday evening sound and light show. An Italian Renaissance villa set in a subtropical jungle

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GROWING MY WAY

DEALING WITH THATCH

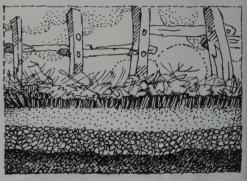
Thatch — it's a problem common to St. Augustine lawn grass. Although annoying, thatch is a problem that can be dealt with.

Thatch is a natural process. It results from decaying residues of grass leaves, stems and roots that accumulate, layer like, just above the soil surface and just under the actively growing grass. Over time, the dead and dying material acts as a cushion between the soil and the above ground turf. Evidence of the condition is most frequently determined by a spongy, springy effect when you walk on the lawn.

There are a number of undesirable effects from thatching:

- Mowing becomes very difficult. Because of the sponginess the lawn-mower tends to ride too low. This can cause scalping (too close cutting that shears stolens as well as leaves) resulting in an unattractive appearance.
- The effectiveness of fertilizer and pesticides is decreased in proportion to increasing thatch. The penetration to soil level is restricted and the action is diminished. Lawn response to feeding becomes a mixed bag. What should be an overall, even greening becomes interspersed with areas of light green, even faint yellowing. Materials used in disease or insect control are likewise affected. Effectiveness is reduced, compounded by the disease and insect harboring properties of the mat-like thatch.
- Watering a thatched lawn often results in a "double-whammy." In a dry state the thatch tends to shed water as would be the case with trying to wet a bed of sand. Some areas may respond well while other areas remain dry to the point of crispness. During heavy rains or overwatering thatch retains water in excess and exposes the lawn to various fungus diseases by harboring spores in the moist underbody.
- Heavily thatched lawns and the resulting weakened root system increases cold damage during colder months. Even in winters without freeze or frost, thatched lawns recover their growth and color more slowly.

Beyond the natural causes of thatch mentioned, there are man-made causes. Too much fertilizer is one. This happens either by too frequent feeding, or by the repeated use of high nitrogen, conventional type fertilizers. It is probably better to alternate feedings with fertilizer of lower nitrogen content. Another cause is overwatering. (An inch of water per application once, twice or three times a



week, depending on conditions, is usually sufficient.)

It is easier to prevent and control thatch than it is to correct the problem. Preventative measures include applying fertilizer only as needed for good growth and color. Grass clippings should be caught — not allowed to sift into the turf. If a mower grass catcher is not feasible, rake or sweep, using hand or power sweeper. Aerate the lawn once or twice a year. The machine, a powered spiker, can be rented. The holes drilled with the spiker allow better penetration of air, water and fertilizer to the soil. All of these are beneficial in establishing a heavy root system.

Careful scalping to reduce thatch in its early stages is an option. It should be done in cooler months and in stages, lowering the mower a little more over several mowings. After scalping it is good to feed the lawn lightly, remembering to water in the fertilizer after applying. Also, it is important to keep adequate moisture on a scalped lawn until it is again in good growth and color.

In lawns where thatching has become extremely heavy you may have to make a choice between replacing the lawn or having the thatch thinned by verticutting. The decision for either

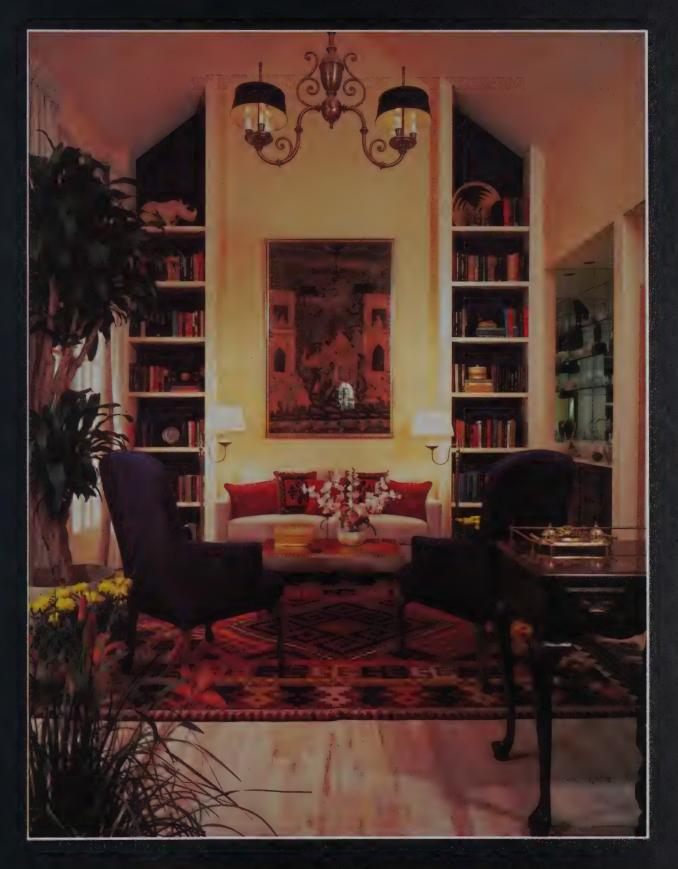


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should be made in consultation with a professional landscape firm or a qualified lawn maintenance person. This is particularly so of verticutting. It is a rather expensive operation that, if not properly done, could lead to irreparable damage and the added necessity of resodding.

In essence, verticutting is a process done with a specially designed machine, that drastically thins the lawn, removing all the underlying vegetative debris that is the cause and returning the turf to normal growth pattern. (It is possible to rent a verticutter at many rental firms.) In severe thatching — 2-3 inches, for example — a second verticut may be recommended to assure success. If so, it is not done until the grass has fully recovered from first thinning.

If the answer to your spongy lawn is verticutting it is best to do it in the cooler months just prior to the growing season. April and May are ideal.

Gardening Tips for April

Lawns: Get a handle on emerging lawn weeds during April and May. Easy way is to apply weed and feed material available at garden supply shops. Be sure you get the right material for the right grass. If you're not sure, take along a grass sample. Gives good control of emerging weeds. Follow package directions for applying. Best to use fertilizer spreader.

Pruning: For safety, begin pruning toward end of month. Good time to do severe pruning to bring trees and shrubs in bounds and to attractive shapes. Fertilize any plant after pruning and water well.

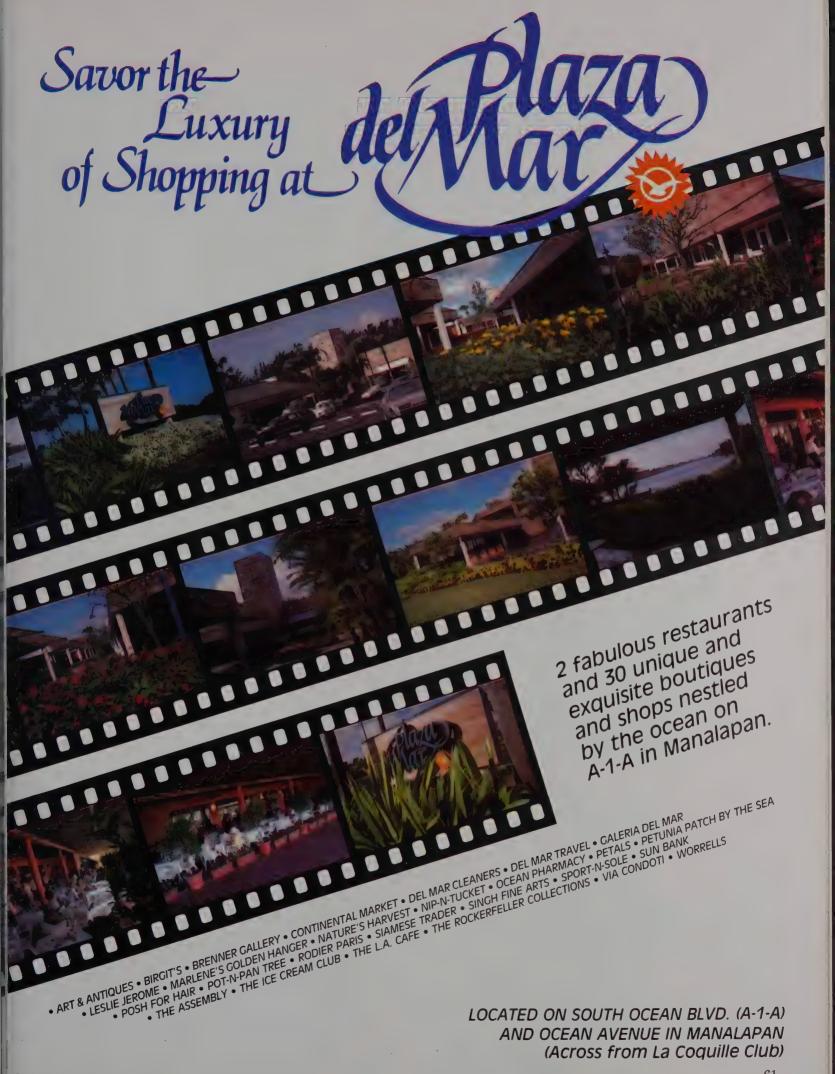
Planting: Excellent month to begin new landscaping or improving old with new trees and plants. Buy good stock. Use good soil mix in planting holes. Make saucer of soil around new plantings to catch and hold water. During dry times water everyday until new growth begins. Fertilize. Follow bag directions for new plants.

Propagation: Start cuttings of your favorite plants. Select twigs from healthy, new growth. Wood should be about half mature.

Watering: Not a great month for rain—average is about $3\frac{1}{2}$ inches. Keep plants, grass and trees well watered. Pay particular attention to new plantings. Water stress is frequent cause of failure.

Insects: Insects begin to arrive with increasing temperatures. Look for grasshoppers, aphids, in particular.

Bob Robson is a member of the Garden Writers Association of America.



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GRAND HOTELS

BARBADOS' SANDY LANE HOTEL

The ride from Grantley-Adams Airport in Barbados, with cars careening past sugarcane fields and horns blaring at each hairpin curve, is like a ride at Disney World. The destination, however, the Sandy Lane Hotel, with its complimentary baskets of fruit and bottles of Taittinger champagne, is like a fantasy island.

This posh 380-acre resort hotel, located on the Caribbean side of Barbados. and built on the site of a sugarcane plantation, was the playground for the postwar international jet set. When former British parliament member Ronald Tree opened the Sandy Lane in 1961, it had a distinct British flavor and dress each evening was black-tie. A string quartet played nightly in the dining room and Rockefellers, Firestones and Rothschilds all came to stay, see and be seen. Although shaky worldwide economy caused tourism to decline in the 1970s, recent renovations (topping \$3 million) and a more stable economy are drawing the Lear jet set back to the resort. And with neighbors such as actress Claudette Colbert, racehorse owner Robert Sangster and statesman Averell Harriman, the hotel certainly could be on the TVshow Fantasy Island.

In 1970, the Sandy Lane Hotel was purchased by Trusthouse Forte, one of the world's largest hotel and catering groups, whose acquisitions include the George V and Plaza Athenee in Paris, Westbury of New York and London, and London's famed Grosvenor House, Brown's and Hyde Park.





The Sandy Lane Hotel in Barbados offers its guests a wide range of activities, including a picturesque 18-hole championship golf course.

General Manager Michael Long is proud of the fact that the hotel staffs about four people per guest. Not for the budget-conscious, the Sandy Lane's rooms range from \$365 to \$709 (U.S. currency) per night, depending on season and type of room. (Rates drop in mid-April.) Almost all the 112 rooms

(three penthouses, 20 suites and 80 doubles) face the travel-brochure-blue Caribbean sea, taking advantage of the view with private patios and verandas. The design of the three-story Sandy Lane is reminiscent of a large Spanish hacienda with its semicircular walls made of coral collected from surrounding islands.

The suites would put some New York apartments to shame with their tropical designs and spacious elegance. Italian handpainted tiles line both bathrooms (that's right — there are at least two complete baths in each suite) and the large closets and balmy-breeze balconies would relax even the most high-powered executive. Each of the three penthouse suites has twin bedrooms, three baths, a lounge, dining terrace, patio, refrigerator and color television. What better way to get away from it all!

From the moment you drive under the porte-cochere and are greeted by the smiling Bajan staff, you are pampered. In your room you'll find beautiful arrangements of anthuriums (those wonderful tropical flowers that are just too pretty to be real) and baskets of fresh fruit. But don't eat it right away. Freshen up and join the others on the open-air Starlight Ter-

race and dance to the calypso music while sipping on the hotel's special rum drink — the "Wild Affair," made from three local rums and six liquers. (This drink is especially fun to write home about. You get mixed reactions when you tell them about the wonderful "Wild Affairs" at the Sandy Lane Hotel.)

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I am pleased... to be here at Biltmore Estate, where so many visitors like you come to explore Mr. Vanderbilt's chateau and gardens. And where you're welcome to come for a taste of Europe without going very far from home. Bon jour and see you soon!

Philippe Jourdain
WINEMASTER OF BILTMORE ESTATE



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ASHEVILLE, NORTH CAROLINA



The 112-room Sandy Lane Hotel is located on the tranquil Caribbean side of the island of Barbados.

The highlight of the Starlight Terrace is its lighted dance floor. Unlike our discos in the States, this dance floor is made of cement with star-shape cut outs housing the lights. The Sandy Lane may be the only hotel in the world where you can dance under the stars, on the stars and with the stars.

After you dance the night away, you'll probably want to return to your room to shower and wrap yourself in a Sandy Lane lush terry robe. Then open your sliding doors and welcome in the balmy night air. The next morning have your breakfast brought to you on your terrace or enjoy the scrumptous buffet in the hotel's Sandy Bay Restaurant. The view is spectacular from any table. Huge breadfruit trees shade the surrounding pure white sand beaches which stretch to the turquoise-blue sea. Unlike our Atlantic Ocean, the Caribbean laps gently at the shore.

After breakfast, George Forte or Angela Duguid will be happy to show you around the hotel. However, unless you are suffering from an acute case of sunburn or are hiding from a very rare storm (temperatures range from 70 to 90 degrees Fahrenheit year-round), you won't want to spend much time indoors. The hotel is happy to arrange tours of the island.

Originally inhabited by the Arawak Indians of South America in the 1500s, Barbados was discovered by Portuguese sailors in 1536. The Portuguese never laid claim to the island, so in 1625 a British expedition headed by Captain John Powell claimed it in the name of the King of England. Today, many British traditions prevail on the island — high tea, cricket, polo, police uniforms, horseguards and the court system.

The island is divided into 11 parishes but there are two distinct areas — the Caribbean (leeward) coast and the Atlantic (windward) coast. The Sandy Lane is on the Caribbean coast in the parish of St. James.

Start your island tour by driving to nearby Harrison's Cave — its Visitors Centre has a fascinating exhibit of Arawak Indian artifacts found on Barbados. Even more interesting is the mile-long tram ride which takes you through the subterranean stream passages. Stalagmites rise from the floor beneath the dripping calcite-laden waters which are actively forming them. At one point you can leave the tram (underground) and walk alongside a 40-foot-high waterfall which plunges into a blue pool below.

Next, back at sea level, visit St. Nicholas Abbey, one of the Caribbean's oldest sugar plantations. Built in 1650, it is thought to be one of the only three plantation great houses still standing in the American continents.

Although there have been many owners of St. Nicholas Abbey (the origin of its name is somewhat obscure), it has remained in the Cave family of England since 1820. The ground floor is open to the public, revealing antique English and Barbadian furniture and a collection of early Wedgwood portrait medallions.

By this time you'll probably be getting hungry, so drive down the coast to Bathesba. In contrast to the calm beaches at Sandy Lane, this rocky coast is reminiscent of Ireland and Scotland, and has pounding surf with enormous rocks strewn about. Restrict your swimming to Sandy Lane's beaches, however. It is too treacherous here.

Bathesba may lack the sophistica-

tion and tourist-oriented meccas of the eastern coast, but its barefoot hospitality is unsurpassed. Grab a fresh dolphin sandwich and a locally brewed Banks beer at the Kingsley Club and you'll be fortified enough to walk through the nearby Andromeda Gardens. Started in 1954 by Mrs. Iris Bannochie, whose family has owned the land for more than 200 years, the garden now houses thousands of exotic plants from all over the world. Try to resist taking pictures of each species, though. What on earth would you do with them all?

Returning to the hotel, have your driver point out old sugar plantations and other landmarks. There is plenty to see, even on the narrowest, hairpin-turn road. If you return by 4 p.m. you'll have time to make the Jolly Roger's sunset dinner cruise. Although this cruise is the commercial antithesis to your nature-filled day, it is worth the experience. The boat (manned by native "pirates") has an open bar for rum punch and Banks beer, and a calypso band that refuses to let you sit still. Regardless, it's a beautiful way to see the sunset and the island.

The next day, take advantage of your duty-free shopping status and head for Bridgetown, the capital of Barbados. You'll have to take a taxi to the town, but once there, it's easy to get around on foot. Although most items in Barbados are imported and therefore are quite expensive, British-made products and island handicrafts are excellent buys. Cave Shepards and Harrison's on Broad Street are good for crystal and china. And just about anywhere on the island, including the airport, is good for stocking up on Barbados rum.

While in Bridgetown visit historic Trafalgar Square featuring Nelson's Monument. It's just around the corner from the shops.

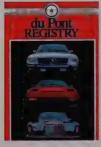
But don't let those 1,000 feet of pure white sand beach at the Sandy Lane go to waste. There is a water sports facility on the property which will prepare you for waterskiing, catamaran and sunfish sailing, snorkeling and windsurfing. And don't worry if you're a novice—there are five instructors. In addition, the hotel can arrange special trips such as scuba diving at the Barbados Underwater Park (which features a sunken 350-foot Greek merchant vessel), luxury sailing aboard a 100-foot yacht, deep-sea fishing, moonlight cruises and glass-bottom boat rides.

You're bound to work up quite an appetite, with all that activity, so head for the hotel's special buffet and dine alfresco. But keep your eyes open. May-

(Continued on page 137)







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PGA Sheraton Resort

SHERATON HOTELS, INNS & RESORTS WORLDWIDE 400 AVENUE OF THE CHAMPIONS PALM BEACH GARDENS, FLORIDA 33410 (305) 627-2000 rt deco was an exciting period.
Lifestyles were changing, hemlines were fluctuating and the
world was becoming increasingly "modern." It was an explorative,
explosive time for the decorative arts, a
time of bold design and color. It was a
time when Louis Cartier reigned as the
"king of jewelers."

Cartier, who headed the prestigious House of Cartier from the late 19th century to his death in 1942, was one of the most influential designers ever to pursue the jeweler's art. Through April 20, the Norton Gallery of Art in West Palm Beach is presenting a major exhibition of his work entitled "Retrospective Louis Cartier: Masterworks of Art Deco."

"It's the largest exhibition of art deco ever in this region," says Richard Madigan, director of the Norton Gallery. "And, it's also the most significant in terms of the quality — absolutely eyepopping."

The exhibition is made up of 125 rare pieces, offering the opportunity to see an extensive group of some of the



finest designs of the art deco period. Jewelry (necklaces, brooches, bracelets, head bands, rings), clocks and personal accessories (cigarette boxes, handbags, mirrors, vanity cases) designed between 1915 and 1935 — on loan to the Norton Gallery from private collectors around the world and from the Cartier corporate archives in Paris, London and New York — are included. Examples of the Santos and Tank wristwatches, and Cartier's famed Mystery Clocks, ranked among the greatest achievements of decorative art of this century, will also be part of the show.

Third generation jeweler Louis Cartier (his grandfather opened the first Cartier salon in Paris in 1847) had great respect for the tradition of taste and quality his family built — yet, he was an innovator. He handled precious and semiprecious stones — diamonds, emeralds, sapphires, turquoise, jade, coral, lapis — with great authority, sometimes carving the jewels or combining them with enamel. In the late 1890s he intro-

(Continued on page 128)

LOUIS CARTIER

Art Deco Masterworks

BY KATHLEEN HANSEN MORAN



Top: The diamond hands of this
Mystery Clock made in
France in 1924 seem to rotate
magically, without visible
mechanical connections. Above:
This gold and platinum
headband (1922) on tortoiseshell combs is set with
diamonds, coral, black onyx
and enamel.



PHOTOS COURTESY OF CARTIER



Left: An agate base with a bird and leaf decoration holds a lapis lazuli and gold clock with diamond hands and numerals set in a faceted topaz frame (1927). Above: This woven seed pearl handbag, circa 1928, has a gold and white enamel frame set with diamonds, carved emeralds, rubies and sapphires.



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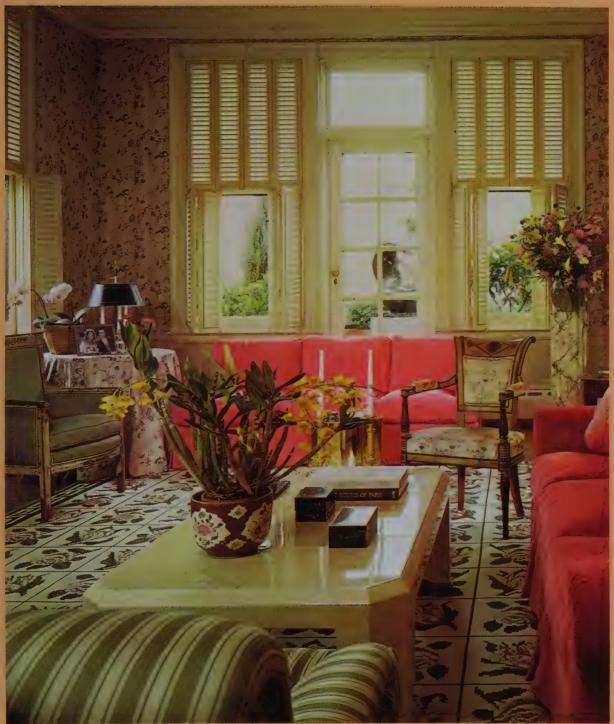
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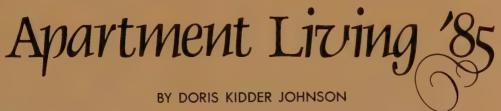
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Floral patterns echo a garden terrace that surrounds this Park Avenue penthouse designed by Kiser-Gutlon Associates.



From the Palm Beach condominium to the Park Avenue penthouse, Palm Beach Life's apartments for 1985 define the good life for those on the move and in the know.

The tastes of the tastemakers are interpreted by Florida designers with origins in New York and Beverly Hills. The common denominator — turnkey elegance, presented in a variety of styles and moods.

OW BEKNISEL



Eclectic Mix of Style and Color

A collection of folk art inspired a background of warm pinks and simple architectural details. "The adobe-like niches remind me of the Southwest," says designer Audrey Hays. "My objective was to create a setting that would enhance the Pueblo Indian art, yet satisfy the client's need for softer more traditional furnishings."

The plan began with an architectural concept borrowed from the classic post modern style.

The simple angular background provides a gallery-like backdrop for the graceful curves of pottery, furnishings and floral patterns. Contemporary stone cylinders and slabs used as tables contrast with traditional French chairs. A lizard skin cocktail table from Karl Springer complements the floral fabric from Clarence House. Mexican clay floors throughout the apartment are outlined in contrasting black ceramic tile.

The strong geometric qualities

of the apartment were further enhanced by moldings, built-in cabinetry and lighting. Black is used both for definition and accent. "The soft pale pink repeats the color you see in the desert," says Ms. Hays who spends her vacations in Santa Fe where she acquires new pieces for her own collection of Indian crafts.

"I like this totally eclectic approach," she says. "The mixture of styles and textures makes the setting both exciting and personal."

— DKJ

Apartment Living 85







Above left: A large painting of a vase by Harry Soviak highlights dining area. Dining chairs are covered in bold Carleton Varney stripe. Above: A Romanian kilim rug by Stark brings color to den area. The sofa is by Brayton International. Granite cocktail table by Decorative Dimensions.

Left: Adobe-like niches display a collection of Pueblo pottery in entrance foyer.

PHOTOS BY
JULIE ANN CLAYTON

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PALM BEACH LIFE—APRIL 1985

Below: Florentine figure heralds a welcome at the entrance to a classic Palm Beach apartment. Tole vitrine and Regency chairs are from Trouvaille.



Right: A view of the living room looking toward the terrace and beautiful sunsets. Windows are framed with a rainbow of silken stripes above the den area. Fabric is from Patterson-Piazza Inc.

Opposite page: In main sitting area, a brass cocktail table from Baker, Knapp and Tubbs and elegant chairs from Lewis Mittman combine modern and traditional furnishings beneath a painting by American primitive artist John Kiraly.



Old Palm Beach... Cool and Contemporary



What could be more architecturally spectacular than the soaring space of this Biltmore condominium in Palm Beach. The classic structure was created in the 1920s as the Alba Hotel, a building reportedly "unrivaled as to beauty — with the charm of Old Spain." French cuisine was served in the Isabella Room, and guests danced 'til the wee hours to the tunes of Barney Rapp and his famous society dance orchestra.

In its latter-day renaissance, the building was renovated as luxurious condominiums. "In this instance, the owner wanted modern furnishings with a mix of traditional," says designer Frances Lee Kennedy who came to the Palm Beaches from New York where she had designed the apartment of former President Richard Nixon. Her design associates Joann Cavanagh and Larry Stauffer began by dividing the space into functional groupings and defining the areas with black granite inlays in white crystalline marble floors. "The lighting was critical," says Ms. Kennedy. "We took advantage of the 24-foot ceilings by installing spot lights at the highest points and by lighting the beautiful Corinthian columns."

The art work, all selected from the Findlay Galleries Inc. of Palm Beach, inspired the accent colors in the cool white setting.

-DKJ

.Apartment Living '8



The den sofas covered in fabric by Glant, area rug from the Hoffman Collection and a painting from the Robert Kyle showroom in West Palm Beach.

Casual Comfort A Tropical Mood

PHOTOS BY KIM SARGENT

"I feel like a playwright on opening night," says designer Mark Andrews. "I pace and I fuss until the client arrives and the reviews are in."

Andrews is used to opening nights, having come to the Palm Beaches from Beverly Hills where he designed homes for such Hollywood celebrities as Sylvester Stallone, James Coburn, Ava Gabor and Sara Churchill among others.

This oceanfront condominium received rave reviews from the owners who approved a fabric sample or two, but did not see the apartment until it was completed a few months later. They marveled at the "magical creation" which transformed an empty shell into a complete living environment including silver, crystal, china, linens and a stocked refrigerator. The client's request was for "something beautiful and carefree" which was translated to casual tropical furnishings and easy care fabrics and surfaces. Mirrors, exotic accessories, and ambient lighting provide the nighttime drama that the designer believes is a must for everyone.

"I treat all my clients like movie stars," says Andrews, "but, I also find out as much as I can about their personal tastes and how they like to live."

- DKJ

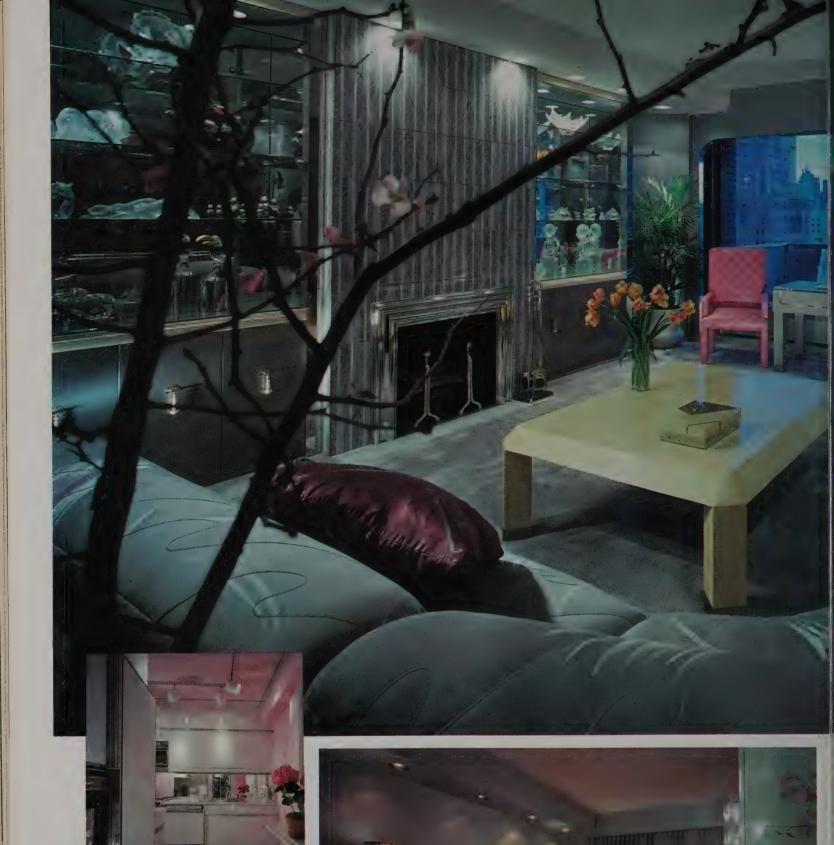


Above: A large painting by local artist Phillip Reid is a colorful focal point above the large console in the living room, designed by Andrews. Cocktail table is by Keller Williams. Sandblasted and pickled plantation shutters are from The Shutter Shop. Right: Master bedroom is sumptuously simple with cotton fabric from Hinson and Company, and upholstered headboard and chairs. Night tables are bleached antique Japanese Tansu chests. Far right: Casual and tropical ambiance for dining is created with bamboo chairs from Willow and Reed and bamboo table base from Bloomingdales in New York. Bleached wood floors are by Custom Floors and mirrors by B & B Glass.









Top: Display cases trimmed in bone were designed for the Lalique crystal collection in the living room. The marble-faced fireplace, curved soffits and window surrounds add architectural interest to the art deco theme. Above: The new kitchen is starkly white with a blush of pink. Right: Hand painted fabric and lacquered furniture arranged like a sculptured stateroom.

New York Modern with Art Deco Overtones

PHOTOS BY FRANK B. RITTER



In the library is a painting by Behreas, purchased at Findlay Galleries in Palm Beach, that brings a Florida touch to New York. Cabinetry designed by Ms. Finn, was executed by Mansfield Manor.

Interior designer Charlotte Finn loves the clean, uncluttered style of this New York apartment. "The most important design request was that we use an overall theme of grey with pink or cerise — the colors of a beautiful needlepoint hanging executed by my client."

Once the color key was established it was pure Charlotte Finn — gutting the entire space and redesigning the kitchen, baths, cabinetry, lighting and architectural details. "The concept involved

contemporary elements with strong overtones of art deco," says Ms. Finn, who was given *carte blanche* to select all materials, accessories, paintings — and a collection of Lalique crystal which she purchased in Europe. "This was one of my most pleasurable projects," she says. "The clients were so receptive to new ideas and concepts, it was a joy to work with them."

The owners were delighted, as they knew they would be. Charlotte Finn had designed their large Florida home several years before.

— DKJ



Left: Dining room is a salon of gleaming textures and patterns. Chairs, table and buffet are from Philip Daniels.





Above: Country theme is enhanced in living room by an antique carved mirror above a handsome Old English sideboard.

Right: Upholstered walls and matching fabrics bring softness and serenity to bedroom. The four-poster bed is from Matches III in Miami.





Left and above: An antique horn mirror complements antique pine furnishings imported from England for the large country kitchen. Opposite: Grass cloth wall and a dark floral chintz are practical solutions for a family living room. Focal point is a large painting by Marche Avery. Upholstered furniture and cocktail table are from the Kriess Collection at Matches III in Miami.

A Vacation Retreat With A Country Theme

PHOTOS BY MARTIN FINE/FORER INC.

Vincent Motzel designed this condominium in the Palm Beaches as a casual winter retreat for clients whose homes in the North are formal and elegant. "They wanted just the opposite — informal and casual — for their Florida home," says Motzel who is a graduate of the Parson's School of Design in New York. "The clients are family oriented, so children and grandchildren are very much a

part of the design concept."

A country theme is established with antique English pine furnishings and pickled oak plank flooring. The kitchen features a breakfast table large enough for the whole family to enjoy. Motzel chose colors, fabrics and furnishings to suit the client's desire for a setting "where adults can be relaxed and children can be themselves." The soft plum grasscloth walls and

fabrics in the living room, accented by a plum floral chintz are virtually soil-proof. Antique English pine pieces were selected because they have already stood the test of time and wear — and are the richer for it. The plank oak flooring is impervious to spilled drinks and dripping bathing suits. The owners' collections of antique porcelains and Americana add personal accents. — DK J

PALM BEACH LIFE—APRIL 1985



Above: A gouache by Domergue hangs above an Adams console in the card room. English game table is late 18th century. Right: Empire table is set with Waterford and Baccarat crystal. The table and yoke-backed Georgian chairs are from Mill House Antiques. The unusual console of faux bark and twigs is accented by the "Graffiti" canvas by Stabilitto, and by a small painting by Donald Roller Wilson. Walls are upholstered in Clarence House "Papiers Japonaise."



Traditional with a Twist

Park Avenue Penthouse

PHOTOS BY TOM BERNTSEN

When Lee Radziwill sold the Park Avenue penthouse she designed for her own use, the new owners commissioned Kiser-Gutlon Associates to redesign the setting. "Mrs. Radziwill had made design decisions establishing a mood and a character of informality and elegance," says Audrey Gutlon. "Our objective was to preserve and enhance those design aspects, and to add furnishings and art to reflect the personalities of the new owners."

The background and shuttered windows translated beautifully from Radziwill's English country garden feeling to a more stylized mix of French antiques and contemporary accents. The terrace garden that surrounds the apartment is planted for all seasons and punctuated with a James Knowles sculpture.

The exterior garden continues indoors with carpets and fabrics in floral patterns. Antique furnishings were selected piece by piece from Malmaison, Paul Martini and Mill House Antiques.

"It is as important for a designer to know what not to change, as it is to know what must be done," says Dan Kiser who won a Hexter award for his own New York apartment. "In this case, restraint in some areas and boldness in others preserved the charm of the past and added a crispness and style very suited to the client and the present."

-- DKJ



Left: Paisley pillows from Boussac enrich the Quadrille sofa fabric in library. French chairs are from Frederick Victoria. Antique porcelains and a vase by Picasso add sparkle. Below: A canopy bed dressed in Porthault linens frames a French 1920s modern entitled "The Bathers." Impressionist portrait of "A Lady" hangs above the draped dressing table lighted by 18th century wood and lead candle lamps. Walls are finished in eponge glaze. Fabrics from Brunschwig & Fils.





Left: Two paintings by Leger command attention in the living room arranged with French Empire chairs and sofas in silk moire. Large collage above sofa is by Terry Whitworth. Eighteenth century Waterford candelabras grace the 200-year-old marble fireplace. Area carpet by Stark

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Robert Helsmoortel

BY CHARLES CALHOUN

here was a time not so long ago when I found myself covering the Palm Beach art world on an everyday basis -"every-night" basis might be more accurate, for more time seems to have been devoted to rushing from one opening to another than actually looking at pictures. It was my good fortune to discover that amid the glitter and noise was at least one quiet refuge of good sense and calm.

It was a studio in Phipps Plaza the closest Palm Beach has ever gotten to those half-hidden little squares which make life in a European city such a pleasure — and it was occupied, appropriately enough, by a Belgian-born sculptor. Outside bougainvillaea climbed and oranges blossomed, but inside the cool, shaded, high-ceilinged room the atmosphere was of another time and place — the workshop perhaps of an old Flemish master, with that touch of the alchemist's laboratory which adheres (in my imagination at least) to any place in which artists work with metal. Unlike most of his colleagues in town, this particular artist seemed in pursuit of greater and greater simplicity - like an alchemist, refining forms to their purest, cleanest, most valuable state.

The final work — the welding of tons of aluminum and steel - took shape, of course, in a distant and purely functional place in some commercial neighborhood over the bridge. In the studio the artist made his models, little geometric toys of cardboard and wood which, by some feat of metallurgical magic, would someday tower over you and me as we hurried about our business in a great office complex or apartment house lobby.

The artist — Robert Helsmoortel has since moved to even more handsome quarters a few blocks away, carrying with him his essential seriousness of mind, his devotion to the beauty of pure form and his playfully ironical attitude toward the community in which he chooses to spend much of his year. The presence of so severe and classical a modernist in so lush and baroque an



Above: Robert Helsmoortel is dwarfed by his stainless steel bas-relief sculpture that is exhibited at the corporate headquarters of Sunrise Savings and Loan in Boynton Beach. Right: Two models of painted steel sculptures in front of a Helsmoortel painting.







environment is one of the unexpected delights awaiting anyone exploring the Palm Beach art world today.

A recent conversation with Helsmoortel found him about to rush off for New York — where he keeps another studio and where he has worked with some of the leading architects of the day - and full of news about just-completed projects for new buildings across South Florida — from offices in Boca Raton and Miami to the atrium of a Schwab & Twitty-designed luxury condominium in Naples. By the time this appears in print, announcement may have been made of one of his biggest projects to date - a commission which will leave his mark on the Palm Beaches on a scale offered few other artists. He has been

(Continued on page 149)



Above: An 11-foot sculpture in the atrium of the Esplanade in Naples.

Left: A model for a 26-foot concrete sculpture in front of a painting which is also by Helsmoortel.

Spring HAUTE COUTURE Collections



BY AGNES ASH

Paris and Rome have gone Hollywood. That was obvious in the Spring Couture showings as big name designers presented skinflicking evening gowns and daytime clothes with nipped waists and broad shoulders.

It was Joan Crawford, Gloria Swanson and Rita Hayworth all the way. The blond bombshell has fizzled out. Even the glowingly healthy, athletic golden girl has been left on the cutting room floor. From now on it's dark hair and olive skin. All made possible, as it has been in the past, for everyone who wants to make the change at the hairdresser or the cosmetic counter.

Yves Saint Laurent improved on the *Gilda* look. The *Gilda* dress is the strapless form-fitting gown worn by Rita Hayworth in her big box office movie of that name. Jean Louis designed the original. Last fall he had a retrospective at Galleries Lafayette, a Paris department store.

Obviously, Paris couturiers do leave their salons for the real world of the department stores. Jean Louis left his mark on them somewhere.

Marc Bohan's collection for Dior featured the clinging, asymmetrically shaped gown. Emanuel Ungaro traced the torso with shirring. Valentino encased the body with an empire sheath, sometimes leaving it simple, other times adding full side panels. Givenchy tightened up the shape and went Hollywood glitzy by embroidering fabrics with jet beads, pearls and rhinestones.





♦CHANEL ▼







PHOTOS BY CHARLES GERLI

SCHÖN 🔺

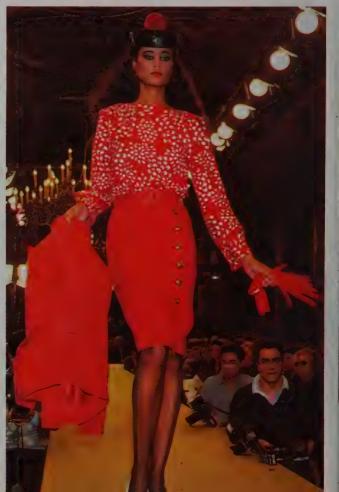
DIOR





▼ VALENTINO▶







Metamorphosis On Florida's Space Coast...

Melbourne

BY ART LATHAM

It wasn't exactly what Melbourne developer Bob Lynd had in mind.

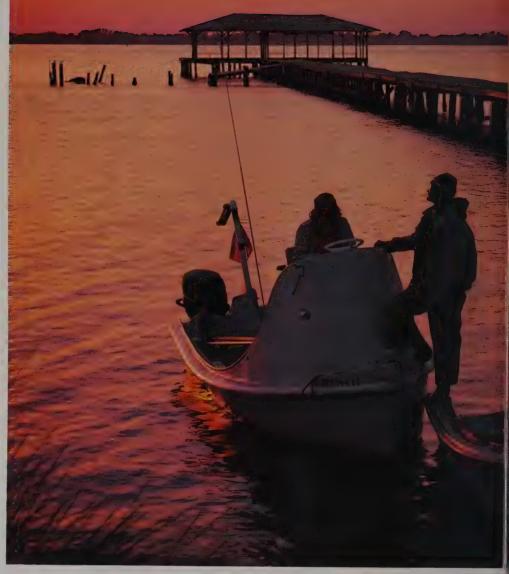
The mercury hovered around freezing at the Third Annual Brevard Symphony Orchestra's Melbourne Harbor Designer Showcase Gala. The canvas of the blue-and-white tent flapped in the damp, frigid January breeze. It was the kind of weather that could have been an embarrassment to a developer like Lynd, who was trying to pitch his plushly appointed, six-figure condominiums while also helping the orchestra. It was the symphony's major fund-raiser and it was, luckily, the hometown crowd who knew Melbourne's semi-tropical weather occasionally means "get out the fur coats."

The crowd of nearly 300 arts supporters had taken its time touring the five lavishly decorated waterfront dwellings, but then they were out of the penthouse and into the weather. Indeed, this was a hardy corps who would brave almost anything for symphony and song.

A small but devoted group bundled in coats over evening dress stayed through cocktails and dinner in the condos' huge, decorated, heated garage, then returned to the drafty tent to hear John Stewart, a former member of the Kingston Trio, sing a few of his original songs. He pleased his audience with "A Man Named Armstrong is Walking on the Moon." And as a finale to his understandably brief set, Stewart sang, "Oh, Mother Country, I Do Love You."

Stewart was a California visitor to Melbourne, but his patriotic lyrics fit the ethos of this small waterfront town as snugly as did the numerous yachts which docked nearby in Lynd's \$27,500 slips.

Five years ago such a benefit gala would have been unheard of in Melbourne, but this once sleepy fishing village on the banks of the saltwater lagoon, known as the Indian River, is

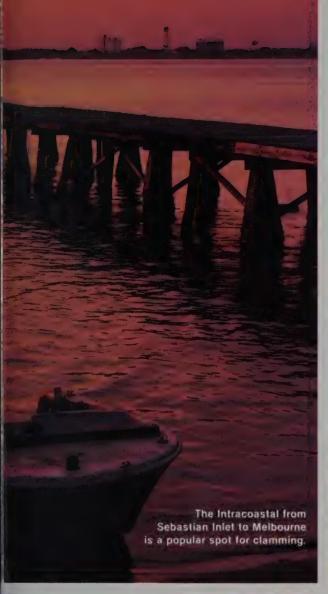




Above: Melbourne Beach Mayor Jean Becker, who teaches at nearby Gemini Elementary School, wants to maintain high zoning standards to keep the residential character of the town. Right: One of the oldest homes in Melbourne.



PHOTOS BY STEPHEN LEEK

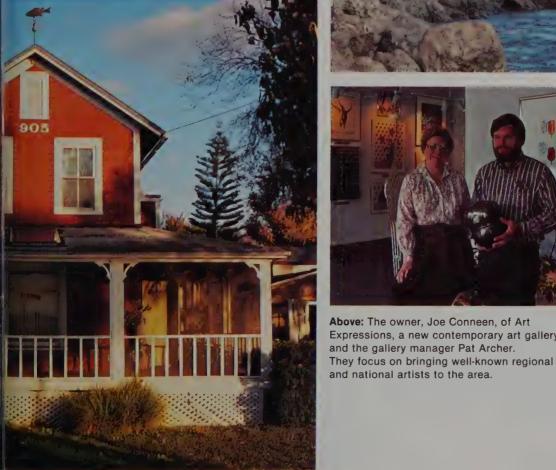




Left: Melbourne's Mayor Harry Goode comes from one of Melbourne's founding families that arrived at Crane Creek in 1877.









Above: The owner, Joe Conneen, of Art

Expressions, a new contemporary art gallery in Melbourne,

Top right: Liz Hanson founded The Ten: Women in Art, a group of artists who have had exhibits in Melbourne, Tequesta and at Stetson University in Deland. Above: Sebastian Inlet is an ideal spot for fishing.

Right: Dr. Jerome
Keuper is
the founder and
president of Florida
Institute of
Technology.
Below: USFL
Showboats team
members, Jimmy
Sharpe and Gary
Huff, at training
camp at Florida
Institute of
Technology.





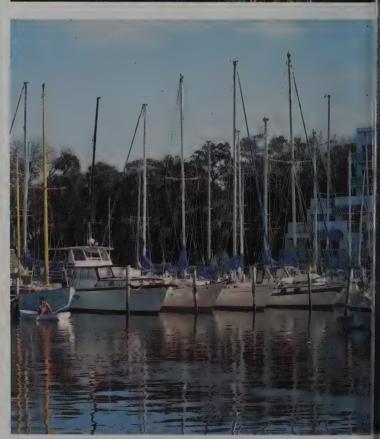


Above: Poor
Richard's Inn in
Melbourne
specializes in
table side
gourmet cooking.
Right: Author George
Plimpton, board
member of Aquarina
Inc., and Aquarina
Phase One marketing
director Lee Shur.



Right: Waterside condominiums have a charming view of Melbourne Harbor.





A view of Melbourne Harbor and, on the left, a boat house renovated by John Saunders.



cadets volunteered their services assisting guests at the Designer Showcase.

Left: Dennis Meehan of Meehan Stationery Co. Inc., a long time supporter of the Brevard Symphony Orchestra, loaned equipment to set up a temporary office at Designer

Above: Florida Air Academy

'Theater, dance, fine arts—everything's improving'

today the Space Coast's major metropolitan area.

For years, the Melbourne environs garnered national attention only when people like native son Jim Morrison burst on the rock scene with The Doors. or when the space program scored another significant shot. Brevard County, home to no major network-affiliated television station, got a daily newspaper as recently as 1966. Keyed to the Orlando market, Brevardians along the sandy littoral of the Atlantic Ocean felt isolated from the worlds to their north and south. Despite the fact that the county courthouse is in the extreme north end of the county and Melbourne, the major population center, is in the south end, the county still retains a veneer of insularity — even though the Melbourne skyline is now blocked, for the first time ever, by a building over six stories high.

The insularity and the tensions of the emerging space program have made for some contrasts.

By the time the Harris Corp., the area's largest employer (after the government), merged with the Melbourne high-tech firm, Radiation Inc. in 1967, the frantic world that author Tom Wolfe described in *The Right Stuff* was going strong.

Ann Jones was a government contract worker at Patrick Air Force Base for more than 32 years. Working now as a volunteer for the Brevard Symphony Orchestra, she recalls those days. "It's always been very glamorous here for the people who came down for the (rocket) shots." Ms. Jones, a New Jersey native, also recalls the parties and carryings-on after a successful launch.

So does out-of-stater, Tom Wolfe, who called the festive atmosphere an "endless, seamless party."

Today, as Brevard County changes from moon race mania to shuttle secrecy and tackles the solid business of making a space transport system work, the mood also has changed. And the county has endured its share of hard times. After the moon shots, it decompressed at a Below: One of the displayed interiors at the Brevard Symphony Orchestra Designer Showcase, a dining area of a Melbourne Harbor penthouse, designed by Barbara Ann Barber. Right: A view of Melbourne Harbor, the body of water at the intersection of Crane Creek and the Indian River.







Above: This living room, shown at the Brevard Symphony
Orchestra Designer Showcase, was designed by
Designers West Interiors for a patron of the arts.
Below: William M. Lohse, chairman of the Brevard
Symphony Orchestra, a retired NASA executive who was
formerly a captain in the Navy.







Left: The White House photographer for the Kennedy administration, Cecil Stoughton, and his wife Faith. Cecil now photographs the Brevard Symphony Orchestra's social events.





Top: Battle and Jean Hales, patrons of the Brevard Symphony Orchestra and active arts supporters.

Above: Darcia Francey, one of four who coordinated the Designer Showcase, and her husband John. Both are Brevard Symphony Orchestra members.

rate that would give a deep-sea diver the bends. Real estate prices tumbled, the party atmosphere dissipated.

Slowly, ever so slowly, the county has recovered.

An important undercurrent has begun to surface here in the past six years. Many of the older generation of space workers — World War II pilots, engineers, CIA agents and other government employees — have begun to return to the area as vigorous retirees. Their efforts to upgrade the fine arts, along with the hard work of the folks who've always lived here, are paying off. One piece of evidence is the current fine arts boom which many Melbournites welcome as fervently as they do the business upturn.

Sixteen years after Neil Armstrong sped moonward from Kennedy Space Center (KSC) in an Apollo rocket chockfull of integrated circuitry from Melbourne businesses, and took a giant step for humankind, the "Harbor City" is weaning itself from the vicissitudes of the aerospace industry. Yet, greater Melbourne (home to about 50,000 people living 45 miles south of KSC) is building on Space-Age, high-technology spin-off industries, especially in the Palm Way and Port Malabar communities immediately to its south. So important is technology's impact, local wags call the area "Silicon Swamp."

That impact is evident in the area's population and building booms, in the diversification of its industries, and the new businesses springing up like mushrooms in a West Melbourne horse pasture after a summer rain.

Past booms were fueled by fat government contracts financing technological wunderkinder moving south from high-tech campuses and production centers to answer John F. Kennedy's call to open a New Frontier in space. Today's

(Continued on page 130)



Maria Tunicka

The Brevard Symphony Orchestra's

MARIA TUNICKA

The auditorium crowd hushes as the small tuxedoed figure strides to the podium. She raises a baton and slashes it through the downbeat. The 70-member Brevard Symphony Orchestra crashes into the stirring first notes of "Jupiter," the opening movement of Holst's "The Planets."

Maria Tunicka, BSO's music director and principal conductor, is in control.

In her ninth season with the BSO, Tunicka challenges herself and her orchestra — primarily non-professionals — to perform works most amateur orchestras wouldn't attempt. "The Holst piece is very, very difficult, but I feel like we can do anything. An orchestra is a group that can do things they don't believe they can do individually. We are continually surprising and surpassing ourselves," she said in an interview early this season.

Tunicka's supporters appreciate her energy, but her brusque continental ways sometimes leave them perplexed.

Arts patron and violinist Dottie Blue lived in Indialantic from 1963-73, left the area for a decade, then returned with her husband, Robert,

(Continued on page 136)

Carolina Herrera

Incorporating a Personal Style



BY BETTY YARMON

Venezuelan-born Carolina Herrera designs clothes that communicate her fashion sense. Already recognized by the fashion world as a member of a best dressed list for over a decade, her fashions were first featured by a publication in the September 1981 issue of *Palm Beach Life*.

"My clothes are a reflection of my own personal style. For a woman that is very important. I wear my own clothes, and would design nothing that would not be right for me. I know it is rare these days for women to be fashion designers, but in the 18th and 19th centuries women were responsible for most of the fashion designs, and women were really lovely then," says Mrs. Herrera.

Since entering the fashion design business, Mrs. Herrera has built an impressive corporate image. She introduced a fur collection and entered into an exclusive agreement with Itokin, a prestigious Japanese manufacturer that markets and retails Mrs. Herrera's designs exclusively to the Japanese market. "I put a great deal of energy into this enterprise," she says.

Featured this month is Carolina

Above: A daring one-shoulder dress in red silk crepe with beading around the shoulder. Right: A skirt and jacket with long, easy lines in smoke grey and white.

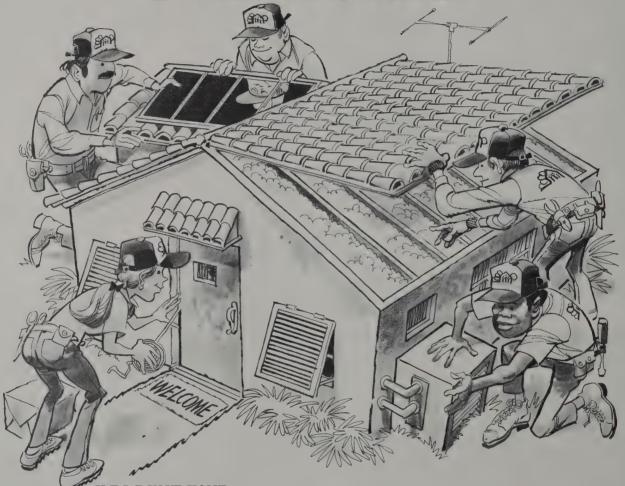
The jacket buttons in front and has a low-cut neckline.

PHOTOS BY AKIRA SUWA





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Mousselines

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STORY AND PHOTOS BY ROSA TUSA

f the food processor did nothing more than make the mousseline within reach of every home cook it would be worth a place in the kitchen.

The procedure of pounding, grinding and straining required to achieve the texture of a proper mousseline before the advent of the food processor was too tedious — even for the restaurant chef.

The invention of the processor has made this darling of French cuisine common fare in American restaurants and at the home table. Elegant as a first course, the mousseline can also be the main course for a light luncheon or supper. What's truly great about this dish is the mixture can be made and refrigerated up to a day ahead. Even after baking, mousselines have a long refrigerator life — up to 48 hours. Serve them cold with a mayonnaise sauce, or reheat in hot water.

Savory mousselines are nothing more than molded puddings made of a puree of raw fish or seafood (or meat and poultry) bound with egg whites and lightened with cream. Egg yolks are sometimes added for richness. Unlike mousses, the fish or meat is always raw.

For advice on making mousselines, you cannot do better than Madeleine Kamman, a professional chef, author and teacher who has few peers as a cooking authority. Born in Paris, Kamman, as a young woman, worked at her aunt's Michelinstarred restaurant in the Loire Valley. After marrying in the United States, she became involved in the teaching of her native cuisine.





When Madeleine Kamman appeared at the Pot 'n Pan Tree Cooking School in Palm Beach, she demonstrated the preparation of Mousseline of Shrimp with Tomato Saffron Sauce. The recipe is one of the mousseline recipes featured in her latest book In Madeleine's Kitchen (Atheneum New York, \$19.95). The book is more than a collection of recipes; Kamman teaches, analyzes, and explains.

In addition to shrimp, the mousseline mixture contained deep sea scallops which Kamman prefers to the tiny bay scallops because they have more collagen (the liquid gelatinous tissue that binds the fish fibers together). Success is possible with bay scallops provided they are fresh. A mousseline paste made with fish and shellfish that are not fresh will lack firmness and will not hold the cream as well; the final texture will be imperfect and will look semi-curdled, Kamman points out.

Among the most desirable fish and shellfish are pike, salmon, lake trout, red snapper, Maine and Florida lobster, large shrimp and large crayfish.

The mousseline cooks in a hot water bath. Pack the mixture into well buttered ramekins, 1 to 3 ounces in capacity. Two 1-ounce mousselines make a lovely first course, Kamman says. "One 3-ounce mousseline, well garnished, constitutes a main course in America only; in France it can be only a first course even to this day."

Melt-in-the-mouth salmon mousselines are a luncheon entree at Chez Marcel French restaurant in Boca Raton. Served with a *beurre blanc* sauce, the dish is not beyond the skills of the home cook.

The rich and velvety white butter sauce, also known as *Beurre Nantais*, is a relatively new sauce to the home cook, who usually serves hollandaise or bearnaise.

The sauce is nothing more than butter beaten into wine reduced with shallots. Quick to make, it is delicious with any grilled or poached fish. The sauce can be varied with the addition of heavy cream.

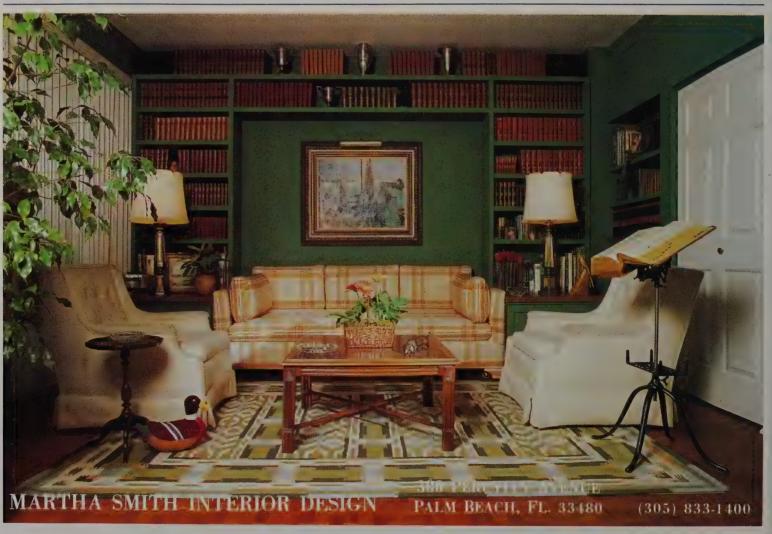
The Breaker's executive chef, Karl Ronaszeki, offered a scallop mousseline with watercress sauce as one of the beginnings to an eight-course Bacchus dinner, held during a wine seminar at the Palm Beach resort hotel. Both the mayonnaise-based sauce and the mousseline were spiked with brandy.

Tomato sauce with saffron threads adds color to Kamman's mousseline. For a bit of color when the sauce is light, decorate the buttered molds with blanched leek, thinly sliced carrot or other vegetable. A slice of truffle is impressive.

MOUSSELINE OF SHRIMP WITH TOMATO SAFFRON SAUCE Mousselines:

- 1/4 pound sea scallops without "feet" (see note)
- 34 pound raw, deveined shrimp, net weight without shells (reserve shells)
- 2 egg whites
- 8 tablespoons butter
- 13/4 teaspoons salt
- Freshly ground black pepper to taste
- A pinch of cayenne pepper
- 5 gratings of nutmeg
- 2½ cups heavy cream Sauce:
- 2 onions, chopped fine
- 1 clove garlic, crushed
- 1 tablespoon olive oil
- 1 pound sun-ripened tomatoes, unpeeled, seeded, and cut up
- 1 teaspoon each fresh chopped basil, tarragon, chives, and fennel seeds
- 1/4 teaspoon each dried rosemary,

(Continued on page 125)





BY AGNES ASH/ILLUSTRATION BY BILL OLENDORF

Last year I spoke to the University Women's Club and came away with the conviction that Vero Beach has undergone astounding lifestyle changes during the 30 years I have been vacationing in the area.

Writers who have tracked the development of Vero from its sleepy beginning to its present economic boom usually count the housing developments, the shopping centers and the fine restaurants now thriving there.

As an "old Vero hand" I do the same thing whenever I spend a weekend in Vero. It's easier to point to John's Island, The Moorings, The Riverside Theater and The Driftwood complex which once was literally a pile of driftwood with luncheons served family style on the porte cochere.

It's too difficult for a transient writer to describe. The change in Vero is permanent population. It would require lengthy research, talking to people, visiting the docks, walking the beaches, going to the Publix and the Laundromat. The physical changes are easier to validate through building and population statistics.

When I found Vero Beach in 1957, it was my first visit to Florida. My husband and I stayed in Melbourne. We had made a late decision to vacation in Florida during February. There were no accommodations to be found in the more exclusive motels in Vero Beach.

Because we had friends in Vero, we were invited to dinner at the Riomar Country Club, now St. Edward's School. The old club had a "beachside" atmosphere. The women wore silk print dresses, pastel sweaters and shell jewelry. It was a winter crowd. They came from metropolitan cities around the South where the important phases of their lives were centered and amplified. Vero was the vacation place, the unpretentious resort where nobody knew what was going on in the rest of the world and made a studied effort to keep it that way.

Jack Spaulding, a retired editor of the Atlanta Journal, tells of driving all day and most of the night to reach Vero Beach and the Driftwood Inn during the 1930s. He and his young friends would throw stones at Waldo Sexton's window to wake him so they could get into their rooms.

Waldo would stomp down grumpily. They would have a nightcap that frequently became a dawn-raiser. For a week, they would live in bathing suits and eat whatever Waldo could pull together from the local suppliers. There was no menu and no meal schedule. They ate when Waldo got ready to feed them.

In those days, Driftwood guests brought along their own cultural diversions — if they wanted culture. The portable entertainment was usually a detective novel or the most recent best seller. However, Jack Spaulding says there were a few poets among the habitues of the Driftwood Inn. Some there read serious classics and wrote poetry. Others considered Ogden Nash to be the contemporary replacement for Shelley and Keats. Dorothy Parker had an irreverent following in those days, and her work was seen in dampened form on beach towels.

When we arrived for a second visit in 1960, after moving to Florida, the Driftwood Inn was in its original state; no air

PALM BEACH LIFE—APRIL 1985

conditioning, and beds that were acceptable only because a day on the beach and the sound of the ocean put you to sleep before you could complain about the hammock-like contours of the bedding.

Vero was changing even then. The Driftwood was planning a new addition and there was a deli across the street where we could buy sandwiches to eat on the beach.

Real estate offices and banks were opening. All the support systems needed for growth were already taking hold in the community. St. Helen's Church in Vero was overflowing at every Mass.

Still, Vero catered to a winter crowd that mixed, to a degree, with a small core of year-round residents. There was social equality between those who resided in Vero proper to the west and Vero Beach to the east. The citrus growers, brokers, bankers, doctors, lawyers, retired winter residents and business leaders were all working together to steer community growth.

Vero's pioneers were all in it together. That made Vero a special place to live and kept its growth somewhat controlled but not stifled.

The first important cultural event I attended in Vero was a concert to benefit the Riverside Theater. It starred Margo Moser, a Broadway name, and it was held at the high school auditorium.

Everyone was in evening dress for the opening night. Although some men wore dark suits or white dinner jackets instead of tuxedos, all the women were in long dresses.

That evening probably marked the beginning of the "Friends of the Riverside Theater." They made some money that night and went on to build a permanent facility in the

park. It's a jewel of a theater. Every seat is a good one and the season's program is first class.

Judging from the women who attended the University Women's meeting at the Yacht Club, Vero's population has made a giant stride up the intellectual ladder.

People don't come to Vero to rest their brains and bodies anymore. There is a year-round population and those who winter in Vero stay longer. It's difficult to put your system in neutral for more than a month at a time so recreation and cultural facilities and events are growing in number.

In the group of women I met that day were lawyers, doctors, writers, educators, musicians and others who had made vigorous contributions elsewhere in the country. But more importantly, they were continuing to make these contributions in Vero. These women were not in Florida to vegetate and avoid the pressures of accomplishment. They were there to continue well-targeted business lives and to go forward with cultural enrichment. These women and their families had moved to Vero because they wanted to be near the ocean, to enjoy tropical weather and the company of people who have time to be gracious and neighborly. The people who migrate to Vero today are attracted by a community of manageable size that gives them an opportunity to get involved, to find a role in its destiny and how it all came about. That's the rhetoric, now for the statistics. Newcomers need solid numbers as well as passionate persuasion to form an opinion on Vero as a place to settle down.

The city is divided geographically by the Indian River. It was first brought to prominence as a winter resort by Waldo Sexton who came to Vero from Indiana in the 1920s. He built the Driftwood Inn, now a time-share condominium which has



annexed its former neighbor the Howard Johnson's motel on the beachfront.

Waldo was the first president of the Vero Beach Board of Realtors. His family established Vero Beach's favorite family restaurant, listed as "The Ocean Grill," in the telephone book but called "The Bucket" by natives.

Vero has a population of 17,800. All of Vero's shoreline is bottomed-out by sunken ships. It's the graveyard of the Spanish Silver Fleet that followed the Florida coastline during the War of Spanish Succession. Spain built and sent out eight ships to Vera Cruz, Mexico to transport silver already stamped into coins. Mexican laborers worked the silver mines and the mint. The ships also stopped in Havana to pick up tobacco but gold and jewelry were also aboard.

Fifteen ships, including some French flying flags, were hit by a hurricane in 1715. Eleven were sunk. These ships brought professional salvage operators to Vero right after World War II when diving equipment had improved and made it practical to attempt salvage.

The McLarty State Museum, north of Vero on A1A near the Sebastian Inlet, donated to Florida by the late Robert McLarty of Vero Beach, marks the spot where the Spanish salvors first attempted recovery of their treasure. The museum has a fine collection of Spanish relics on display.

Vero has strict building codes and height restrictions but there are many well-built condominiums, townhouses, and single home developments with a wide range of pricing. There's a small beachside colony of homes now only available for resale, called "Summer Place." Here the foliage is permitted to grow naturally and the grass is never mowed.

In direct contrast are prestigious complexes such as John's Island, The Moorings, Sea Forest, Marsh Island, Bay Tree and Sea Oaks, where there is security, precisely landscaped and maintained grounds, spacious club houses, tennis courts, boat docks, pools, golf course, private beaches, and at John's Island, even indoor squash courts. John's Island and The Moorings are the long-established developments and offer the most. Other new projects include Castaway Cove, Bent Pine, Sable Oaks, The Shores, Pepper Tree, Sea Grove, Island Shores Club, Park Shores and River Run.

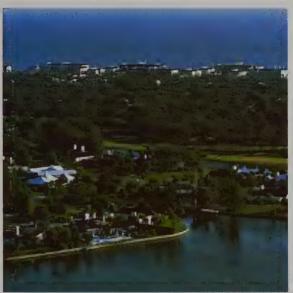
Sports fans will enjoy Dodgertown in Vero on the site where the Los Angeles Class A farm team plays a season and the first stringers show up for spring training. The New Orleans Saints and the Buffalo Bills frequently come to Vero for training sessions before the NFL football season.

There are private and public golf courses, good hospitals and places of worship. The annual growth rate for Indian River County, where Vero is situated, is 6.6 percent and its economy is based on citrus and other agricultural crops, which account for \$43 million in annual sales.

There is going to be adequate growth of public facilities to entertain all these newcomers when the buildings are filled. A Center for the Arts will be built close to the Riverside Theater. The Alliance for the Arts, with 1,100 members, and the Vero Beach Art Club, are spearheading the project. It will offer a 27,000-square-foot building on three acres with a 250-seat lecture hall, studio classrooms and areas for showing traveling collections.

Vero Beach and Indian River County's future looks stable. The Treasure Coast Regional Planning Council, in its recently published five-year outlook for 1982-87, predicts overbuilding in Palm Beach, St. Lucie and even Martin counties — but not in Indian River County, despite the fact that building activity has tripled in the past decade. There are vast reserves of good land now being used for agriculture. The time to buy in Vero Beach is now.





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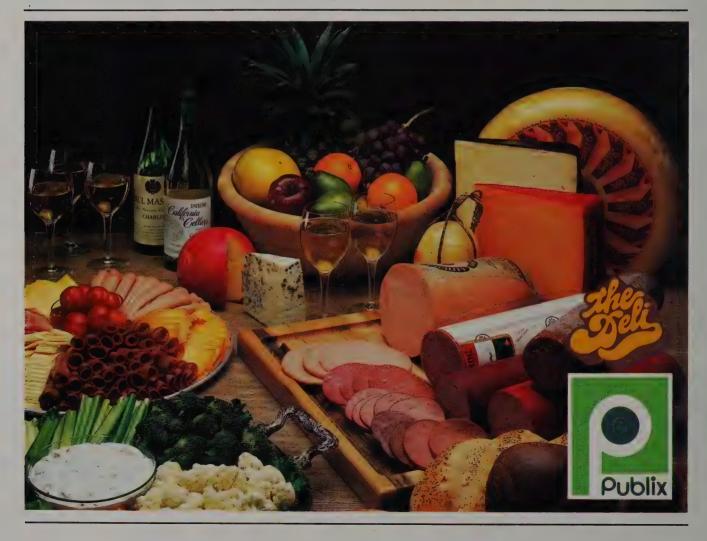
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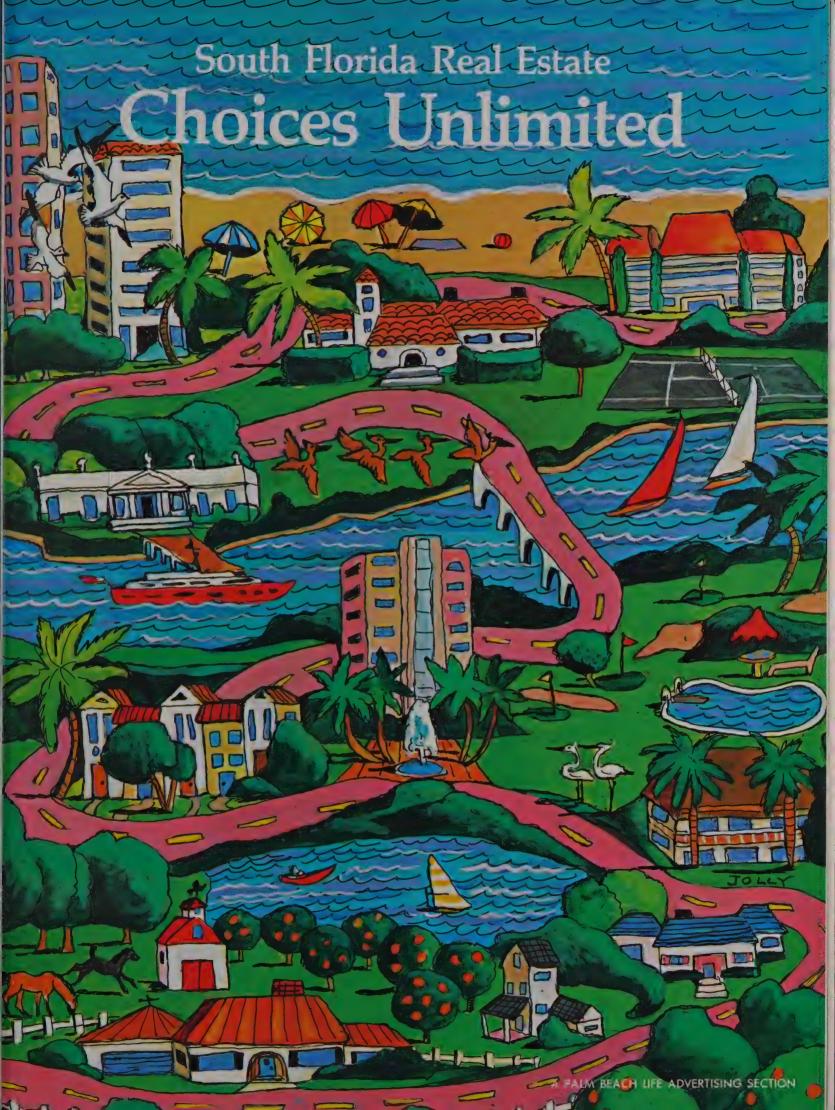
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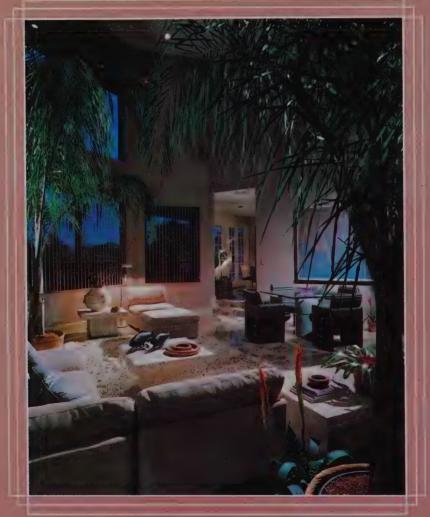




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Photograph by Dan Forer

The Sanctuary



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Choosing a Lifestyle in Palm Beach County

BY SUSAN SALISBURY

he pluses to Palm Beach County living are obvious. The glamour of the Gold Coast's style set by Palm Beach and Boca Raton combines with top-notch cultural facilities to create an increasingly cosmopolitan community. The state's largest county with 2,578 square miles of land and water is also its most prestigious address. With a population of 700,000 increasing by 25,000 or more each year, the county is attempting to prevent the congestion of Dade and Broward Counties with better controlled growth. Of course the Atlantic Ocean and Intracoastal Waterway - unparalleled in beauty — tempt swimmers, boaters, skiers, beachcombers and fishermen. All this activity is blessed by nature with year-round temperatures averaging 74 degrees.

Those buying a home here know the pluses. It's sorting out the variety of places and deciding which suits them that's difficult.

For those moving here from the North, for the newly married, for local residents buying larger homes or smaller ones now that their children are grown, and for seasonal residents, the lifestyle choices are wide and varied: A resort community with golf course beckoning each morning; an ocean- or intracoastal-front condominium with views filling the windows; yacht docks on the premises; a countryside equestrian development, or maybe just a nice, new house in a neighborhood without a country-club atmosphere. An older, existing home is always a possibility.

Philadelphians Mr. and Mrs. Edward J. Lavino II knew that golf courses and quiet, beautiful surroundings were their priorities. They found them at Breakers West, eight miles west of Palm Beach.

"It's a very, very beautiful community. The lots are so pretty. The one we have overlooks the 18th hole of the Mayacoo course," Mrs. Lavino says, adding that the Breakers West course is nearby too.

"We play golf every day. I'm not an ocean person. I could never live in a condo," Mrs. Lavino says.

It's a country setting, yet only 20 minutes from Worth Avenue and 10 minutes from the Palm Beach Mall and Palm Beach International Airport, she says.

The Lavinos plan to build an estate home and live in it six months a year, eventually retiring here and selling their home in Philadelphia. They have lived



in Boca Raton, then Boynton Beach, but the developments became crowded. They looked everywhere from Boca Raton to Stuart before selecting Breakers West.

Gene Potter, Breakers West sales manager, says 34 percent of the buyers have been local people, and the rest are largely from the Northeast. Most plan to use their Breakers West home as their main residence. Half-acre estate sites range from \$70,000 to \$115,000. Buyers select a builder from one of five approved. A \$500,000 model is offered. Cottages with zero lot lines are priced from \$209,900 to \$263,900 and villas from \$169,900 to \$217,900.

"Low density on 631 acres attracts people coming out of high-density developments. They want a peaceful, quiet country-type life. That and the reputation of Flagler System means they can buy with confidence," Potter said.

The county has many other resort communities, such as the PGA National

in Palm Beach Gardens. The resort's four golf courses, 19 tennis courts, health and racquet club and other facilities attract many who want a recreation-oriented lifestyle. Offerings include two-bedroom, two-bath golf villas beginning at \$96,000; Marlwood, a community of two-bedroom, two-bath townhomes with two-car garages from \$134,000 and an abundance of patio homes, condominiums, townhomes and single-family homes.

West of West Palm Beach, the Palm Beach Polo and Country Club's residents are mostly seasonal, says Patty Fulk, director of public relations. But, she adds, there's a fast-growing market for primary residences there too.

"Interestingly enough, in a recent survey the number one reason people said they bought here was golf," Ms. Fulk says.

Palm Beach Polo and Country Club is known for its 11 polo fields and four show barns. It also has two golf courses, 17 tennis courts, swimming pools, racquetball and squash courts and croquet lawns. Ms. Fulk says people apparently feel the golf courses are not as crowded as at a development emphasizing golf.

The community offers a wide selection of housing from \$120,000 condominiums to million-dollar homes on five acres with private horse barns.

At Boca West, one of south county's resort communities, 70 to 80 percent of the residents are seasonal.

Mike Steffen, director of sales, says, "Our experience is that some later become permanent residents, but most still keep a home up north."

Amenities in the Arvida development include four 18-hole golf courses, 34 tennis courts, an aquatic center, lakes, the security of a guard gate and only two entrances. Prices start at \$110,000 for a one-bedroom condominium. Also available are Cedar Glen patio homes starting at \$275,000, Mahogany Bend luxury homes from \$575,000 and more.

Resort communities offering golf courses, tennis courts, clubhouses and pools abound in Palm Beach County. A few in the Boca Raton area are St. Andrews Country Club, Boca Grove Plantation, Boca Woods Country Club, Boca Pointe and Bocaire Country Club.

Jonathan's Landing in Jupiter is unusual because of its combination of golf course and full-service marina on the Intracoastal Waterway.

Those who want a waterfront community but do not want a golf course have many choices. The more expensive oceanfront condominiums seem to draw people looking for a seasonal residence.

Sea Watch at Jupiter Island is on the ocean and the Intracoastal, and prices start at \$225,000, says sales manager. Annette Baldwin. Most use the condominiums as second homes, she adds.

"Jupiter Island is one-of-a-kind. It's much more prestigious than further south. We have a tennis court and 540 feet of oceanfront. People want the seclusion and privacy offered. We have many business executives who may be retiring here in years to come," Ms. Bal-

At The Corinthians, Jupiter, where

condominiums are \$175,000 and up, sales manager, Grace Noble agrees. "We have mostly northeastern and midwestern business executives, doctors and lawyers. The majority are buying second homes. We have a younger crowd of executives, since we do allow children."

In developments near the ocean, but not necessarily oceanfront, where



prices start below \$100,000, there are many year-round residents. Sea Oats of Juno Beach is 600 yards from the ocean and has a mixed population.

At the Villas of Ocean Dunes, Jupiter, prices for a two-bedroom, two-bath villa start at \$82,900 in the development 1,200 feet from the ocean.

Most residents of the Cape Codstyle homes with private rear patios live there year-round, says Pat Lilly, sales manager. Villas of Ocean Dunes features a recreation pavilion, pool, tennis courts, racquetball and jogging paths.

Yachtsmen who want to keep their beloved boat within sight should look into Intracoastal developments with docks such as L'Ermitage, Palm Beach. Prices range from \$565,000 to \$1.6 million for the condominiums.

At the Harbor Towers and Marina. West Palm Beach, Kathi DiMauro, director of marketing, says, "People are buying here because of the waterfront and the fact they have their boat right here. It's in West Palm Beach, but you have a tremendous view of Palm Beach and the water."

Future Harbor Towers resident Judith McRea of Essex Junction, Vt., said, "I thought it was an ideal location, convenient to the airport. I like the view of Palm Beach, and the price was affordable. From the large windows you can see the ocean as well as the Intracoastal."

Ms. McRea plans to continue running her hairstyling business after she moves to West Palm Beach.

Prices at The Harbor Towers and Marina begin at \$125,000. Dock space is

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\$20,000 extra, and 34 slips are planned.

Other communities with yacht docks include Old Port Cove, North Palm Beach; Oak Harbour, Juno Beach; Parc Regent, Palm Beach; Boca Bayou Yacht Club, Boca Raton; and Jupiter Cove, Jupiter.

The Bluffs, a Burg and DiVosta development from oceanfront to Intracoastal in Jupiter, is one of the few offering single-family homes within walking distance of the beach. The first phase of 1850-square-foot single-family homes with two car garages, priced from \$79,900 to \$124,900, is sold out. Another 125 acres on the Intracoastal side of the development will hold approximately 600 more single-family houses, but prices have not been finalized. Many waterfront lots will be available. Prices range from \$65,900 for a townhouse to \$94,900 for an oceanfront condominium. A deep-water marina is on the property. Racquetball, tennis and basketball courts, swimming pools and fishing lakes are under construction.

About 30 percent of the single-family home purchasers are in their 30s and about 20 percent are in their 50s, with all age groups represented, marketing director Robert Kairalla said.

A different type of lifestyle is found at The Plaza, a 32-story twin tower West Palm Beach condominium overlooking the Intracoastal. The first residents are expected in April.

"We're not selling apartments. We're selling a lifestyle," says sales manager Joan Durante. "One never needs to leave The Plaza. Complete services from



a beauty shop to a gourmet restaurant and maybe a doctor's office, will be right here. It's a self-contained building including room service, sauna, exercise room, limousine service and more."

Mrs. Durante says several purchasers are moving from large, Palm Beach homes to The Plaza. Tired of the headaches of maintaining a home, they like

The Plaza's in-town location and view of Palm Beach. About half of the buyers plan to live at The Plaza year-round and half are seasonal, she said. Prices range from \$285,000 for a 2,000-square-foot condominium to \$1.7 million for a 4,000-square-foot penthouse.

People who want lots of acreage and a place where they can literally run wild — on horseback — will probably be happiest at one of the county's equestrian-oriented communities.

White Fences at Deer Run, five miles west of Wellington, is one of the newest. The 714 acres, once a dairy farm, will eventually be the site of 135 luxury homes. Five-acre lots are \$100,000 and up, and houses start at \$180,000. Plans include show jumping rings, polo fields and horse shows in addition to the four completed dressage rings.

Dr. Howard Pferdekamper and his wife Gisela of Germany are developing the property. They breed Hannoverians, horses originating from Hannover, the capital of Lower Saxony in West Germany. An active crowd of horse lovers of all ages is expected to build luxury homes and barns at White Fences, says Realtor Mrs. Renate Dick.

(Continued on page 114)





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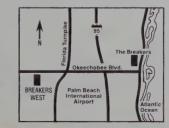
For a personal tour or information, please call the Breakers West sales office at (305) 793-6003. Or better yet, see it on impulse: Breakers West is located three miles west of the Florida Turnpike. Sales office hours are 9 a.m. to 5 p.m. daily.

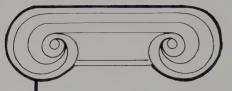
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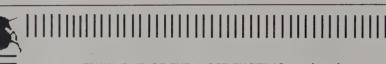


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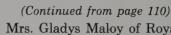


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CHOOSING A LIFESTYLE

Mrs. Gladys Maloy of Royal Palm Beach has built a barn on her property at White Fences and plans to build a house within the next few years. She sells condominium stalls for horses (each of the 25 stalls costs \$12,000) whose owners send them to Florida for the winter.

"It's the largest dressage-oriented equestrian community in the U.S.," Mrs. Maloy said. Dressage, an Olympic event, is a complex, difficult type of exhibition riding.

Aside from the camaraderie with other horse owners, Mrs. Maloy, a Palm Beach County native, says she likes country living. "It's easier to get around out here. Wellington has brought a lot of shops and development out this way."

What's available for people who want a new home, but don't want country clubs, golf courses, yacht basins or horse barns? The county offers many townhouse developments, usually with maintenance provided, and plenty of single-family homes. Some of these developments include pools and tennis courts.

At the Estates of Silverlake, Boynton Beach, residents of 169 single-family homes can enjoy a clubhouse, swimming pool, pavilions, three tennis courts and a 25-acre lake. Home maintenance is available. Houses with lots begin at \$155,000.

"We have a mixture of professionals still working and some who have sold their businesses and retired. A lot of them don't want country club living. They don't care about the social aspect. They don't care about playing golf every day, why should they pay for it? Here they can put more of their money into their home," says sales director, Susanne Morley.

Many people want the privacy and security found in places like the Estates of Silverlake, where a guard is on duty.

It's not a first-time home buyers community, but buyers include local people and those from out-of-state, Ms. Morley says.

At the Estates of Lake Clarke Shores, near West Palm Beach, the emphasis is on single-family homes located in-town. The custom-built homes by Satter Corporation begin at \$112,000, including lot. Tennis courts are an amenity in the development of 91 homes.

Among the array of developments in Wellington is Eastwood Village, where single-family houses with lots start at \$79,990.









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"People like the location and the generous lots. The majority are young families in their 30s with children, and some retirees," says Betty Pollard, sales manager.

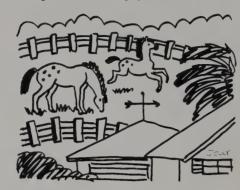
Although Wellington residents have golf, tennis, swimming, horseback riding, polo and social activities available at clubs there, most residents are attracted to the area because they want a relaxed, country-type atmosphere, as opposed to a seasonal resort community. Most join the Wellington Club, Mrs. Pollard said.

Despite the excitement of developments and new homes, some people still prefer an old-fashioned neighborhood. In Palm Beach they can have that neighborhood and be near the ocean, exclusive shops, restaurants and theater.

Tony Boalt, a Palm Beach Realtor, said, "People want the prestige and lifestyle in Palm Beach. No single development can offer all the cultural and social opportunities and restaurants that Palm Beach has. It's good for people who don't fit into a development. Many developments, such as the PGA, Palm Beach Polo or Old Port Cove, have a lot of pluses. It's a question of lifestyle. If you're new to the area, a development has a built-in lifestyle."

Boalt says the cost of Palm Beach houses is the biggest surprise to new arrivals. "They think they can spend \$300,000 or \$400,000 and buy something nice. That's one thing they quickly learn isn't true."

While there are still some small bargain homes for \$250,000, that's what is often paid for an empty lot. Older homes



that haven't been redone are becoming scarcer, Boalt says.

Palm Beach Realtor Martha Gottfried says, "It's whatever you're motivated for. Many people in Palm Beach spend two or three months a year here. They come for the sun, the warmth and the social life. Maybe they belong to the clubs or are involved with charities. People who go to the PGA or other developments are probably younger — maybe they're avid golfers or have children. They probably spend at least six months a year here."

Mrs. Gottfried says that often, children of Palm Beach residents will move to Tequesta or the PGA to raise their children.

"The biggest single factor — aside from children — would be money. Someone who has heard of Palm Beach and has a legitimate budget comes here. We show them what we have available. They're appalled. Sometimes people who want to be near Palm Beach activity are very happy along Flagler Drive in West Palm Beach," Mrs. Gottfried says.

Florence Johnston of Johnston Real Estate in West Palm Beach agrees many people prefer older homes in West Palm Beach's Intracoastal area because of their location and uniqueness. "Many of the older homes have quality amenities not put in new construction today—real plaster walls, hardwood floors, living rooms with fireplaces," she says.

People like being five minutes from the ocean and having city water and sewer. Ocean breezes make the area cooler in summer and warmer in winter.

(Continued on page 120)







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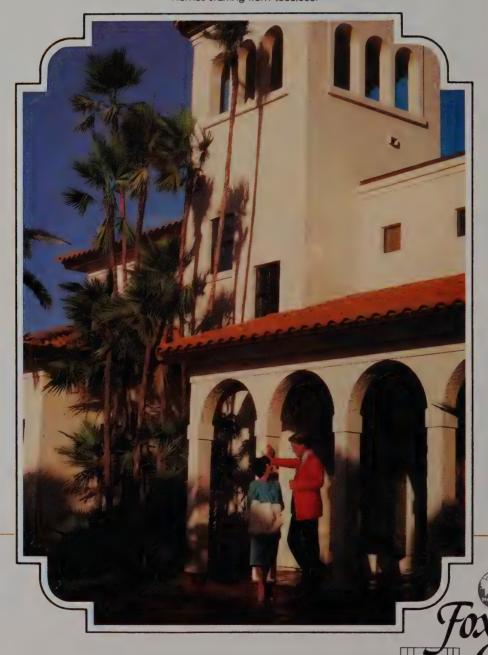
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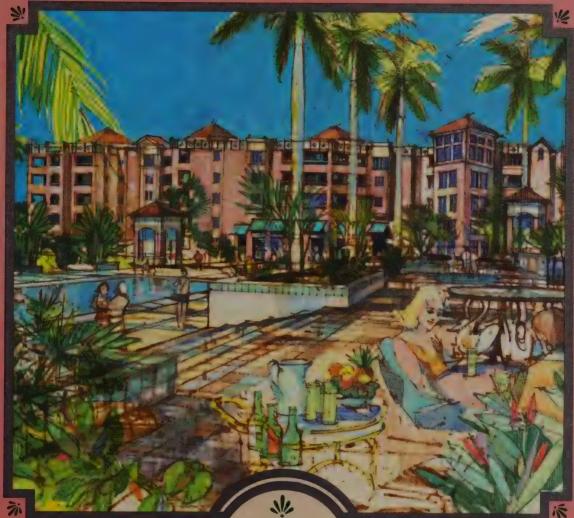
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249 PERUVIAN AVENUE PALM BEACH, FLORIDA 33480 (305) 659-0577 CHOOSING A LIFESTYLE

(Continued from page 116)
Neighborhoods are populated by all age groups, mostly year-round residents, she says.

"You'll find most of the older homes along the Intracoastal area. The demand has always exceeded the supply," Mrs. Johnston says.

Prices in the area east of Olive Avenue in West Palm Beach start at around \$70,000 for a two-bedroom CBS (concrete block stucco) house. Many are in

the \$100,000-\$200,000 category, while the largest lakefront residences can go into the \$500,000 bracket.

"People like the fulfillment and challenge of taking an older home and making it beautiful. It's something really one of a kind that can't be duplicated. It gives people satisfaction to refinish solid wood banisters or a cypress ceiling," she said.

Susan Salisbury is a writer who lives in West Palm Beach.

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DEVELOPMENTS

Baytree, 8400 N. A1A, Vero Beach. Developer: Clement Braun Schaub of the Schaub Corporation. Type of community: Residential. Number of units: 120. Amount of square footage: 1700 to 2400. Recreational facilities: Swimming pool, tennis court, clubhouse and in the future, a beach club. Special features: European styling, outside courtyard, French doors and vaulted ceilings with dormer windows. Price range: \$245,000 to \$398,000. Sales office: (305) 231-9400.

Breakers West, 1688 Breakers West Blvd., West Palm Beach. Developer: Breakers West Development Corp. Type of community: Country club. Number of units: 650. Amount of square footage: Villas from 1,850 to estate homes up to 4,300. Recreational facilities: Olympic-size pool, tennis courts, 18-hole championship golf course, clubhouse and bath and tennis club. Special features: Low density and backed by the reputation of the Flagler Systems. Price range: Estate sites from \$70,000 to \$110,000, villas from \$169,900 to \$218,000 and zero lot line cottages from \$209,900 to \$263,900. Sales office: (305) 793-6003.

Michael C. Burrows Properties:

The Blossom Estate, 1275 South Ocean Boulevard or Blossom Way, Palm Beach. Price range: From \$4 million. Amenities: Ocean and lakefront homesites. Contact: Michael C. Burrows, (305) 655-7131.

Adams House, 419 Chilean Ave., Palm Beach. Price range: From \$700,000. Amenities: In mid Palm Beach, 4,000 sq. ft. townhomes, each with private garden and swimming pool. Contact: Janice Stearns, (305) 655-6322.

Leverett House, 110-120 Sunset Ave., Palm Beach. Price range: From \$780,000. Amenities: On the ocean, 21 condominium residences with 3,000 to 5,000 sq. ft. of living space including individual 200 sq. ft. cabanas with private gardens. Pools. Contact: Jennifer Tennant, (305) 655-6472.

Eliot House, 434 Chilean Ave., Palm Beach. Price range: From \$22,000. Amenities: In mid Palm Beach, 22 rental apart-

ments, furnished. Pool. Contact: Janice Stearns, (305) 655-6322.

Jupiter Hills Village, One S.E. Village Circle #12, Jupiter. Architect: Schwab & Twitty Architects Inc. Developer: Thomas C. Materia. Type of community: Private golf residence. Number of units: 229. Amount of square footage: 2,060 to 2,680. Recreational facilities: Two 18-hole golf courses and tennis courts. Price range: \$140,000 to \$394,000. Sales office: (305) 746-1000.

The Landfall, 19850 Beach Road, Jupiter Island. Architect: Schwab & Twitty Architects Inc. Developer: Leslie Wagner. Type of community: Exclusive, small, quiet island community. Number of units: 28. Amount of square footage: 2,676 of living space. Recreational facilities: Oceanfront, Intracoastal frontage, docks, pool and cabana. Special features: Four suites to a floor and private balconies. Price range: \$430,000 to \$495,000 (2 decorator furnished units). Sales office: (305) 746-2587.

L'Ermitage, 200 Bradley Place, Palm Beach. Architect: The Lawrence Group. Developer: L'Ermitage Development Corp. Type of community: Full-service condominium. Number of units: 51 condominium /apartments, and 8 townhomes. Amount of square footage: 2,300 to 5,000 air-conditioned living area. Recreational facilities: Townhomes have private swimming pools, condominiums have pool and cabana area, spa pool, tennis court and pavilion, and 2 exercise facilities. Special features: Ballroom with hardwood floors and baby grand piano, full-catering kitchen, valet parking, doormen, concierge, pool attendants and full-time general manager. Price range: \$750,000 to \$1,500,000. Sales office: (305) 832-1700.

Marsh Island, 103 Marsh Island Drive, Vero Beach. Developer: Zaremba Development Co. Type of community: Private island community. Number of units: 109. Amount of square footage: 1996 to 3060 per unit. Recreational facilities: Lighted tennis courts, harbor club, marina and fishing. Special features: Every unit has a view of the river, and membership to Sea Oaks

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Melbourne House, 227 Australian Ave., Palm Beach. Developer: Premier Development Group Inc. (Ed and Sheri Hopkins, developers). Type of Community: Condominiums. Number of units: 25. Amount of square footage: 1400 per unit. Recreational facilities: Heated pool and limousine available. Special features: Two-bedroom, 2bath split floor plan, daily maid service, 24hour doorman, full-time manager and maintenance man. Small pets welcome. Price range: \$275,000 to \$350,000. Sales office: (305) 655-9350.

Mid-Ocean Club Condominiums, 134 Peruvian Ave., Palm Beach. Architect: Kimbrough & Assoc. Developer: Delca Investments, Inc. Number of units: 10. Amount of square footage: Varies. Recreational facilities: Gardens and patios. Special features: Marble baths, Al Millo kitchens and cabinetry, private parking, hardwood floors. Price range: \$180,000.

Mizner Court, on the Intracoastal on Boca Raton Hotel and Club property, Architect: William Cox. Developer: Arvida Corp. Type of community: Condominium/ apartments. Number of units: 200. Amount of square footage: 1,524 to 2,772. Recreational facilities: Four private tennis courts, 2 private swimming pools, 4 outdoor spas, boat slips (subject to government approval), steam and sauna, exercise rooms for men and women and eligibility to join the Boca Raton Hotel & Club, Special features: Security and covered parking. Price range: \$210,000 to \$590,000. Sales office: (305) 394-3700.

New Floresta, St. Andrews Boulevard, Boca Raton. Developer: New Floresta Realty. Type of Community: Single family luxury homes. Number of units: 247. Amount of square footage: 2,500 to 4,000. Special features: Custom built homes. Price range: \$275,000 to \$475,000. Sales office: (305) 483-7550.

The Oaks, 20 MacEwen Drive, Osprey, Fla. Architect: Harry MacEwen. Developer: Justice Inc. Type of community: Country club. Number of units: 557 single family lots and 343 condominiums. Amount of square footage: 1,800 to 10,000. Recreational facilities: Two 18-hole golf courses (one open currently), 2 croquet courts, 12 tennis courts, swimming pool, guest lodge with 29 suites, club house. Special features: Two formal dining rooms, golfer's grill lounge, private dining rooms, grand ballroom, library room and card room. Price range: \$100,000 to \$600,000 for single family lots, \$297,500 to \$312,000 for condominiums. Sales office: (813) 966-3661.

Palm Beach Hampton, 3100 S. Ocean

Blvd., Palm Beach, Developer: Edward J. DeBartolo Corp. Type of community: Luxury condominiums. Number of units: 81. Amount of square footage: 2,244 to 5,000. Recreational facilities: Two tennis courts, card room, two-story lounge and ballroom and two Jacuzzis. Special features: Valet parking, garage, gate house, and pool attendant. Price range: \$396,000 to \$1,300,000. Sales office: (305) 585-3555.

Parc Regent, 184 Bradley Place, Palm Beach. Architect: The Lawrence Group. Developer: Bohl Real Estate Management Corp. Type of community: Condominiums. Number of units: 18. Recreational facilities: Tennis court, swimming pool, whirlpool and croquet field. Special features: Private elevators, enclosed parking, pool cabanas, boat docks and 24-hour security building. Price range: \$645,000 to \$1,950,000. Sales office: (305) 832-6510.

Plaza Condominium, 525 S. Flagler Drive, West Palm Beach. Developer: Armour Development. Type of community: Residential. Number of units: 224. Amount of square footage: 1,900 to 2,100. Recreational facilities: Full health club, 2 swimming pools and tennis court. Special features: Full service building with door man, concierge, valet parking, restaurant and security. Price range: \$275,000 to \$1,750,000. Sales office: (305) 655-2555.



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Sailfish Point, on Hutchinson Island just east of Stuart. Developer: Mobile Land Development Company. Type of community: Private residence, yacht and country club. Number of units: 765. Amount of square footage: Approximately 2,845 to 7,000. Recreational facilities: Par 72 golf course designed by Jack Nicklaus, Country Club, marina and tennis court. Special features: Helicopter pad and security systems. Price range: Homesites for \$100,000, condominiums for \$312,000, single family homes for \$1,750,000. Sales office: Dunes Realty Corp., (305) 225-6200.

St. Andrews, 7710 Charney Lane, Boca Raton. Developer: Jerome Ansel. Type of community: Country club single family estate residence. Number of units: 657. Amount of square footage: 2,300 to 13,000. Recreational facilities: Two golf courses (golf course architect, Ted McAnlis), 16 tennis courts, croquet facilities, junior Olympic-size swimming pool, clubhouse. Special features: State-of-the-art security, total community services like maintenance and general care-taking (optional). Price range: \$300,000 to \$3,000,000. Sales office: (305) 487-0700.

The Sanctuary, 4601 Spanish River Blvd., Boca Raton. Developer: Jack La-Bonte. Type of community: Single family homes. Number of units: 107 lots. Amount

of square footage: 4,000 to 14,000. Recreational facilities: Twenty-two slip marina and 3 tennis courts. Special features: Twenty-seven acre bird sanctuary, exclusive residential totally secured community. Price range: \$600,000 to \$5,000,000. Sales office: (305) 392-3073 Boca Raton or (305) 421-7755 Broward County. (By appointment only.)

Sea Forest Court, 5900 A1A, Indian River Shores, Vero Beach. Architect: Joseph K. Hall. Developer: Figgie Properties Inc. Type of commuity: Single family detached courtyard homes in an oceanfront community. Number of units: 43. Amount of square footage: From approximately 1,800 to 2,400. Special features: Gazebo to the ocean, dune overwalk, traditional southern architecture, private courtyard with brick accents. Price range: From \$225,000 to low \$400,000s. Sales office: (305) 231-3003.

Sea Oaks, 8850 N. A1A, Vero Beach. Developer: Zaremba Development Co. Type of community: Beach, tennis and river club community. Number of units: 740. Amount of square footage: 900 to 1,700. Recreational facilities: Beach club, tennis club and court, and pools. Special features: Access to the ocean, over one-half mile of beach front on the ocean and clubhouses. Price range: \$121,000 to \$233,000. Sales

office: (305) 231-5656 or (800) 223-6227.

T.J. Brancaccio Property, 6307 N. Ocean Blvd., Ocean Ridge. Architect: Digby, Bridges, Marsh and Associates. Type of community: Single family home. Number of units: 1. Amount of square footage: 7,215 living area. Recreational facilities: Jacuzzi, pool, patio, 3 wet bars, lounge, and media room. Special features: 125 ft. oceanfront, private beach, 1.1 acre lot, elevator, marble floors. Price: \$2,800,000. Sales office: (305) 732-0603 or (305) 533-0602.

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BOCA RATON

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MOUSSELINES

(Continued from page 100)

oregano, and thyme 1/2 a bay leaf A tiny pinch of sugar Salt, pepper 11/4 cups fish fumet 1/4 cup clam juice ½ cup dry vermouth 3 shallots, chopped fine

The reserved shrimp shells 8 tablespoons butter

10 saffron threads

3 tablespoons scallion rings, cut slantwise

Note: Sea scallops have a tough little muscle attached to the side of each scallop. Some cooks remove it.

Cut up scallops and shrimp and put them in food processor. Add the egg whites and process until very, very smooth. There is no need to strain. Chill the mixture for 2 hours. Cream 6 tablespoons of the butter with the salt, pepper, cavenne and nutmeg. Gradually add the shellfish paste and beat until elastic. Turn the mixer down to low speed and gradually add the heavy cream. Test the dough by poaching a quenelle, and do not hesitate to add a bit more cream if the mousseline paste is too sturdy when cooked. Keep chilled until ready to use.

To prepare the sauce, brown the onion and garlic in the olive oil; add the tomatoes and all the herbs, fresh and dried, plus the bay leaf, sugar, and a bit of salt and pepper. Cook until approximately 2/3 cup of thin, very fluid tomato puree is left. Strain through a very fine

strainer and set it aside.

Mix the fish fumet, clam juice, dry vermouth, chopped shallots, and shrimp shells and reduce to 2/3 cup of liquid. Strain into the pot containing the tomato puree and simmer together until 1 cup of good sauce is left. Bring it to a high boil and, tablespoon by tablespoon, whisk in 6 tablespoons of the butter. Correct the seasoning with salt and pepper. Keep warm.

Preheat oven to 325 degrees. Butter the chosen ramekins with the remaining 2 tablespoons butter and pack the mousseline paste into them. Tap each one gently on table so the mixture packs well and there are no air holes. Cover them with buttered parchment paper and bake in hot water bath. Note: Set the bath on oven rack and pour boiling water into roasting pan or other shallow pan after mousselines have been put in. If you fill the bath before putting it in the oven, water may slosh into the mousseline batter. Kamman warns.

Remove from oven as soon as done. The cooking time varies from 12 minutes for the 2-ounce cups to 17 minutes for the 3-ounce ramekins. Mousselines are usually done when the parchment can be lifted off. Invert them onto warm plates.

Just before serving the sauce, reheat it very well and add the saffron threads and 2 tablespoons of the scallion rings. Spoon the sauce around the mousselines and dot the top of each with 2 or 3 scattered scallion rings.

Three-fourths pound of scallops or raw fish will feed 7 or 8 as a main course and 12 to 14 as a first course.

The Breakers uses whole eggs in their cold scallop mousseline.

SCALLOP MOUSSELINE WITH WATERCRESS SAUCE

1 pound sea scallops 6 whole eggs 1 small chopped red pepper ½ ounce brandy 3 ounces heavy cream Dash tabasco Salt and pepper to taste Aspic, if desired

Blend sea scallops very well in food processor. Add eggs, brandy and heavy cream. Add seasoning to taste. Fold in red pepper by hand. Place mixture into lightly buttered ramekins. Place in hot



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water bath in preheated 350 degree oven.

Cover with parchment and bake until done. Cool, turn over to release mousseline from ramekin and glaze with aspic, if desired.

WATERCRESS SAUCE

5 ounces fresh watercress

4 ounces freshly made mayonnaise ¹/₄ cup brandy

Salt and white pepper to taste

Cook 4 ounces watercress to very soft consistency and blend in blender to a fine puree. Add mayonnaise and brandy. Chop remaining watercress finely and fold into the sauce.

This scallop mousseline made without egg whites or eggs, is made simply with heavy cream.

MOUSSELINE OF SCALLOPS

3/4 pound sea scallops

½ teaspoon salt

1/4 teaspoon freshly ground white pepper

½ cup heavy cream

1 cup heavy cream, whipped

Put scallops in food processor with the salt and pepper. Puree for about 10 seconds, stopping to scrape the sides. Puree again for 5 to 10 seconds. Add the 1/2 cup cream and blend for another 10 to 15 seconds until smooth. Beat the cup of heavy cream until it reaches the soft peak state. Do not overbeat. Fold the scallop puree into the whipped cream. Proceed as above baking the mousselines in a 350 degree oven for about 15 to 20 minutes or until firm and springy to the touch.

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CHEZ MARCEL'S SALMON MOUSSELINES

34 pound fresh salmon

3 full eggs

1 pint heavy cream

2 ounces butter

Salt and pepper to taste

Cut salmon, free of skin and bones, into pieces. Place in food processor or put through fine plate of food grinder twice. Force ground fish through a fine sieve.

If not using a processor, put fish in a bowl and set in a pan or bowl of ice water.

With a wooden spoon, beat in the eggs one at a time. Add the cream in 3 portions, stirring well after each addition. Refrigerate mixture until ready to spoon into ramekins or other mold.

If using the food processor, after the fish is pureed, add the eggs, one at a time, while processing. It is a good idea to chill mousseline mixture before adding the cream, a little at a time, while processing until the mixture "becomes flawless together." Season with salt and pepper.

Butter 6 individual pyrex molds or ramekins and fill with mixture. You may also use a fish shape or other mold. Set the molds in water bath. Cover with parchment or foil and bake in a 300 to 325 degree preheated oven until just set. Run metal spatula or knife around edge of each and turn out onto a plate. If there is any excess liquid, wipe with paper towel. Spoon beurre blanc sauce around the mousselines and serve at once.

BEURRE BLANC

9 ounces butter
3 or 4 tablespoons chopped shallots
2 cups dry white wine
1 tablespoon vinegar
½ cup heavy cream
Salt

Combine shallots and wine in saucepan and bring to a boil. Let the wine reduce to 2/3 cup. Continue cooking, stirring the butter in, 2 tablespoons at a time, while whipping rapidly with a wire whisk without interruption. The butter does not melt completely but softens to form a smooth sauce.

When all the butter is added, slowly incorporate the heavy cream and the vinegar. The cream is often omitted in this sauce or a bit less is added. Juice of fresh lemon can be used instead of vinegar. Makes about $1\frac{1}{4}$ cups.

If you prefer, serve hollandaise sauce. To 1½ cups hollandaise, fold in ½ cup heavy cream, whipped.

One of Pierre Franey's "best and quickest" mousselines is made with chicken.

CHICKEN MOUSSELINE

2 whole skinless, boneless chicken breasts (about 1½ pounds)

Salt and freshly ground pepper 1/4 teaspoon grated nutmeg

Pinch cayenne

1 egg yolk

11/4 cups heavy cream

Preheat oven to 400 degrees. Pick over breasts and cut off any membranes or tendons. Cut chicken into two-inch cubes. Put the chicken into the container of food processor and add the salt, pepper, nutmeg, cayenne pepper and egg yolk. Start processing until flesh is coarse-fine.

Continue processing while adding the cream. Butter the insides of four small ramekins or baking dishes. The volume of each portion is about half a cup.

Spoon equal portions of the mixture into the ramekins. Cut out four pieces of wax paper to fit tops or use parchment. Set ramekins in water bath and bake 15 minutes. Serve with a mushroom sauce. Serves 4.





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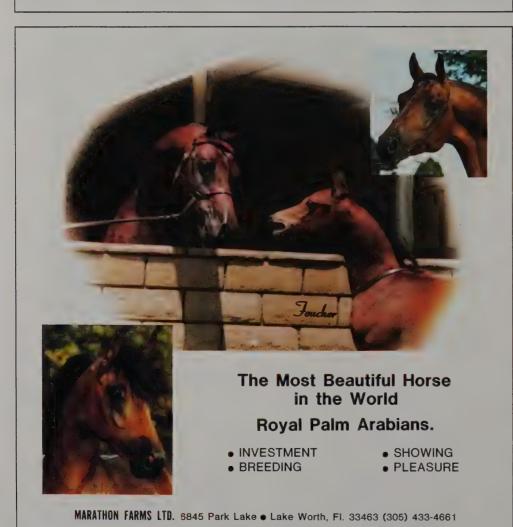
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LOUIS CARTIER: ART DECO MASTERWORKS

(Continued from page 69)

duced platinum as a jewelry setting, a pioneering step that allowed mountings to be strong yet lightweight.

Credited with bringing the wristwatch into vogue, Cartier designed the Santos watch in 1904 for Brazilian aviator Alberto Santos-Dumont, who wanted a watch he could readily see — one he didn't have to pull out of his pocket when he was flying. In 1917, he created the Tank watch — an extra thin timepiece — in honor of the American Army Tank Corp. Cartier also designed the first waterproof luxury watch in 1932

In 1913, Louis Cartier made his first Mystery Clock. The "mystery" is how the jeweled hands of the clock appear to float — without visible connection to mechanical parts — on the clock's transparent face.

The effect is an illusion. The hands, affixed to a rotating disk, are hidden by layers of crystal, citrine or aquamarine.

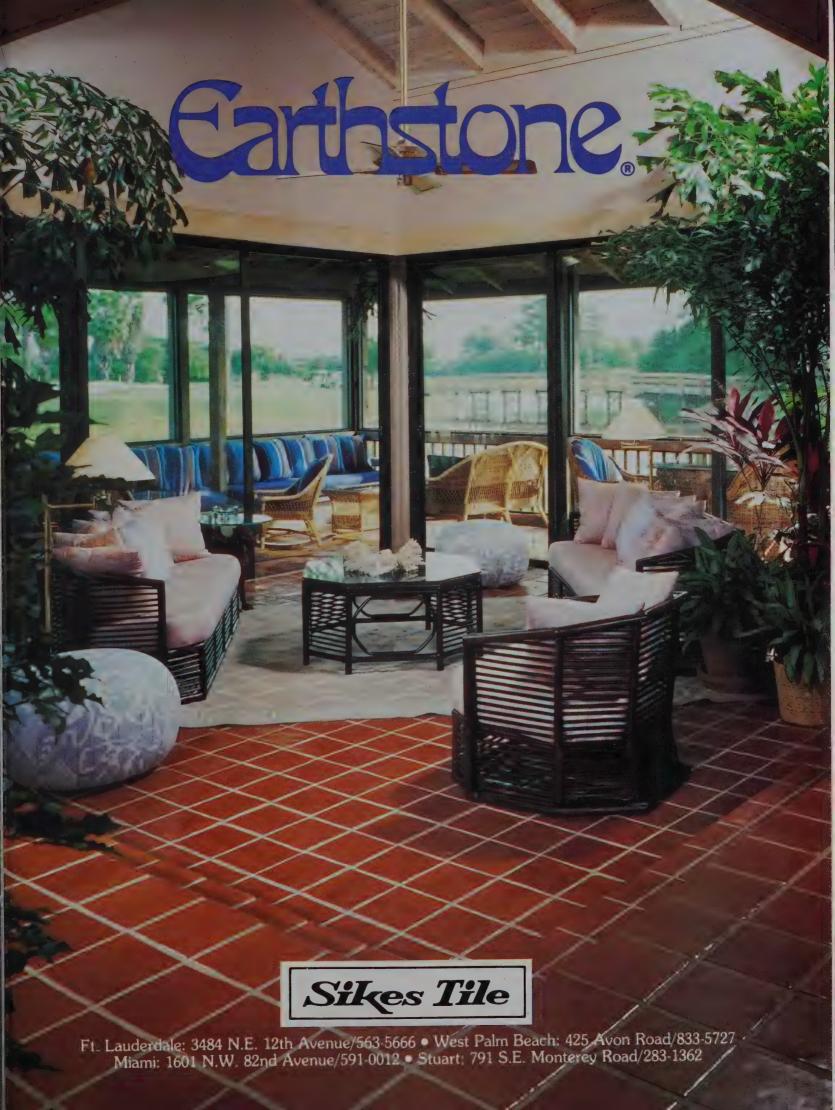
Depending on the intricasies of a particular design, such clocks would often take up to a year to make, requiring the work of as many as five or six artisians. In recent years, the Cartier firm has produced a series of new mystery clocks. Although based on original designs, the clocks are not copies. Craftsmen who had worked with Louis Cartier came out of retirement to assist.

"The art deco movement is a period which has come to be regarded as the most significant in years of modern jewelry design," says Ralph Destino, Cartier U.S.A. president, "Louis Cartier's style has been indelibley etched on our house — our designers today look to his archives for design guidance and inspiration."

Art deco, which developed shortly before World War I and lasted well into the 1930s, derives its names from the 1925 Exposition des Arts Decoratifs et Industriels Modernes, held in Paris. Generally associated with strong geometric patterns, bright color combinations and streamlined shapes, art deco was a period that evolved, influenced by technological, economic and social, as well as artistic developments.

Crown jeweler to 19 imperial crowns, Louis Cartier was called "the jeweler of kings because he is the king of jewelers" by Edward the Seventh of England. His clients included well-known people from the theater, business and industry as well as royalty.

For more information on the exhibit "Retrospective Louis Cartier: Masterworks in Art Deco," contact the Norton Gallery at (305) 832-5194.



MELBOURNE'S METAMORPHOSIS

(Continued from page 95)

surge is more like a backwash in the population wave which has deluged South Florida in the past decade.

Melbourne and Brevard's new pioneers from the North still are lured here by relatively clean water and air and stretches of undeveloped beaches. But many of today's immigrants are from the state's southern metropolitan areas; they are refugees from South Florida's overcrowded freeways, high prices, fast-vanishing beaches and reduced potential for privacy.

One aerospace pioneer, Florida Institute of Technology's founder and president, Dr. Jerome Keuper, understands the area's original attraction for northerners. It's the same thing that drew him and a host of other rocket engineers to Brevard County in the late '50s, the dawn of the Space Age.

"There's no doubt the geography is helpful," said Keuper, who sports a bow tie and motors around his Melbourne campus in one of the several vintage MGs he restores and sometimes races. "We're also at the apex of a right angle of high-tech industries which stretches from Tampa to Palm Beach. Yet people

think we're isolated here, even though we're served by three major airlines."

The geography and high-tech opportunity notwithstanding, the impetus for Keuper's own move to Florida was more graphic. "I was driving my MG along a country road when I was working at DuPont in Connecticut after I got my nuclear physics doctorate at the University of Virginia, and I was in a snow

'from moon race mania to shuttle secrecy'

storm white-out. The car spun out and rolled over a stone wall. Since I'd had a job offer from RCA at the Cape (Canaveral Air Force Base, part of which is now Kennedy Space Center) earlier, I went home and fished it out and came down here to work in 1958."

Melbourne's mayor, Harry Goode, offers statistical evidence of the city's recent growth. "More people have moved into the city in the past four years

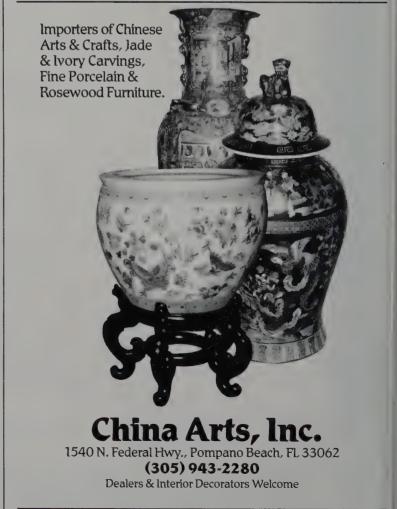
than in the previous 10 years. Melbourne's population went from 40,000 to 47,000 from 1970 to 1980, and from that to 52,000 by 1984." Goode noted.

Goode comes from one of Melbourne's founding families that arrived at Crane Creek in 1877. While encouraging progress, the third-generation Melbournite joins a rising chorus of voices concerned about county development. Goode is a businessman who urges planned growth in an area in which most of Florida's industrial growth is now concentrated.

Planned growth is happening in downtown Melbourne, where a city-backed "Village Concept" restoration and preservation program also financed by private enterprise is gentrifying the once-drab and decaying urban land-scape with pastel-stuccoed exteriors, tiled roofs, embellished ceilings and architectural touches reminiscent of Addison Mizner.

South Brevard, along with Melbourne Beach and the beach communities of Indialantic and Indian Harbour Beach to the north, is composed of the mainland communities of Melbourne, Malabar, Melbourne Village, West Melbourne, Palm Bay and Palm Shores.





This "South County" is home to about 130,500 of the county's 273,000 residents. By 1990, that number should rise to about 196,600 in a county whose population will number 369,600.

In addition to planned city growth and continuing population growth, there are other signposts for the area. For example, business investments and construction showed the greatest growth ever between July 1983 and July 1984, rising 52.8 percent and 30.5 percent respectively and fueling the continuing boom.

Available motel rooms, now about 1,600, should double by 1986. That includes a new Hilton at Melbourne Beach and another at Melbourne Airport.

The airport Hilton is part of Rialto Place and is joined via an atrium to a 10-story blue-glassed office building. Available, attractive office space should keep businesses happy.

Jack Saltman, of Jack Wilson Associates, says Rialto Place's offices priced at \$16.25 (with services) per square foot are 40 percent leased. "That reflecting glass is a new shade of blue we just made for this building. They even named it 'Rialto Blue.'

"You know, we're at a hub here between South and Central Florida. My marketing determinations were based on the Orlando market, and the people who are putting in One Harbor Place on U.S. 1 based theirs on the Palm Beach market. It should be interesting to see how this comes out," Saltman said.

By 1986, an additional 1.2 million square feet of office and retail floor space should join current Melbourne businesses, including the one million square feet at Edward J. DeBartolo's Melbourne Square, a fashion mall which opened in 1982.

"Doc" Strawbridge, the Greater Melbourne Chamber of Commerce's executive director, appreciates the area's growth. Strawbridge, who moved to Brevard from Pompano Beach seven years ago, and was with Pompano's chamber of commerce from 1974-78, is definitely a Melbourne booster.

"I'd never liken this downtown to Worth Avenue, but it's certainly becoming a lot like Las Olas," he said. "I don't think we're going to get Gucci, but there's enough income here to support shops. I expect the day will come when the downtown is the main location for specialty stores in South Brevard.

"We feel we're different in Brevard County from some of Palm Beach and Dade counties. We are about our trees, about how signs look, about our beaches; and our planning and zoning laws show





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that. We've learned from their mistakes," Strawbridge said.

Across the Melbourne Causeway, 3,000 people live an island-like lifestyle in the bedroom community of Melbourne Beach. Founded in 1887 as a pineapple plantation, Melbourne Beach was a resort town by 1888. But the winds of change are blowing across the South Beaches, the 13 miles of relatively undeveloped seashore anchored by Melbourne Beach to the north and Sebastian Inlet to the south.

Melbourne Beach Mayor Jean Becker reflects: "We're being highly affected by the South Beach growth that is causing us problems," she said in her office after putting in eight hours at her other career as a teacher at nearby Gemini Elementary School. "The main problem is the traffic on A1A, which goes right through the middle of town. We're trying to maintain high zoning standards that will keep the residential character of the town and the value of the residential property.

"It's just a quiet little town, more or less. We've lived in the same house for the past 13 years. It's wonderful living here between the beach and the river. I know people who live here might not think it's anything special because they're used to it, but to visitors it's unique," she said.

Until the most recent boom which cranked up about five years ago, even Melbourne Beach's problems might have seemed unique.

Typical was an incident involving the arrest of a city council member who tore down a public danger warning sign on a ramshackle Indian River pier. The historic pier, now under a \$127,000 restoration, marked the point where the ferry Jessie B once deposited tourists, who boarded a long-vanished trolley to ride about a mile to the Melbourne Casino, which burned down years ago. The council member insisted he was interpreting a city cleanup ordinance, but his political enemies hounded him from office.

Like Melbourne Beachers, other South County residents think they're unique: They love their ocean beaches. But it took a recent, fierce autumn storm to do what 100 years of safety from major hurricanes could not do for the fast-dwindling South Beaches. Massive beach erosion and the promise of federal dollars recently encouraged county commissioners to set back the beach-build-

ing line limit 25 more feet from the already-existing, state-imposed line, which averages about 60 feet from the dunes.

Now potential developers are in a legalistic limbo, forced to watch their narrow beachfronts being whittled away by storm after storm. However, that hasn't daunted one potential developer, Walt Disney World Co. or another development, the \$250 million Aquarina, a staged luxury community five miles north of Sebastian Inlet. Disney's hand in Brevard is still invisible; Aquarina's is becoming evident.

In 1971, Disney bought about 100 acres with about 4,300 feet of beachfront three miles south of Spessard Holland Park, which marks the south boundary of Melbourne Beach. The property runs from the Atlantic Ocean across A1A to the Indian River. Before Disney's present ownership changes — including acquisition of Arvida Inc. — company executives said they might develop the three parcels of property after they opened EPCOT and the Japanese Disneyland.

But last spring, Disney World's publicity director, Charles Ridgway, said an original plan to offer package





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Two dormitories, supervised by school staff, serve 130 boarding students from Florida and many other states and countries. There are also over 600 Upper School day students who live nearby. Recent construction on the 47-acre campus added a computer center and a 50-meter Olympic Swimming Pool.

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vacations at Disney World and Disney's oceanfront property is no longer under serious consideration.

Part of Aquarina also spans A1A along the beach between Melbourne Beach and Sebastian Inlet. In an area where oceanfront property brings from \$1,500 to \$3,000 per square foot, Aquarina bought early — and quietly — in 1973. Aquarina's owners are Albert and Claus Cramer, co-owners of Warstein Brewery, in Warstein, West Germany. Aquarina Inc. includes Aquarina Development Inc., a Florida corporation run by the Cramers, their Warstein consultant Dieter Liebick, and the company's secretary-treasurer, Cocoa Beach lawyer Malcomb Kirshenbaum.

Aquarina's Phase One — Blue Heron townhomes and Egret Trace garden suites — boasts 96 residences in 15 designs, with prices ranging from \$142,000 to \$402,000. Custom-designed penthouses in Tidewater, the six-floor ocean-front condominium, begin at \$1 million, said marketing director Lee Shur.

"Brevard County is part of an area once called 'the undiscovered Florida.' The open beaches, protected waterways and uncrowded terrain remain. The economic growth is steady, without the ups and downs of tourism-oriented areas of the state," Shur said.

Aquarina also supports the arts in Brevard. Last year's Brevard Symphony Orchestra's benefit sale was hosted by Aquarina board member George Plimpton.

Across the Indian River and a few miles north of Melbourne is Suntree, South Brevard's other major luxury development, and its first planned-unit development begun in 1974. When Charles Nelson of Indian Harbour Beach and Joseph Kanter, of Cincinnati, Ohio, proposed the development 13 years ago, they predicted it would eventually be one of the area's larger cities, with about 30,000 inhabitants. Since then, the 3,000 acres have filled with 27 greens for golfers and seven communities with homes ranging from \$50,000 to \$160,000. Projects planned or under way totaled \$72 million last year.

Also last year, Suntree's parent company, The Florida Companies, merged with Fairfield Communities, an Arkansas firm which holds resort communities from the Carolinas to Arizona and Colorado.

As the Melbourne area grows, it also attracts developments which are new in concept to this part of Florida. For instance, there's the "Stableminiums" — a complex of 33 stables with feed and tack rooms and wash racks for sale to resi-

dents of Brandywine, a 104-acre residential complex near Interstate-95 and State Route 192 in Melbourne. Model homes should be under construction in a few months, the developers said.

And with growth come the benefits. Although the Melbourne area may always have been blessed with an abundance of natural beauty and usually an accommodating climate, for many years it was a cultural desert.

"Once, if residents wanted a night of fine dining, theater or classical music, they drove the tedious hour or more to Winter Park or Orlando," said Benita Rudd, fine arts editor for *Cocoa Today* newspaper. "One estimate has it that 20 percent of the state's population of artists make their homes in Brevard County, but for years, most exhibited somewhere else."

But in the last five years, with careful cultivation by large corporations and hard-working determined individuals, the desert is blooming with an oases of cultural and artistic delights. "It's a very exciting time to be involved in the arts here. Theater, dance, fine arts — everything's improving and there's a great deal of interest and support from indi-



Interiors - Fine Art - Antiques 326 Royal Palm Way, Palm Beach (305) 659-7518 Buffy Donlon, ASID

viduals and corporations. People who have been active in the arts for years are telling me, 'Finally, the public is behind us and we're getting something done!' "Ms. Rudd said.

Perhaps the most fertile area in South County for this kind of growth is Old Eau Gallie. Locals call it "Melbourne's Greenwich Village." Once a small community north of Melbourne, Eau Gallie was incorporated into the city but lost neither its official post office designation nor any of its small-town charm.

Established on the site of old pineapple plantations at the point where the Eau Gallie River meets the Indian River, the village surrounds a lovely natural harbor. The streets are wide, the trees tall, and the river is nearby; most of the older buildings, once furniture and hardware stores, have been renovated and turned into boutiques, galleries, and antique and crafts shops.

Perhaps the most astonishing growth in Eau Gallie can be seen in the Brevard Arts Center and Museum (BACAM), founded only five years ago by artists and art lovers and funded, in part, by a major grant from the Gannett Foundation. Although the museum, un-

der the direction of Robert Gabriel, is small, it bustles with visitors, docents (a recent 12-week docent training session brought out 25 volunteers), guild members and Artists' Forum members, who for the most part are practicing professional artists.

An adjoining building houses the Foosaner Educational Wing — classrooms, studios and labs lively with students of all areas. Education director and sculptor Burt Van Scoy coordinates artists and students into year-round eight-week sessions that include everything from children's collage to adult painting classes taught by internationally known artists like Frits Von Eeden, the Netherlands' popular, multi-talented artist.

The community responds in kind to the arts and cultural opportunities here. BACAM's largest and most successful fund-raiser (just concluded) raised \$1.5 million contributed by members, the community and corporations. Harris Corp., the diversified communications giant, made an initial \$250,000 matching grant, the largest single donation ever given by the corporation to an arts project. "We like identifying with programs that the community supports, and we

know of no other program that has the support this one does," said Joseph A. Byrd, chief executive at Harris Corp.

Renovations begin soon on the larger building across the street from BA-CAM. Previously used as a police station, the building will afford the museum five times more gallery space, ample storage and a vault for priceless touring art treasures. Also in the building is a small theater which museum officials will open for public use.

One group certain to put it to good use is the Melbourne Civic Music Society, itself only five years old. President Battle Hales and his volunteers bring the finest professional European chamber groups into the area, hosting sell-out concerts in BACAM's larger gallery.

"I think the past six years have really been a time of progress for all the arts in Brevard," said Hales, a retired State Department Foreign Service officer who has lived in the area for 10 years. "We're delighted to bring the Chamber Music Society's music here, but the Brevard Art Center and Museum and the Brevard Symphony Orchestra have been in progressive improvement during that time, also," he said.

Hales' chamber musicians and oth-

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er area arts groups will likely keep the new BACAM performing space well occupied.

Close neighbor to the museum is the county's oldest cultural institution, the Brevard Symphony Orchestra (BSO), conducted by Maria Tunicka. With business offices in a century-old frame house purchased last year, the BSO celebrates its 30th season with continued growth and diversity.

Volunteers created an orchestra in 1949 to plan for a production of "The Mikado." They liked it so much they kept playing, and today the orchestra boasts a professional conductor and 14 professional musicians. They perform throughout the county, and in recent years have established a Chamber Orchestra, a String Quartet and a Youth Orchestra supported by a "Strings in the School" program taught by orchestra members.

Next door to the symphony is the Fifth Avenue Gallery, a cooperative of some of Brevard's best artists and craftspeople. Many of the gallery members also belong to The Ten: Women in Art, a group recently founded by arts dynamo Liz Hanson. After exhibits in Melbourne and Tequesta, the group had a very successful January exhibition at Stetson University in Deland.

If local artists are banding together to exhibit their work elsewhere, a very new addition to Old Eau Gallie is bringing the works of distant artists to the Space Coast. Art Expressions is a new contemporary art gallery in a 60-year-old building a half-block from the river. Owner Joe Conneen and Manager Pat Archer focus on bringing well-known regional and national artists to the area.

Karl Wahl's bright paintings, Todd Warner's whimsical sculptures, and works by Susan Hall, Tony Eitharons, James Rosenquist and Jim Kaevening are only a few of the more than 30 artists represented in the gallery.

And there's one special local artist, popular with collectors in Orlando, Palm Beach, and throughout the Southeast: she is Mari Conneen, wife of the gallery's owner, and one of the most-awarded artists in the state.

Joe Conneen, a 14-year resident of the area, has seen the county's arts focus shift. "Brevard County in the past was strictly a poster community," he said. "But by virtue of the sales we've made so far, I think I've made the point that original art is not that much more expensive than poster art."

Another long-time resident who supports the growth of the local arts is Link Johnsten, owner of Eau Gallie Flo-

rists. Johnsten was one of a handful of floral designers invited to create massive arrangements for President Reagan's second inaugural dances.

"I've lived here 25 years, and I feel the cultural growth and the quality of entertainment available in South Brevard has been significant in the last few years. I like to feel I've had a part in that," said Johnsten, who provided about 100 large arrangements for the BSO's Melbourne Harbor Designer Showcase Gala in January.

"Socially and culturally, there have been tremendous strides here. I'm sure the ecologists are unhappy about growth along the coast, but I'm a naturalist, because I love growing things, not an environmentalist. I've been all along the East Coast and seen a lot of condos, and we've done it better here. Our planners are more concerned with landscaping and aesthetics in our growth. If we keep that up we'll be OK," he said.

Cold gala benefit winds or not, Melbourne's fine arts supporters seem determined to make sure of that.

Art Latham is a writer who lives in Rockledge, Fla.

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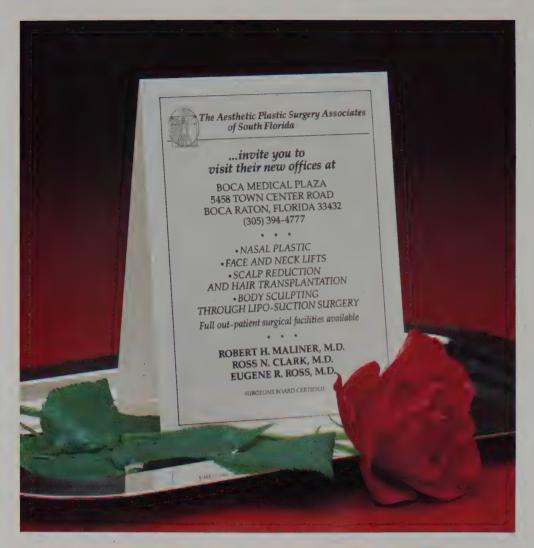
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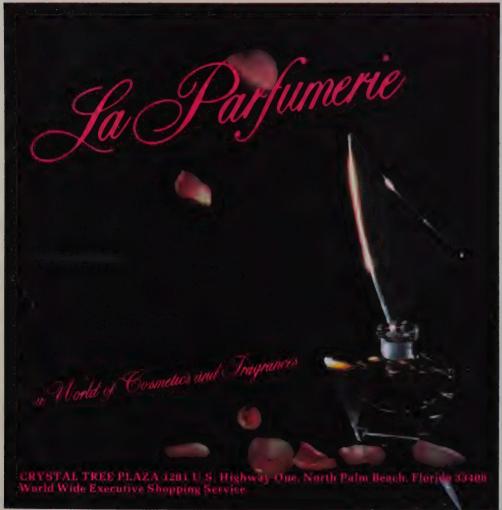
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MARIA TUNICKA

(Continued from page 95)

recently retired from IBM and now deputy mayor of Indialantic. "The people who come to the concerts obviously adore her," said Mrs. Blue, who played violin with the Hudson Valley Symphony Orchestra. "She puts a lot of life into it (conducting) others might not be able to."

That "life" has come at a cost to Tunicka. In a profession where you can count the major female figures on the fingers of one hand, Tunicka said she has fought an uphill battle throughout her career.

But then, one of her hobbies is mountain climbing. And if the politics of her native Poland made her chances of having a musical career even less likely, her recent conducting tours in Romania and other Eastern European countries afford her a special, personal triumph.

"The involvement is 100 percent," Tunicka said.

The sacrifices have been many. She left her family and her homeland; she lives apart from her husband, who has been principal cellist of the St. Louis Symphony for many years. And instead of starting a family, she has adopted the BSO, fostering its growth with professional musicians (there are now 14), new programs (the Chamber Orchestra is only two years old) and new musical challenges.

Tunicka has been music director and conductor of two Illinois symphonies, associate conductor of the Florida Symphony, and guest conductor of numerous other orchestras, including the Civic Orchestra of Chicago, the Saint Louis Symphony, the Chattanooga Opera Company and the Chamber Music Festival in New York City. In 1980 she made her Carnegie Hall debut with the National Orchestra of New York.

But she always returns to Melbourne and the BSO.

"The community support here is tremendous, and our audience is different from any other. Although this is not a big city, university town or cultural center yet, our audiences are sophisticated and want quality. They give us wonderful support," said Tunicka.

"I feel happy and privileged to be here, work with these wonderful musicians and feel this great support. This community makes me feel my sacrifices have been worthwhile." □

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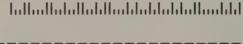
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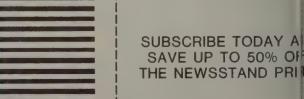
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GRAND HOTELS

(Continued from page 66)

be Prince Charles will choose to return with Princess Diana to relax on Sandy's Lane's terrace.

Now is a good time to visit Sandy Lane. Traditionally booked solid for the winter holiday period (with a two- to three-year waiting list), Sandy Lane has begun to offer summer packages. "We intend very much to maintain the high standards of European service for which Sandy Lane and Trusthouse Forte have always been famous," said Michael Long, general manager of the hotel. "But at the same time, we are extremely interested in offering the Sandy Lane experience to a wider range of clients than we have in the past, especially during our off-season, April to December.

'some of the most spectacular views'

"We believe we have an exciting, vibrant product to offer," Mr. Long added, "and with all the extras we provide — gourmet meals, free golf and tennis, water sports — one that makes us very competitive with any luxury resort in the Caribbean . . . We do have a variety of new programs and activities for (guests) to choose from, but the pace is subdued and the staff friendly and attentive as ever."

One of Sandy Lane's special summer packages revolves around golf. If you haven't played golf at the Sandy Lane Hotel, you haven't played at all, according to one golf enthusiast.

The only 18-hole course on the island, it has a par-72 layout and covers

How to Get There

If you plan to stay in Barbados for less than 28 days, no visa or inoculations are necessary — you need only a passport or a driver's license and one other picture identification.

Eastern Airlines flies daily from Miami to Barbados with round trip prices from about \$459 to \$598 coach, to \$916 first class. (Prices depend on length of stay and the time of year.) The direct flight is approximately three hours long.

For reservations at the Sandy Lane Hotel, call the reservations office in New York at (800) 223-5672 (toll free), or (212) 541-4400, or write Sandy Lane Hotel, St. James, Barbados, West Indies.

125 seafront acres along the Caribbean. Even if you don't play the game, tag along — these are some of the most spectacular views of the island. The seventh hole, with its incomparable vista of the Sandy Lane and the Caribbean beyond is probably the most photographed golf hole in the world. Multimillion-dollar houses surrounding the course are owned and visited by some of the world's top executives. In fact, when President Reagan visited Barbados in the spring of 1983, he stayed at nearby Casa de Pablo, owned by Paul Brandt of Fort Worth.

The golf clubhouse, with its two-

foot-thick stone walls, originally was part of an old sugar mill. It now houses locker and club facilities and upstairs is transformed into a supper club three nights a week with dining on the balcony.

Oh yes, there is yet another amenity offered by the Sandy Lane Hotel. If you return often enough you'll be greeted at the airport by the hotel's Rolls Royce Silver Shadow. Now even Fantasy Island's Mr. Roarke doesn't do that.

Ava Van de Water Sproul lives in Palm Beach Gardens.



COTTAGE COLONY



H. Loy and Inger Anderson (Red Cross)

Christina Goldsmith

(Red Cross)



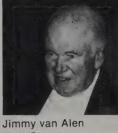
Pat Schmidlapp (Red Cross)



Sue Whitmore (Red Cross)



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Jane Dudley



(Red Cross)



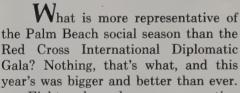
Dick Cowell



Dick Madigan and Mimi Duncan (Grandma Moses)

Anya Bagley and John Orr (Red Cross)





Eight ambassadors — representing Denmark, Ecuador, Greece, West Germany, Iceland, Ireland, Austria and Spain — and their wives put on their diplomatic hardware and sashes and sashayed over to The Breakers.

Sue Whitmore, chairman of the gala again this year, joined the ambassadorial couples in the receiving line.

Then the parade began, Ladies and gentleman of the crispest social credentials walked into the Gold Room and went through the receiving line. There was, of course, much shaking of hands and clicking of heels and mutual admiration expressed on everybody's part.

No gala draws its caste lines with more definition than this one. After passing through the receiving line, guests are divided into two groups. The table sponsors and ambassadors' hosts stay in the Gold Room and drink champagne and clap eyes on each others' tiaras, and the rest of the guests head for the Mediterranean Room where they imbibe until The Spectacle starts.

The Spectacle is, of course, the introduction of the chairmen, general chairman, international chairmen, subchairmen, post-chairmen, etc. All the ladies walk in on the arm of a Marine escort as the band plays and their name and title is announced.

Important ladies were Barton Gubelmann, Jane Dudley, Pat Schmidlapp, Inger Anderson and Candy van Alen. After the ladies were introduced, the ambassadors were announced, the colors were presented by a Marine color guard and everybody stood for a rousing rendition of "The Star-Spangled Banner."

Neal Smith led the Cliff Hall Orchestra in everybody's favorite music for dancing and dining, both of which everybody did. Dined and danced, that is.

What's so interesting about a lady who lived to be 101? Just ask the 300plus who turned out for a special preview of the Grandma Moses exhibit at the Norton Gallery and School of Art. The reception, sponsored by American Express, offered guests a sneak preview of the Moses works, most on loan from museums or private collections.

Lots of champagne took the edge off of a cold night, but not enough to keep the hostess warm. Joan Weill, wife of American Express president Sandy Weill, was unable to attend the gathering. She was bedridden in chilly New York with a bad case of bronchitis. Mimi Duncan, president of the Norton Gallery, filled her shoes nicely. Mrs. Weill's in-laws were present at the opening too, and if you don't think that Mac Weill is proud of the fact that his son is president of American Express, just ask him.

There were hors d'oeuvres and other delectables, of course, and everyone walked around admiring the paintings, then admiring things like antique quilts and spinning wheels which were set up around the gallery to lend that air of Americana.

Members of the press were given little white buttons with the inimitable "Moses" frail scrawl that adorns the corner of each of the artist's canvases. "These are just as good as a Gold Card," Dick Madigan said.

More artsy types gathered at the South Ocean Boulevard home of the late Patrick Lannan for a party in honor of



Alex and Barbara Dreyfoos (Hodsoll)



Pat Cook (Palm Beach Polo)



Mimi Hodsoll (Hodsoll)



Dr. Tscheng Feng (Hodsoll)



Ed and Hope Gropper (Palm Beach Polo)

Frank Hodsoll, chairman of the National Endowment For The Arts, and his wife Mimi. Both were here as the house guests of Diane Brokaw.

The Palm Beach County Council of the Arts sponsored the party, which offered champagne by the bucketful and more little gourmet hors d'oeuvres than you could shake a seafood fork at.

In keeping with the evening's theme, the tables were set up outside on the terrace which slopes down to the lake and is in the shadow of all those wonderful sculptures on the lawn. Instead of numbers, they were adorned with little cards which read "Chagall" or "Calder" or some other such famous artiste, and that's how guests found their tables. Clever, these art lovers.

There were, of course, all kinds of rubberneckers prowling around the house, and it is a tribute to everybody's respect for art that there was not so much as a fingerprint left where it shouldn't be.

Nothing suits the Palm Beach lifestyle better than champagne, and nothing suits champagne better than lots of it. Comte Charles de Poix, on a tour of the states for his Piper-Heidsieck champagne company, stopped over in Palm Beach for a visit. He stayed long enough to be the guest of honor at parties given in his honor by Beth and Ridgley Harrison (at the Bath & Tennis Club) and Mary Lee and Douglas Fairbanks (at the Vicarage, their Palm Beach home.)

The comte wasn't the only titled type at the parties. Also on the guest list were the likes of Princess Maria Pia de Savoia, Christina Goldsmith (the former Countess de Caraman) King Michael and Queen Anne of Romania, and more blue blood than you could shake a sceptre at.

Out at Palm Beach Polo & Country Club, the comte was on hand for a luncheon preceding the finals of the Piper polo tournament. Guests at the luncheon included Maggy and Allan Scherer, Howard and Anne Oxenberg, Stephanie Wrightsman Washburn and her husband Charles, Jamie Sherwin, Ridgely and Beth Harrison, Hope and Ed Gropper, Laurie Ylvisaker and Guy Wildenstein.

After the luncheon, the guests hied it over to the stadium where the Grand Prix equestrian derby was in full swing

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Ridgley and Beth Harrison (Palm Beach Polo)



Allan Scherer (Palm Beach Polo)



Aileen Rowland (Hospice)



Johanna Leas (Hospice)



Carlo Bilotti (Hospice)





Angie Ilyinsky (Hospice)

by early afternoon. After an hour or two of watching all those sleek creatures being put through their paces there was just enough time to catch the polo match. "Catching the polo match," of course, also includes checking out the clothes and who's wearing them, the cars, the horses, the players, and the general polo weltanschauung.

Then, as if that weren't enough to wear out even the crustiest veteran of the party circuit, there was barely enough time to shower and shave before it was time to report back to the polo house for the Grand Prix dinner dance in honor of the U.S. Olympic equestrian team. In case you need to be reminded, this is the same team that won the gold medal. That means they are the best in

the world at what they do.

These horsey types love a party, although they're not much for formality — there was hardly a tuxedo in the place, and the acknowledgement of the team's accomplishments consisted of a straightforward toast and the downing of whatever was in the glass on the table. The Olympians — Leslie Burr, Joe Fargis, Conrad Honfeld and Melanie Smith — stood for a brief moment and then

sat, waving guests on to the partying business at hand.

That's what you call having ordered priorities.

It's not often that one gets to attend a party where the center of attention is a picture of the hostess — but that's exactly how it was at **Lewis Widener's** party for Hospice.

Actually, the party was for Hospice via a Swiss clinic famous as a European fountain of youth. La Prairie, the sheep-cell clinic, is marketing a new line of skin-care products. Part of its marketing campaign uses photographs of socially and philanthropically active women, taken by the renowned society photographer Horst. In exchange for the participation in the campaign, the company makes a sizable donation to the subject's favorite charity. And we all know that Hospice is Mrs. Widener's favorite charity, so she threw a little party.

Lots of friends and supporters of Hospice were present, and of course they were all happy over the financial boost. Everyone gathered around Mrs. Widener, telling how wonderful she looked in the ad — which of course, she did.

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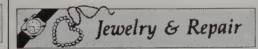
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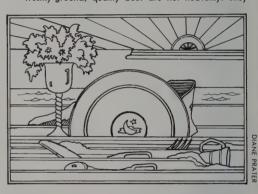
PALM BEACH COUNTY

PALM BEACH

- The Breakers, 1 S. County Road. After 50 years of service, the hotel has maintained the elegance which reflects an era of a more gracious way of life. Dine in the elegant Florentine and Circle dining rooms; have an informal luncheon at the Beach Club or a quick burger or salad at the intimate Golf Club. Veal piccata with lemon sauce is the favorite entree in the Florentine Room. 655-6611.
- Cafe Cocoanut, 237 Worth Ave. Chic Worth Avenue cafe now owned by Carol and Richard Katzenberg of Clematis Street Cafe fame. Offered are glorious soups and desserts, sandwiches on homemade breads, salads and imaginative entrees. Luncheon is open to the public. Dinner is for Dinner Club members only, 833-6448.
- Cafe L'Europe, in the Esplanade on Worth Avenue. A Holiday magazine award winner. European sophistication and quality fare. An extravagant dessert table is laden with fresh fruits and pastries. Old-fashioned apple pancakes with lingonberries, cold plates, salads and luncheon specialties are served from 11:30 a.m. until 3 p.m. From 3 until about 5 p.m. enjoy light snacks and pastries in the bistro-bar area. Freshly baked croissant sandwiches, a crock of onion soup or gazpacho in a crystal goblet are bistro favorites, as are the special coffees and champagne cocktails. Dinner is from 6 to 10:30 p.m. Closed Sundays. 655-4020.
- Capriccio, Royal Poinciana Plaza. Continental and Italian delicacies. Veal dishes are most popular: scalloppine saute Capriccio, scaloppine a la marsala and veal zingara, with its shredded ham garnish and subtle light tomato sauce. Luncheon is served Monday through Saturday from 11:30 a.m. to 3 p.m. Open every night for dinner from 6 until 11 p.m. 659-5955.
- Charley's Crab, 456 S. Ocean Blvd. Fresh seafood dining features local pompano, snapper and swordfish when available, plus fish and seafood from Boston and the Great Lakes. Raw bar, bouillabaisse, paella, Maine lobster and soft-shell crabs also are served. Luncheon hours are Monday through Saturday from 11:30 a.m. until 3:30 p.m. Dinner hours are from 4:30 to 10 p.m. Sunday through Thursday and 4:30 to 11 p.m. Friday and Saturday. Cocktails are served from opening hour. 659-1500.
- Chuck & Harold's, 207 Royal Poinciana Way. Their courtyard features a spinnaker covering which opens for views of the sky as well as dining on the sidewalk cafe. One menu from 11:30 a.m. until 2 a.m. offers burgers, homemade linguine, steaks and ribs. 659-1440.
- Colony Hotel, Hammon Avenue. One block from Worth Avenue and the ocean. Continental cuisine and an atmosphere of a private club have made the Colony a traditional favorite of Palm Beachers. Luncheon indoors or by their famous pool on the Gold Coast, noon to 3 p.m. Dinner, 6 to 10 p.m. Ralph Strain entertains during cocktail hour. Marshall Grant Music for dancing, Don Scherzi conducting nightly, except on Sundays when Marshall appears in person. Reservations. 655-5430.
- Doherty's, 288 S. County Road. Always a good bet, Doherty's has a pub-like atmosphere with great charbroiled burgers, French onion soup, vichyssoise, marvelous chili and great Maryland crab soup. Chicken hash Doherty's is similar to New York's "21" creation. Delicious shad roe with broiled bacon, and live Maine lobster is offered, steaks-angus supreme, fresh fish. Oysters, clams on half shell or stone crabs in season. Homemade desserts are a specialty. Doherty's is open every day serving lunch 11:30 a.m. to 2:30 p.m. Light snacks and hamburgers served from 2:30 p.m. to 4 p.m. Dinner 5:30 p.m. to 11 p.m. Also on Sunday brunch 9 a.m. to 2:30 p.m. 655-6200.

Epicurean. 331 South County Road. American cuisine with a continental flair. Breakfast, lunch and dinner. Luncheon features California cobb salad, Danish open face sandwiches, soups and crepe of the day. For dinner enjoy a Florida cioppino with native fish and shellfish, or fresh salmon with whisky and walnut sauce. The house salad of exotic greens (mache, arugula, raddicio) is special. Continuous service with such offerings as tea and scones and after theater snacking. Bakery on the premises, bar and music. Doors open at 7 a.m. and close at 3 a.m. 659-2005.

Hamburger Heaven, 314 S. County Road. The claim "world's best hamburger" could be debated, but few would say the juicy, tasty burgers prepared from freshly-ground, quality beef are not heavenly. They



also offer steak dinners and glorious pies and cakes. They're open for lunch and dinner. 655-5277.

- Jo's, 200 Chilian. This charming little restaurant, which opened as La Crepe de Paimpol in 1978, now offers a continental menu, but the famous crepes of Brittany are still a specialty. Veal, duckling, baked lump crabmeat imperial and fine steaks. Lobster mousse served in artichoke bottoms is a delicious appetizer. Open for lunch and dinner. 659-6776.
- L'Express. The Esplanade, 150 Worth Ave. French bakery and wine bar. Breakfast, lunch and early dinner. Hours are 9 a.m. until 7 p.m. French breads from baguettes and boules to the batard and sourdough. Takeout includes savory croissants filled with spinach and goat cheese, Italian vegetables, and ham and Swiss. Brioche plus cheeses and pates. Soups, sandwiches and hot entrees such as quiche with ratatouille and bratwurst with warm German potato salad and red cabbage. 833-2117.
- La Famiglia, 235 Worth Ave. Northern Italian cuisine with a few Southern Italian favorites. The popular carpaccio - lean and tender raw beef sliced paper thin plus homemade pastas and pestos and an antipasto table with such delights as mussels marinara and fresh roasted peppers. 655-5959.
- La Trattoria, 251 Sunrise Ave. Italian provincial cuisine cannelloni, zuppa di pesce, piccata di vitello and other dishes typical of the provinces. Dinner only. Closed Sundays. 655-3950.
- Le Monegasque, 2505 S. Ocean Blvd. This popular French restaurant hidden in the Palm Beach President offers top-quality fare. The menu is French but not haute cuisine. Enjoy dishes of Provence such as bouillabaisse and cassoulet. An excellent wine list makes the lack of spirited potables go unnoticed. Open for dinner. 585-0071.
- Maurice's, 191 Bradley Place. An old-timer, they've been here since 1946. Specializing in Italian cuisine, favorites on the extensive menu are seafood posillipo, osso buco and squid Milanese. Open for lunch 10:30 a.m. to 2:30 p.m. Monday through Friday. Hot hors d'oeuvres from 4 to 6 p.m. and dinner from 5 to 10 p.m. seven days a week. 832-1843.

Nando's, 221 Royal Palm Way. A mecca for Palm Beach society for many years. The gracious owner of the restaurant that bears his name originated the scampi recipe so popular in American restaurants. Continental and North Italian cookery are featured. Dinner only. 655-3031.

Petite Marmite, 315 Worth Ave. This landmark restaurant, under new management, features a Continental menu. The best of the old Petite is combined with some new items such as kidneys with mustard sauce, sweet-breads en croute and calf's brains in black butter with capers. Lunch is served from 11:30 a.m. to 3 p.m. and dinner from 6 to 10:30 p.m. Closed Sundays. 655-

Providencia, 251 Royal Palm Way. This restaurant features French cooking with such delights as fresh Dover sole. Entrees include selle de chevrevil and pilaf de Crevettes au Curry. Lunch is served noon to 2:30 p.m. Monday through Friday and dinner is served nightly from 6 to 10 p.m. Valet parking. 655-2600.

Ta-boo, 231 Worth Ave. A Palm Beach dining tradition, Ta-boo features gourmet fare and fine wine in a club atmosphere. Luncheon is served from 11:30 a.m. to 3 p.m. Enjoy cocktails from 4 to 7 p.m. and dinner from 6 to 11 p.m. — with music and dancing until 2 a.m. Reservations suggested. 655-5562.

Testa's, 221 Royal Poinciana Way. Palm Beach's oldest established restaurant is still going strong after more than 50 years. You can dine inside, on the patio or at the sidewalk cafe. Italian dishes dominate the menu, but the other offerings are also delicious, especially the strawberry pie. Open from December to April. 832-

TooJay's, 313 Poinciana Plaza. This cafe and gourmet marketplace offers casual dining for shoppers or anyone in search of good soups, salads, sandwiches and yummy pastries. Pick delicious caraway rye bread for your sandwich and save room for pies, tarts, tortes and cakes. Brunch is served — Sundays only, luncheon and dinner served every day. No reservations. 659-7232. TooJay's also has a cafe at Loehmann's Plaza in Palm Beach Gardens (same menu). 622-8131.

Two-Sixty-Four, 264 S. County Road. Popular luncheon and dinner spot where one can dine on excellent hamburgers, soups and salads. Dinner entrees include, besides steaks and prime rib, catch of the day and stone crabs in season and four veal offerings. 833-3591

Worth Avenue Burger Place, 412 S. County Road. This is the place for Palm Beachers and casual shoppers in the mood for a high-quality burger or an inexpensive dinner. Prime 10-ounce New York strip, homemade layer cakes and pies, plus some homey delights like baked apples, rice pudding and cup custard are favorites. Omelets and sandwiches are served from 11 a.m. until 9 p.m. 833-8828.

WEST PALM BEACH

Bangkok O-Cha, 1678 Forum Place, east of the Palm Beach Mall. The cuisine of Thailand resembles Chinese but has its own character. Indian curries blend with sateh — strips of beef or pork on skewers marinated in coconut milk and curry sauce. Delicate spring rolls and crispy rice noodles, soups flavored with lemon grass, squid in a variety of dishes, including squid salad. 471-

The Beefeeder's Steak Pit & Tavern, 3208 Forest Hill Blvd. Truly a "beef eater's" delight. Flame-broiled steaks and prime rib are specialties but anything on the menu is delicious. Seafood lovers will enjoy catch of the day, king crab legs and excellent shrimp scampi. Dine in pub atmosphere or family dining room. No extensive wine list, but good house wines and full bar. Open Monday through Saturday, 5 to 11 p.m. and Sunday 5 to 10 p.m. 964-1900.

Bennigan's Tavern, 2070 Palm Beach Lakes Blvd. Funky decor and casual atmosphere. Get happy from 11 a.m. to 7 p.m. when drinks are two-for-one. Service is continuous from 11:30 a.m. until 2 a.m. Quiche is offered in several varieties as well as deep-fried vegetables, fried cheese fingers, burgers, steak and chicken.



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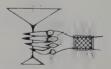
Their champagne brunch Sundays from 11:30 a.m until 3 p.m. features eggs Benedict. 689-5010.

- Blue Front Barbecue, 1225 Palm Beach Lakes Blvd. Barbecue-loving folks dote on the ribs grilled over oakwood fires. They also have chicken, pork and beef with the smoky flavor, plus black-eyed peas, corn bread and sweet potato pie. 833-6651.
- Ciae, 3416 S. Dixie. Owner-chef Gino turns out by hand the most delicious pastas in various forms which are offered with freshly made sauces. Veal dishes are special, as well, in this popular and reasonably priced restaurant. Don't miss the mozzarella in carozza and calamari frita as an appetizer. Dinner from 4 p.m. to 10:30 p.m. 659-2426.
- Dominique's, 214 S. Olive Ave. Italian continental cuisine, serving three or four special dishes each day. A variety of sandwiches and salads are available. Takeout hot and cold meals or eat-in. Lunch only. 833-2805.
- The Gathering, 4201 Okeechobee Blvd. Choose from a varied menu of seafood, beef and surf-and-turf though the selections of Midwestern beef (aged on the premises and cut daily) are a specialty. Try the rice pilaf and the lavish 36-item salad bar. Irish, Jamaican and Keoke coffees are also featured. Dinner is served Sunday through Thursday from 5 to 10 p.m. and on Friday and Saturday until 11 p.m. No reservations. 686-2089
- Granada, 624 Belvedere Road. Cuban fare is featured, with Spanish accents. Paella and hearty soups are served. Caldo Gallego is the pride of the house. They are open for luncheon and dinner. 659-0788.
- Gulf Stream Seafoods Restaurant and Fish Market, 5201 Georgia Ave. Hot plates include fried snapper, shrimp, oysters and Ipswich clams. Pick your fish or seafood from the retail market and have it cooked to order. Lebanese pastries are available. Open Monday through Saturday, Lunch and dinner, 588-2202
- Houlihan's Old Place, Palm Beach Mall, 1801 Palm Beach Lakes Blvd. Houlihan's has everything from light bites to full course fare. Snacks include batter-fried mushrooms and zucchini, nacho platters and egg rolls. Crispy roasted boneless duck with Grand Marnier sauce is a specialty. Special drinks include margaritas, frozen daiquiris and exotic coffees. 471-9440.

- Hyatt Palm Beaches, 630 Clearwater Park. The hotel's sophisticated Cafe Palmier will appease anyone's epi-curean longings. Food is beautifully presented and you'll like the little extra touches in this first-rate restaurant. Bay scallops with broccoli in creamy saffron champagne sauce, filet mignon with artichoke hearts, goose liver mousse and truffle sauce, veal Normandy with apples, morels and tomato noodles are among the offerings for dinner. The Terrace offers breakfast and continuous lunch-dinner service. You'll enjoy Italian omelettes baked open-face, sandwiches and salads lavishly garnished with fresh fruits and vegetables, ribs, steak and fish of the day. 833-1234.
- La Scala, 205 Datura St. This charming Italian restaurant offers fresh pasta and homemade bread. Fish of the day and zuppa di pesce are specialities. 832-6086.
- Margarita y Amigas, 2030 Palm Beach Lakes Blvd. Mexican food is served in an attractive setting. Nachos, enchiladas, tacos and burros, combination plates and chimichanga are on the menu. The wild tostada is outrageous but fun. Order a bucket of six South-of-the-Border beers and have a tasting. The menu is the same 11 a.m. until midnight. 684-7788.
- Ming Kee, 5774 Okeechobee Blvd., in Century Plaza. Takeout Chinese food is cooked to order with love. Combination dinners are for one, two or three but will easily serve more. Try the moo goo gai pan with thick pieces of fresh white meat chicken, snowpeas and Chinese vegetables. Good egg rolls and wonton soup are served. Special Chinese dishes are prepared on request. 684-0482.
- Mr. Tandoori, Commons Mall, 12794 West Forest Hill Blvd., Wellington. Tandoori specialties and curries feature chicken, meat and seafood. Biryani rice dishes and vegetables are also served. For starters, try lamb, shrimp and chicken pieces marinated and barbecued tandoori style. Lunch is served from 11:30 a.m. to 2:30 p.m.; dinner from 5:30 to 10:30 p.m. 798-2755.
- Nonna Maria, 1318 N. Military Trail in Luria Plaza. Intimate Italian restaurant offers provini veal dishes and pasta. Rollatini is veal stuffed with prosciutto and mozzarella cheese and topped with mushroom sauce Zuppa di pesce heaps shrimp, clams, mussels, scungilli and calamari atop linguine. 683-6584.

- Royal Greek, 7100 S. Dixie. Family restaurant offers Greek and non-Greek dishes with home-cooked flavor. Pepper steak kabobs, moussaka, pasticho and baklava are delicious. Be sure to try their Greek wines and the towering coconut meringue pie. They're open for breakfast, lunch and dinner. Closed Sundays. 585-
- Sawgrass Grill, 1756 S. Congress Ave., Palm Springs. A handsome restaurant offering fresh seafood and steaks. Catch of the day, shrimp and lobster tails and choice grilled steaks. Luncheon features a wide selection of salads and sandwiches. 964-4101.
- Sitar of India Restaurant, 7504 S. Dixie. Patterned after the famous Khyber Indian Restaurant in Chicago, the fare is authentic with many dishes cooked in the tandoor oven. Specialties include Mughlai curries and Biryani rice dishes. Indian breads are a delight. Begin your meal with a sweet or salty lassi or a bowl of Mulligatawany soup. Lunch and dinner and most items available for takeout. 582-2496.
- Tequila Willie's Saloon & Grill, 2224 Palm Beach Lakes Blvd. This fun restaurant has a casual Mexican atmosphere, where you can enjoy a variety of munchies or a full dinner. They also offer American burgers and deli and raw bar food. The "stampede," designed to serve four to six, includes tacos, enchiladas, tamales, tostadas and more. Open for lunch, dinner, late snacks and Sunday brunch. 471-1900.
- This Is It Pub, 424-24th St. Featuring charming pub atmosphere along with good drinks, good food and friendly service. Delicious soups and chowders, daily gourmet specials from chicken cacciatore to bouillabaisse, fresh crusty bread, aged prime ribs and steaks, dessert drinks plus Key lime pie are served. Service is continuous for luncheon from 11:30 a.m. Tuesday through Saturday. Dinner from 5 until 11 p.m. week days and until 11:30 p.m. Friday and Saturday. Closed Sundays and Mondays. Reservations are suggested.
- Tony Roma's, 2215 Palm Beach Lakes Blvd. The place for barbecued baby-back ribs and great French-fried onion rings. Or go for barbecued chicken, pan-fried brook trout, a burger or a steak. They're open from 11 a.m. until 1 a.m. Monday through Thursday and until 3

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a.m. on Friday and Saturday. Sunday hours are 2 p.m. until midnight. No reservations. 689-1703.

Visko's Steamroom, 1930 N. Dixie. Steamed fish and seafood are the specialties at this New Orleansstyle restaurant. Crawfish from Louisiana in season, fresh flounder and local fish steamed in special ovens are featured in addition to brisket of beef and cornish hens. Appetizers include steamed oysters bordelaise and eggplant with shrimp and crabmeat. (Peel your own shrimp and deposit shells in brass buckets at each table.) Full bar and lounge. Dinner only. 833-3777.

Willie's Fresh Seafood Restaurant, 1681 N. Military Trail. Featuring attractive rooms with courtyard and spacious bar, Willie's has fresh fish in season. Veal Oscar features provini veal topped with crabmeat. Fresh grouper with linguine and shrimp marinara are good choices as is the clambake for two. 686-6062.

Yamato Steak House of Japan, Pine Trail Plaza on Okeechobee Boulevard and Military Trail. Raw steak, chicken, shellfish and vegetables are grilled at the table by Japanese chefs. Five-course dinners feature sirloin, filet mignon, sesame chicken, shrimp, lobster and scallops. Tempura shrimp and vegetables are also good. To quench your thirst there is plum wine, sake and Japanese beers. They're open Monday through Saturday, 4:30 to 11 p.m. and Sunday 2 to 10 p.m. 686-3508.

LAKE WORTH

Alive & Well, 612 Lake Ave. Serving food for health such as salads, sandwiches and homemade soups. Dinner entrees include baked eggplant and stuffed avocados. Freshly squeezed juices, natural ice cream, hot carob sundaes and other desserts are on the menu. Wine and beer are served. No smoking. 586-8344.

Cafe Vienna, 915 Lake Ave. Substantial, home-cooked fare such as sauerbraten and potato dumplings, spaetzle and wiener schnitzel are featured. Desserts are a delight — sachertorte and the German schwarzwalder kirschtorte and apple strudel. 586-0200.

Dragon Inn, 6418 Lake Worth Road in Lake Worth Plaza. Cantonese, Mandarin and Szechwan style dishes are served. Hong Kong steak, lemon chicken and Mandarin shrimp are on the menu. Open for lunch and dinner. 965-0418. L'Anjou, 717 Lake Ave. Entrees include crepes, omelets, eggs Benedict, beef Wellington and duck pate. You'll like this small French restaurant. Open for dinner only. 582-7666

Lovin' Oven, 4526 Lake Worth Road. This casual eatery makes the most of the fresh breads and rolls its bakery turns out each day. Freshly baked rye is the base for the Reuben, French bread for the roast beef au jus and either a soft braided roll or a hard "bulkie" (steamed roll fashioned of challah dough) for the 7½ ounce burgers. Soups are made from scratch and salads are a feast. Open every day for breakfast and lunch, but you can grab a bite from the bakery until 7 p.m. Takeout and catering are also available. 433-5000.

Oriental Express, 375 S. Military Trail. Chinese fare in attractive and comfortable surroundings. The menu reflects some of the best of Cantonese, Mandarin and Szechwan styles of cooking. For mushroom lovers, Triple Mushroom Cow teams strip steak with straw, button and black mushrooms and snow pea pods in oyster sauce. Luncheon and dinner. 968-3550.

Pancho Villa, 4621 Lake Worth Road. Mexican and a few South American favorites: real tamales steamed in corn husks, chiles rellenos, tacos and enchiladas. Soncocho stew, a specialty of the house, is a tasty concoction of meat, yucca and plantains. Mexican beer is available. Service from 10:30 a.m. every day. Takeout or eat-in. 964-1112.

Swedish Steakhouse, 824 Lake Ave. Scandinavian fare in a pleasant setting. Luncheon specialties range from Swedish meatballs with lingonberries to braised brisket with horseradish. Grilled salmon and flounder are seasoned with dill and beef tartare is freshly "scraped" tenderloin or strip steak. Luncheon hours are 11:30 a.m. to 2:30 p.m., Monday through Friday. Dinner is served Tuesday through Saturday, 5 to 9 p.m. Sunday hours are 11:30 a.m. to 8 p.m. 585-1937.

Tijuana Express, 5380 10th Ave. Petite Mexican restaurant, tucked away a mile west of Military Trail on 10th Avenue. Handmade corn chips and corn and soft flour tortillas are used to make enchiladas, tacos, burritos, quesadillas and other Mexican foods. Dine in or takeout. Miniature versions of chimichangas and burritos sold by the dozen. 969-0666.

LANTANA

The Ark, 2600 W. Lantana Road. Meat, seafood and fowl
— and plenty of it — are available at affordable
prices. The roast prime rib comes in four cuts from eight
to 24 ounces or try the "elephant" 16-ounce strip.
Tropical setting and an animal-related menu carry out
the Noah's ark theme. Reservations not necessary. 9688550.

BOYNTON BEACH

Banana Boat, 739 E. Ocean Ave. on the Intracoastal. Dine on the patio or in the lounge with views of the waterway. Featured are soups, hearty sandwiches and burgers. Entrees include coconut shrimp, fresh Florida lobster, shrimp scampi and filet mignon. Open daily for lunch and dinner. 737-7272 or 428-3727.

Chef's Touch, 1002 N. Federal Highway. Handwritten menu is table d'hotel and changes daily. Prix-fixe offers a choice of five entrees, two appetizers, choice of soup, sorbet, salad, cheese and dessert. A la carte menu offers Irish smoked salmon and escargots or choice of hors d'oeuvres from the fixed menu. Entrees range from steaks, fish and rack of lamb for two. Service is formal but not pretentious. Pleasing ambience with cozy corners and a small dining room for private dining. Luncheon and dinner. Closed Monday. Reservations suggested. 732-5632.

Elina's Mexican Restaurant, 3633-B S. Federal Highway.
This unpretentious restaurant seats around 60 from 11 a.m. until 11 p.m. Soups, enchiladas, tamales, tortillas, burritos and the puffy sopapillas served with honey are available. Closed Mondays. 732-7252.

DELRAY BEACH

The Arcade Tap Room, 411 E. Atlantic Ave. One of Delray's oldest restaurants, The Arcade Tap Room features a range of beef and seafood entrees, including a fine prime rib. Dine amid music from 7 to 11 p.m. Daily luncheon specials are also featured. Lunch, 11 a.m. to 5 p.m.; dinner, 5 to 10 p.m. Closed Sundays. Reservations suggested. 276-0401.

Erny's, 1045 E. Atlantic Ave. This friendly, neighborhood restaurant boasts a delicious broiler menu of steaks and chops. Seafoods include shrimp scampi and seafood Newburg. Extensive luncheon menu features home-



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made soups, salads, sandwiches and seafood platters. Lunch, 11 a.m. to 3 p.m.; dinner, 6 to 11 p.m. Closed Sundays. 276-9191.

BOCA RATON

- Bali Plaza, 21212 St. Andrews, in the Village Square shopping center. Indonesian-Chinese fare is served in a chic setting. The famous rijstaffel is a specialty for two while the schools of Hunan, Cantonese and Szechwan are represented in the Chinese specialties. The Szechwan sliced duck cooked with hot peppers is excellent. 391-6676.
- Casa Gallardo, 353 Town Center Mall. Authentic Mexican dinners, appetizers, desserts and drinks are served. Chimichanga featuring a large crisp tortilla, juicy chunks of beef and pork, and Monterey jack cheese is tremendous. Double-frozen Margaritas are a specialty. Open seven days, 11:30 a.m. to midnight. 368-1177.
- Chez Marcel, Royal Palm Plaza on Federal Highway between Camino Real and Palmetto Park Road. Cozy French Bistro. Menu geared to seasonal foods. Sea scallops with Belgian endives, fresh salmon with morels and melt-in-the-mouth seafood mousselines. Lamb steak and sirloin in Madagascar green peppercorn sauce. Limoges china and French glassware but moderately priced. 368-6553.
- Dominic's, 1-95 and Glades Plaza in the Holiday Inn. A first-class restaurant with romantic, "Italian Village" atmosphere offers excellent Italian fare including a parade of veal dishes. Pasta is prepared Bolognese style, carbonara or with seafood. They also feature a broad selection of wines. Open for dinner only from 5 to 10 p.m. Sunday through Thursday and until 10:30 p.m. Friday and Saturday. 368-5200.
- La Vieille Maison, 770 E. Palmetto Park Road. "The Old House," a gem of the Addison Mizner era, offers a romantic setting for dining. The food is excellent, the service sophisticated and the ambience agreeable. Spectacular wine list is available in this five-star Mobil award-winner. 391-6701.
- Sweetwater Barbecue Rib House & Grill, Glades Plaza.

 As the name implies, this family restaurant features
 Southern barbecued ribs and ranch-style chicken. Fresh
 fish of the day and a selection of charbroiled entrees
 are also favorites. Lunch is served from 11:30 a.m. to

- 2:30 p.m. and dinner is served from 5 p.m. Takeout is available. 368-7427.
- Tom's Place, Glades Road and Old Dixie Highway. Soul food restaurant with good down-home cooking serves great ribs plus catfish and hush puppies, fried chicken, cornmeal muffins and collard greens. Inside offers a homey atmosphere. Takeout is available. 368-3502.
- Tycoons, 2350 Executive Center Drive in the Arvida Center. Elegant but casual ambience located in Boca's financial hub. Native fish is a specialty. Seafoods include yellowtail, Florida red snapper and grilled swordfish. Steaks, veal chops and lamb chops are offered. Burgers, sandwiches, salads and special luncheon entrees. No reservations. 994-2269.
- Wildflower, Palmetto Park Road at the Intracoastal. Waterfront cafe serving luncheon and dinner daily. Salads, omelets, steaks, quiches, crepes and burgers. Dancing after 9 p.m. 391-0000.

PALM BEACH GARDENS

- The Explorer's Club, PGA Sheraton Resort, 400 Avenue of the Champions. This gourmet dining room offers specialties from around the world. Appetizers include Russian piroschki and Japanese shrimp sushi. Entrees range from tenderloin of lion to venison. Red snapper is prepared Caribbean Islands style with cilantro. Lamb chops are wrapped in strudel pastry and spiked with Greek retsina. 627-2000.
- Ristorante La Capannina, 10971 N. Military Trail, PGA Boulevard and Military Trail. Italian fare is prepared and served with finesse. Pasta special fresh daily, rigatoni alla vodka, cannelloni and fettuccine Alfredo are offered. Veal specials include broiled or stuffed veal chops, saltimbocca and zingara. Zuppa di pesce and frittura di calamari and gamberi are popular fish items. Open for lunch and dinner. 626-4632.

NORTH PALM BEACH

Bentley's, 730 U.S. 1. You'll find excellent service and an imaginative menu. Chilled poached salmon with dill sauce is among the appetizers. Homemade soups, fresh "al dente" vegetables in season and rosin-baked potatoes are offered. You can top your prime rib with fresh asparagus and crabmeat in bearnaise sauce. A better-

- than-average wine list is reasonably priced. Colorful church windows and plants provide a handsome atmosphere. 842-6831.
- Bistro Gavaroche, 1201 U.S. 1, in the Crystal Tree plaza. European decor and ambience. Country-style duck terraine with homemade bitter-orange marmalade and rack of lamb with fresh herbs are just a sampling of what is offered. Breads and French pastries are baked on the premises. The chef served his apprenticeship at Georges Cinq in Paris. 626-5502.
- Jack Baker's Lobster Shanty, 211 N. Federal Highway. Lobsters, broiled or boiled, priced according to size, plus a delightful array of fish and seafood are served. Steamer clams are served with broth and butter, Chesapeake Bay soft-shell crabs and fresh-caught native fish. Open 4:30 p.m. daily. No reservations. 842-7233.
- The Fisherman's Cafe, 661 N. Federal Highway. This charming restaurant resembles the gingerbread homes in Old Town Key West with its wide veranda set with white wicker chairs. The Cafe offers some of the best fresh fish in the area, plus such delights as fresh oysters Rockefeller with Pernod and shrimp scampi in fresh tarragon butter sauce. Specialties change daily. Don't pass up the Key lime pie. Lunch only. Dinner from 4:30 to 10 p.m. Sunday through Thursday and 4:30 to 10:30 p.m. Friday and Saturday. No reservations. 848-9600.

RIVIERA BEACH

- Crab Pot, 386 E. Blue Heron Blvd. under the Riviera Beach bridge. Eat blue crabs, catfish and shrimp steamed in beer, while you smell the sea air. 844-9245.
- Portofino, 2447 Ocean Blvd. This Italian cafe has a view of the ocean. Try their lasagna and ravioli with homemade noodle dough. Other Italian favorites are offered at modest prices. A beautiful espresso machine turns out fantastic coffee and capuccino creations. Pastries and pizza also are on the menu. 844-8411.

LAKE PARK

Cafe du Parc, 612 Federal Highway. Charming French restaurant in a house features boneless duck with green peppercorns, quail, sweetbreads, beef Wellington, Dover sole and salmon en croute. Desserts are special. Open for dinner only. 845-0529.



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JUPITER-TEQUESTA

- Cobblestone Cafe, Gallery Square North at 383 Tequesta Drive. Blackboard specials change daily. Plum de veau veal prepared en croute, rack of veal, veal chop stuffed with ham and cheese, and veal francaises. Specialties include duck with bing cherries, breast of capon and shrimp with mustard sauce. Fresh vegetables, homemade soups and fine pastries. 747-4419.
- Harpoon Louie's, 1065 SR A1A. Located on the shores of the Jupiter Inlet, with view of the Jupiter lighthouse this is a casual all-around restaurant where one can enjoy "munchies" and entree specialties under \$10. Imaginative breakfasts from 7 to 11 a.m. feature freshly baked items by Irish pastry chef, an English-style mixed grill and unusual breakfast entrees such as poached eggs served over sliced avocados and topped with bearnaise sauce. Lunch is from 11 a.m. to 5 p.m.; dinner from 5 until 10 p.m. Dine casually on the canopied porch. 747-2666.
- La Caravella, 350 U.S. 1 in the Jupiter Bay Shops. Enjoy the happy marriage of Italian cuisine with a French touch. For luncheon, chicken in champagne, veal piccata, eggs Benedict and outstanding cold entrees such as poached salmon with Russian salad. Roasts carved at the table for dinner. Seafood runs the gamut from zuppa de pesce to froglegs provencale and Dover sole. 744-1978.

INDIAN RIVER COUNTY

VERO BEACH

- Driftwood Inn, 3150 Ocean Drive. On the ocean in the picturesque Driftwood Resort, this handsome restaurant fashioned of brick, antique wood and glass offers a varied menu: osso buco, smoked chicken, mushroom and spinach salad, and fettuccine Alfredo. Prime meats and fresh fish are grilled over mesquite charcoal from Texas which imparts a unique and delicious flavor. Another specialty is their international coffee bar. Open for dinner 5:30 to 10 p.m. 231-0336.
- Forty-One, 41 Royal Palm Blvd. Imaginative French chef, elegant decor and French service combine to make this restaurant one of Florida's best. Fresh oysters topped

- with caviar and creamy horseradish sauce, seafood bisque, iced cucumber soup, sweetbreads, seafood crepe Brittany, grouper Bonne Femme, bouillabaisse and sauteed shallots are featured. 562-1141.
- Ocean Grill, Sexton Plaza. On the ocean and a survivor of the ocean sprays and wind for more than 50 years, this landmark seems fashioned of driftwood. Inside there is a museum of wrought iron ships' bells, stained-glass windows and mahogany. Feast on Indian River lump crab caught in the river at the restaurant's back door, plus local fresh fish. The kitchen turns out blueberry-pineapple muffins, bread, cakes and a truly authentic Key lime pie. Good steak and daily specials also are featured. 231-5409.
- P.V. Martins Beach Cafe, 5150 N. A1A, between Fort Pierce and Vero Beach. This oceanfront restaurant has a casual, Florida atmosphere. Items from seafood and alligator tail and oysters conch-style to barbecued ribs are served. 465-7300 or 569-0700.

MARTIN COUNTY

JENSEN BEACH

Frances Langford's Outrigger Resort, 905 S. Indian River Drive. Polynesian setting on the Indian River offers Polynesian and American fare. Try the Outrigger Tiki, a combination of sliced barbecued pork, chicken and lobster with Chinese vegetables and served with a secret sauce. Open every day. 287-2411.

STUART

- Benihana of Tokyo Steak House, on the St. Lucie River at the bridge on Ocean Boulevard. Hibachi cuisine is cooked at the table. Japanese chefs perform their unique skills with flashing knives as they prepare steak, shrimp and vegetables in full view of the diners. Eat with "waribashi" (Japanese-style chopsticks) and try a sake martini presented with a slice of cucumber instead of an olive. Lunch and dinner. 286-0740.
- Conchy Joe's, 3945 N.E. Indian River Drive. Splendid views of Indian River. Raw bar snacks from 11:30 a.m. until 10 p.m. Luncheon and dinner menu offers fish, steaks and ribs from the wood grill, plus alligator and Bahamian conch chowder and fritters. Dozens of exotic

- tropical drinks, Key Lime pie. A fun place with "old Florida" ambience. 334-1130.
- Jake's, 423 S. Federal Highway. Their salad bar features clams on the half shell, soup kettle of the day, steaks, fish and sandwiches. Sit by the fire if it's cool; read a book if you like. 283-5111.
- Le Pavillon, 3220 S.E. Federal Highway. A haven of hospitality and fine food prepared with devotion by two Swiss chefs. Fresh foods, such as swordfish taken from Cocoa Beach waters, are offered during peak seasons. Veal Francaise is outstanding. 283-6688.

BROWARD COUNTY

DEERFIELD BEACH

Pal's Captain's Table, Hillsboro Beach Boulevard and the Intracoastal Waterway. Come by auto or boat. Pal's menu features fresh seafood, salads and traditional favorites with continental service and Intracoastal views. Special, lighter-appetites menu has complete but "unstuffy" meals. Fresh-baked desserts are offered. Open for lunch, dinner and Sunday brunch. 427-4000.

LIGHTHOUSE POINT

Cap's Place, 28th Court. This offbeat restaurant is accessible by boat only. Drive your car to the dock, turn on the light and a boat will take you over. Specialty is seafood. Call for exact address. 941-0418.

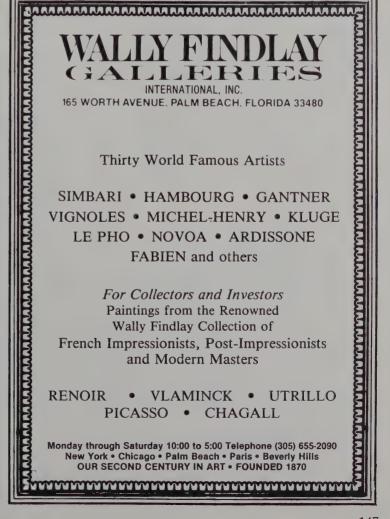
POMPANO BEACH

Harris Imperial House, 50 N. Ocean Blvd. It doesn't look like a Chinese restaurant, but legions come for the Cantonese as well as American fare. Evening luau buffet is extremely popular and the price is right. They serve lunch and dinner. 941-2200.

FORT LAUDERDALE

Bryan Homes Restaurant, 301 N. New River Drive West. Situated on the New River, in Fort Lauderdale's Historic Center, two century-old homes converted into a restaurant offers old-fashioned private dining parlors. Sherbets, ice creams, breads and soups prepared daily. Pompano with macadamia nut butter, beef Viennese, Chicken ala Ritz, creole and seafood dishes. Chocolate





meringue rings. Luncheon and dinner and Saturday and Sunday 12 to 3 p.m. New Orleans Brunch. Docking facilities. Reservations suggested, but not required. 532-0177

Casa Vecchia, 209 N. Birch Road, situated on the Intracoastal Waterway. An exciting restaurant conceived by the proprietors of Down Under and La Vieille Maison. A charming old house transformed into an engaging Mediterranean restaurant, featuring the ultimate in northern Italy and French Riviera cuisine. Reservations are a must, 463-5465.

Down Under, 3000 E. Oakland Park Blvd. Truly down under the Oakland Park bridge. Sit at tables according to your mood — patio, porch, balcony, waterfront, garden or tavern. Dine on great food and wine. It is always bustling with customers. They serve lunch Monday through Friday. Dinner 6 to 11 p.m. daily. 563-

Le Dome, 333 Sunset Drive. A panoramic view of the city is offered in this rooftop restaurant with an extensive and imaginative menu. Osso buco, rack of lamb and San Francisco's cioppino are on the menu. Open 6 to 11 p.m. daily. 463-3303.

Les Trois Mousquetaires, 2447 E. Sunrise Blvd. It's worth a visit just for the pastry cart. Classic French cuisine is served. They serve lunch noon to 2:30 p.m. Monday through Friday. Dinner 6 to 10 p.m. except Sundays.

Orsini's. 2400 E. Las Olas Blvd. Italian cuisine served in an atmosphere that reflects old world elegance. Rigatoni alla vodka, gnocchi and fettuccine with white cognac sauce are a few of the dishes served. Hours are 6 p.m. until 1 a.m., six days a week. 467-2400.

Renaissance, West of Fort Lauderdale off S.R. 84 at Bonaventure Inter-Continental Hotel and Spa. Exquisite and expensive fare is served on Royal Doulton china. Appetizers include oysters topped with leeks gratinee, lobster medallions and escargots en croute. Entrees include duckling, rack of lamb, chateaubriand and veal chops. Dining room overlooks spectacular waterfalls. Dinner only. 474-3300.

Sea Watch, 6002 N. Ocean Blvd. Dine where the windows open to the ocean breezes or in air-conditioned comfort in this extraordinary multilevel structure of weathered wood. Enjoy seafood or beef. Prime ribs are roasted in rock salt and served with creamy horseradish sauce. Other specialties include ocean-fresh Florida pompano and red snapper, plus the catch of the day, bouillabaisse and delicious conch chowder. Luncheon fare offers a variety of special salads, Danish sandwiches and hot entrees such as coquille St. Jacques, crepes and grouper. 781-2200.

Yesterday's, Oakland Park Boulevard at the Intracoastal. Main dining room serves Continental/American fare, the gourmet Plum Room offers a special menu with the added attractions of foot pillows and telephones at the tables. The Upstairs Porch is a greenhouse saloon with view of Intracoastal. Food and drinks served throughout Yesterday's including the One-Up Lounge which offers dancing. 561-4400.

DADE COUNTY

MIAMI BEACH

The Dining Galleries (Fontainebleau Hilton), 4441 Collins Ave. Enjoy elegant dining in a classical atmosphere. Crown roast of lamb, bouillabaisse, chocolate marble cheese cake and dessert drinks are on the menu. Come for Sunday brunch. 538-8811

El Bodegon-Castilla, 2499 SW 8th St. Spanish cuisine. Seafood paella plus the traditional paella are served. Caldo Gallego and snapper with green sauce are favorites. 649-0863.

The Forge, 432 Arthur Godfrey Road. Decor is on the baroque side, with crystal chandeliers and stained glass. Steaks are served with imaginative toppings. Fifty-page wine list is available. Open 6 p.m. to 3 a.m. daily. 538-8533.

Gatti, 1427 West Ave. The second oldest restaurant on Miami Beach (Joe's Stone Crab has a few months' seniority) specializes in Northern Italian dishes, steak and seafood. 673-1717.

The Good Arthurs, 790 NE 79th St. located on a causeway leading from Miami to the beach. Dine indoors or outdoors. Enjoy some of the best seafood in Florida dolphin, snapper almondine, a bountiful Caribbean bouillabaisse. 756-0631.

Joe's Stone Crab, 227 Biscayne St. Doing business at the same stand for 60 years. Stone crabs, hashbrown potatoes, seafood and Key lime pie. Lunch is served Monday through Friday from 11:30 a.m. to 2 p.m.; dinner is served every evening from 5 to 10 p.m. 673-

The Prince Hamlet, 19115 Collins Ave. North Miami Beach. Originally established in 1969, the Prince Hamlet restaurant has reopened in a new location on Miami Beach. Still featuring the famous 52-foot Danish cold table with every meal, entrees include red snapper papiloite, Dansk roast duck, veal oscar, weinershnitzel, rack of lamb, and the Danish cutlet of beef for two. 932-8488

CORAL GABLES

Le Festival, 2121 Salzedo. Cheese souffle appetizer is a delight. Entrees include duckling a l'orange flamed in Grand Marnier, chicken in champagne sauce. T patissier turns out a delicious assortment. 442-8545.

MONROE COUNTY

ISLAMORADA

Green Turtle Inn, at mile-marker 81.5. The menu features conch and turtle flipper chowders, fresh fish and Key lime pie. Open every day except Monday from noon until 10 p.m. 664-9031.

KEY WEST

A & B Lobster House, 700 Front St. This family restaurant, located on the water next to the shrimp boat docks, offers excellent, fresh seafood. 294-2536.

Fogarty's 1875 House, 227 Duval St., in the old Key West area. There is plenty of atmosphere here, as well as a menu featuring Continental, seafood and curry specialties. 296-9592

Pier Restaurant, (Pier House Motel), 1 Duval St. People with a penchant for dining on the water will be delighted with the four-sided view here. Luncheon specialties include fish fingers and seafood quiche. A large dinner menu offers everything from grilled Florida grouper to roast rack of lamb. 294-4691.

Poor Richard's Italian Garden and Buttery, 1208 Simonton St. This is one of the more interesting places in the area. 294-9020.



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(Continued from page 85)

working of late, he said, with Boca Raton architect James Barretta and the Miami-based firm Arquitectonica, and some recent examples of his large-scale public sculpture can be seen at 1200 Corporate Place and One Lincoln Place in Boca Raton, Sunrise Savings and Loan in Boynton Beach, and Barnett Bank in downtown West Palm Beach.

Helsmoortel — who was born in Antwerp, North Belgium, and who came to the United States in 1958, becoming a citizen six years later — has a long list of such commissions in public places in this

'an unrepentant modernist'

country, Canada and Europe — a career honored by a "work in progress" show in Miami in 1980 and about to be recorded on videotape for public television.

At a time when neo-expressionism and a return to the figural are the hottest topics in the art market, Helsmoortel remains an unrepentant modernist. That is one of the strongest appeals of his work — an apostolic succession, as it were, linking him with the heroic age of modernism in the early years of this century. There are echoes of the Russian constructivists in his large sculptures or, closer to home, of the Dutch artists of De Stijl — and in some of the smaller works an exploration of forms which, in the manner of Jean Arp, suggest shapes found in nature while remaining abstract. He has also done loose, poetic color-field paintings on unprimed canvas and an extraordinarily appealing series of drawings of big, fleshy women at the beach which link him in spirit with his native city's greatest artist, Peter Paul Rubens. Helsmoortel sees no contradiction in this variety of styles; in the golden age of 17th-century art, for example, such versatility would have been expected of any talented artist, and the long, economical lines with which he draws a woman are not as far removed as it might appear from the well-defined contours of his assemblages in metal.

"I believe very firmly that everything in my work is related," he told me. "An artist shouldn't be like a doctor, concentrating only on one little specialty."

"I feel very close to the early Flemish primitives — Van Eyck and his school," he added. "We are not in the 15th century, but we as artists are part

of it still. Great art all belongs to the same family. There's a sense of quality you see in a silverpoint drawing from the 18th century and in a fine drawing of Picasso's."

In suggesting some of the affinities to be found in Helsmoortel's work with an earlier tradition, I would not want to leave you with the idea he is merely recapitulating art history, not making art. For example, his large metal basreliefs — where the complex geometry of planes jumps out at the viewer — are in the spirit of those cone-and-pillar constructions which in recent years Frank Stella has made the very definition of the most up-to-date in advanced modern art.

Yet at a time when so much contemporary art seems instantly disposable — I don't mean in an aesthetic sense, I mean in a literal sense of being shoddily made (a nightmare for the art-conservators of the future, already in evidence) — Helsmoortel is old-fashioned enough to be a craftsman who builds to last. "I believe in the ethic of doing things well," he said. "An artist should be aware of his responsibility" — just as an architect or builder should be. His choice of materials, concrete, steel, aluminum, fiberglass, Plexiglas, bronze, bears this out.

Amid such variety Helsmoortel's tall metal sculptures stand out, in more than the obvious sense. For all their uncompromising modernity, they serve as yet another manifestation of one of the most enduring motifs in art: the tower, reaching to the heavens. The obelisk, the Tower of Babel, the sleek skyscrapers of the 1930s are all evidence of this; even the Eiffel Tower, as much as it now seems a part of a picture-postcard landscape, was for the first generation of modernists a soaring emblem of all that was new and vigorous and liberating in the technological age. The tower, like the mountain peak, has often suggested sublimity — the aesthetic quality that lifts man out of the everyday, that thrills and frightens a bit at the same time.

American artists have traditionally sought the sublime in nature — whether literally, as with Thomas Cole, or highly metaphorically, as with Mark Rothko — while Europeans have more commonly pursued it in man-made forms, from the spires of Gothic cathedrals to Tatlin's never-built monuments to the Russian revolution. How fortunate for Palm Beach that an artist of Robert Helsmoortel's stature — an artist who brings so much that is European to a context that is distinctly New World — is continuing this search in its own back yard.



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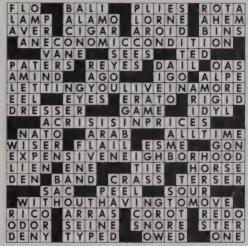
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THE STARS & YOU

Aries (March 21 - April 19)

With Venus and Mercury in your sun sign this month you will continue the upswing that started several months ago. High energy and motivation characterize this period of time, and you can make great progress now in your business affairs if you put time and energy toward these goals. The full moon on the 5th should bring a romantic relationship worth pursuing. Both Mercury and Venus are retrograde most of the month but this should not stop you from working things out through the planning stage. Concrete progress may have to wait until Mercury is direct after the 17th, when you set long-term goals and put your plan into action. Practical solutions to money problems can be found now. You will look upon most of your spending now as investment, so be sure you are not fooling yourself. Get professional advice on the 21st.

Taurus (April 20 - May 20)

This is the month when you can make major progress on the deep inner level of personal growth that has characterized this last 18-month period. Events and conditions are stirring up some of those past emotions that need looking at and dealing with. You are more anxious than ever to get to the bottom of the trouble and solve the problem. The full moon on the 5th can time the event that will start this revolutionary change on the inner level, and you will be glad to be getting on with it. When the sun enters your sign on the 21st you feel somewhat released from the past and able to get on with your future plans with a sense of relief. The end of the month brings a spurt of energy and enthusiasm that can carry you through the rest of the month. Your new perspective helps in dealing with older members of your family and authority figures.

Gemini (May 21 - June 20)

New conditions are beginning to develop on the work front that will change the conditions of your job or business over a long period of time. These changes will be slow and develop over a period of years but now is when you should be planning for your retirement, or at least considering your options, even if you are very young. Gemini has a tendency to put things off until the last minute and when it comes to real life situations this can be a dangerous attitude. You do not have to make absolute or concrete plans at this time, but you should begin to be aware of the opportunities available for you now. Making a will, planning investments, buying insurance and making a commitment to a lifetime plan of action, are all methods of dealing with the future that you must consider. After the 17th, you can get back to the one-day-at-a-time life.

Cancer (June 21 - July 22)

A new, strong settling influence is moving into your partnerships, both romantic and business. This is something you have been waiting and hoping for. It will characterize a period of your life when home life, family, loved ones and close relationships will be your priority and you will enjoy the rewards of effort in this direction. This general upbeat influence should give you the positive attitude necessary to minimize the mundane negative events of life. Let's face it, for Cancer, when everything at home is great, nothing else matters much. Younger members of the family or loved ones of any age that you are responsible for, account for much of your time and effort now. If you are ready to settle down, this will be an extremely rewarding period in your life. If you are not ready to be settled, this is the month you will feel the pressure of responsibility.

Leo (July 23 - Aug. 22)

April is a month of broken dates, broken promises and broken dreams. But all is not lost! If you are devoting most of your time to family, home, past commitments, and long-range planning, you will soon feel the rewards of these efforts. Although travel and playtime can present the necessity for continual change and adjustment, you can make great progress on the career level. New efforts, new connections and new areas of interest all present you with success. A fresh outlook now can come from exploring new directions, and not in repeating directions of the past. You will find yourself more interested in money and the possibility of increasing your financial potential, and letting the idealistic projects take less priority. This is due to the influence of Neptune in Capricorn in your solar work house. You will begin to develop a more practical outlook on life.

Virgo (Aug. 23 - Sept. 22)

April is a month when you will plunk, plunk, plunk along and make some progress, but with a maximum effort. You are feeling the pressure of long hours at what you consider low pay, and the frustration of not being recognized for your true worth. This can be a lifetime problem for Virgo, if you do not learn to demand fair compensation. First you must recognize that others do not know what it is you want, and may not even realize you are unhappy, unless you let them in on your intimate feelings. This is difficult for Virgo, who for some reason thinks that other people's standards and feelings are much like their own. Not so, Learn to communicate and this problem will mysteriously disappear. You will be involved in group efforts now that can give you a new clarity on this communications problem. The month will be highlighted with new understanding.

Libra (Sept. 23 - Oct. 22)

April is a month when we all feel a financial pinch because of taxes, and this year will be no exception. You may well have more to gripe about than usual in the financial department, because you have Saturn's influence in your solar money house. Government influences affect you more personally this year, and you find you need professional advice to deal with the complicated problems. If you have been waiting for a settlement of some kind, you will have to wait until after the 25th, so make plans for stop-gap measures to compensate. Partners, children and short trips are demanding your time and attention. Throughout the month you have the feeling that something unusual is about to happen, but what you could be feeling is your own need to make some changes. Your need to please others at your own expense will become more obvious.

Scorpio (Oct. 23 - Nov. 22)

With several planets retrograde in your solar health house, you could make some important discoveries this month that will lead to your better health in the future. Dietary deficiencies may be discovered and you could resolve the problem with new nutritional information. Old health problems that have plagued you can be improved at this time as well. With Pluto in Scorpio now, you find you have more power over your state of health than you thought possible. Strength in this area will increase over the next few years, and if you are in the health care field, your success will grow immensely with this new influence. With Saturn and Pluto in Scorpio for the entire year, you will feel the drive and motivation to work hard to achieve greater power in whatever career field you have chosen. Serious study and research mark this period of time.

Sagittarius (Nov. 23 - Dec. 21)

This month you have the benefit of three planets in your solar house of romance and creativity. If you have been having relationship problems, these influences will give you an opportunity to rethink, rearrange and reestablish the grounds upon which your relationship is based. Because of the retrograde motion of two of these planets, you will be able to slow down the picture, be more reflective and see underlying problems more clearly. After the 17th you can make some changes in the way you relate, and again after the 25th the desire to change will bring new conditions about, and a temporary treaty. Basically, you are making peace with yourself even though it may outwardly appear to be the condition of your relationships that is causing change. After the 21st when the Sun moves into Taurus, work will be the focus of your daily life.

Capricorn (Dec. 22 - Jan. 19)

With the new influence of Neptune in Capricorn you begin to get more attention and publicity for your good work. You have been a steadying influence in many peoples lives over the past few years, but this does not mean that you got the recognition for this behavior that you wanted or deserved. With this new influence you could be a bit too idealistic for your own good, but since Capricorns are generally very down to earth and do not have problems with fantasy; the influence could elevate you to a new higher state of consciousness. The problem of communicating your true needs to others around you could be increased due to the Neptune influence, as others see you as strong and steadfast and tend to discount your sensitivity. This is a problem of how you present yourself. You have a difficult time letting others in on your intimate feelings.

Aquarius (Jan. 20 - Feb. 19)

Recent promises of money and improved financial conditions are somewhat delayed in the first half of the month but this is a temporary situation. More research, background work and planning will be done now that will improve the future of these new projects and you will be glad you waited to start the ball rolling. Difficulties in partnerships, relationships and with co-workers aggravate the first few days of the month, but the last few days of the month bring a close to the underlying cause of these difficulties. Financial considerations are the strongest influence of the month, with longrange decisions being made that will affect your future security. Until Saturn goes direct in your solar career house (July) it could seem like you are playing the waiting game in getting your personal projects moving. You are still working to fulfill previous commitments.

Pisces (Feb. 20 - March 20)

New ideas are brewing in your creative brain for projects that can be both financially rewarding and emotionally fulfilling. You really have to be involved in what you do, maybe even immersed and consumed by it, in order to feel it is worth your time and effort. This is the cause aspect of your personality that makes you commit yourself totally to your work, or your loved ones, or to whatever cause of the moment. Now the cause is yourself and you will dedicate your energy to self improvement, selfeducation and self-reliance. You are more optimistic now than in the recent past and good friends and associates that you cultivated over the last year are there to help you and cheer you on. Your more practical outlook is surprising others you have known for a long time and they feel they can be more supportive of this new attitude on your part.



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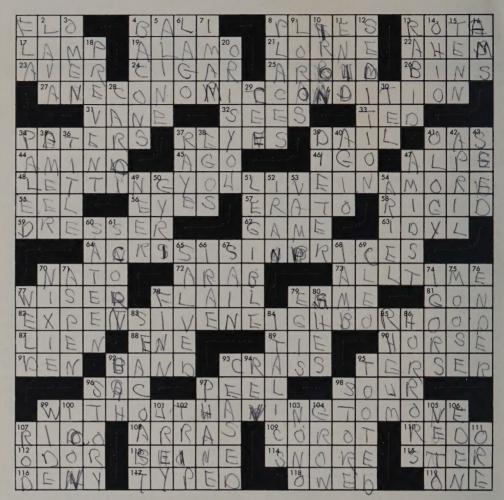
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SOLUTION ON PAGE 149

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